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Dynamic and reversible surface topography influences cell morphology

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Abstract: Microscale and nanoscale surface topography changes can influence cell functions, including morphology. Although in vitro responses to static topography are novel, cells in vivo constantly remodel topography. To better understand how cells respond to changes in topography over time, we developed a soft polyacrylamide hydrogel with magnetic nickel microwires randomly oriented in the surface of the material. Varying the magnetic field around the microwires reversibly induced their alignment with the direction of the field, causing the smooth hydrogel surface to develop small wrinkles; changes in surface roughness, \( \Delta R_{\text{rms}} \), ranged from 0.05 to 0.70 \( \mu m \) and could be oscillated without hydrogel creep. Vascular smooth muscle cell morphology was assessed when exposed to acute and dynamic topography changes. Area and shape changes occurred when an acute topographical change was imposed for substrates exceeding roughness of 0.2 \( \mu m \), but longer-term oscillating topography did not produce significant changes in morphology irrespective of wire stiffness. These data imply that cells may be able to use topography changes to transmit signals as they respond immediately to changes in roughness. © 2013 Wiley Periodicals, Inc. J Biomed Mater Res Part A: 00A: 000–000, 2013.

Key Words: roughness, microwire, magnetic field, polyacrylamide, cell area

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INTRODUCTION
Extracellular matrix, the material that surrounds cells and facilitates their attachment, has tissue specific composition, elasticity, and topography that changes with time as cells remodel and pull on it to mediate cell communication.1,2 Vascular smooth muscle cells (VSMCs) are highly sensitive to such physical matrix cues, most notably matrix elasticity.3,4 However despite VSMCs living in a dense, fibrillar matrix, we know comparatively little about how VSMCs respond to topographical cues, let alone their response to dynamic changes in topography.

Several different substrate types have been fabricated to better understand how topography influences cell behavior in an attempt to answer this question. Grooves, pillars/wells, and islands/pits have been etched or cut into rigid substrates,5–7 and in most cases, stem cell osteogenesis was observed with the degree of induction depending on feature geometry, feature size,6,8 and spatial organization.9 Although responses to static surfaces are intriguing, VSMCs are constantly reorganizing matrix and topography in vivo, and thus a more biomimetic material should accommodate remodeling on-demand. Compression of an oxidized layer of polydimethylsiloxane has been used to make a substrate that creates reversible, grooved features,10 but given a relatively low curing ratio, these substrates were likely seen as rigid relative to VSMCs' normally soft niche.11,12 Softer materials, including electrospin fibers, nicely illustrate how VSMCs can respond and remodel the fiber network,13 but the remodeling is difficult to control and typically irreversible.14 Shape memory polymers have also been used to alter topography, are soft, and can be reversible.15,16 However, these systems rely on materials and transition temperatures—often well below 37°C—that may not be ideally suited for cell culture, and their transition times, ~hours,15 are longer than typical cell-matrix remodeling, which takes place in ~minutes.1

Understanding cell responses to controlled, dynamic changes in topography could help us better understand how in vivo topography-driven changes from matrix overexpression during atherosclerosis17 affect cytoskeletal assembly. Static topography features of varying size and organization can all be fabricated with rigid structures, that is, polydimethylsiloxane, poly(methylmethacrylate), polystyrene, silicon, and carbon nanotubes,5–9 but controllable, dynamic features...
Microwire-embedded hydrogel synthesis
Amino-activated glass coverslips were made based on previous methods. Briefly, aminosilanation was achieved by drying NaOH uniformly onto the coverslip, adding APES, washing with dH₂O, and incubating in gluteraldehyde. 20 μL of a 5% acrylamide and 0.03% bis-acrylamide polymer solution, which normally produces a hydrogel with E ~ 1 kPa, were placed on hydrophobic dichlorodimethylsiloxane-coated slides to ensure that the hydrogels would only adhere to the amino-activated coverslips, which were subsequently added on top of the polymer solution prior to polymerization with ammonium persulfate and tetramethylethylenediamine. Once the first hydrogel layer was polymerized, the aminosilanated coverslip with attached hydrogel was separated from the slide, and a 20 μL drop of wire solution was added on top of the hydrogel and carefully spread with the side of a 20 μL pipette tip. Residual water sitting on the hydrogel was removed, and 8 μL of a second polymer solution of identical composition but also containing 0.1 μm fluorescent microspheres was added to the first hydrogel layer. For our purposes, the only relevant deformation was in the surface of the hydrogel, thus fluorescent beads were only added to the top hydrogel layer. The system was again inverted and placed onto a dichlorodimethylsiloxane-coated slide. Once the second layer had polymerized, the hydrogel was rinsed in dH₂O and allowed to swell for at least 30 min. To promote cell adhesion, the coverslip was immersed in Sulfo-SANPAH, a heterobifunctional protein cross-linker, and activated by 305 nm UV light for 10 min. The hydrogel was then washed three times in HEPES buffer under sterile conditions and incubated with 10 μg/mL of human fibronectin at 37°C for at least 2 h, a process which has been shown to enable sufficient cell adhesion. The hydrogels were then kept in PBS until use. Fibronectin was visualized using a polyclonal primary antibody, R457, and FITC-labeled goat anti-rabbit secondary antibody. Confocal imaging was performed as described below.

Material characterization—topography
Wires were aligned with two NdFeB block magnets, each exerting a magnetic field of 0.31 T, to create a field perpendicular to the functionalized surface of the hydrogel. The topographical changes induced by this field were measured using traction force microscopy image analysis software where the three-dimensional movement of fluorescent beads as a result of the magnetic field was tracked. Two sets of confocal z-stack images were taken with and without the field were acquired using a 60× water objective on a Ti-U inverted microscope (Nikon), a Carv II spinning disc confocal attachment (Becton Dickenson), and CoolSnap HQ CCD camera (Photometrics). Each stack was 10–15-μm thick with one z-stack every 0.4 μm to capture bead positions in the undeformed state as well as in the magnetic field-induced “rough” state. Traction force software based on three-dimensional image correlation was then able to track groups of particles to determine the displacements of the hydrogel in x, y, and z-dimensions, which were used to render a deformed surface [Fig. 1(A,B)]. Rendered surfaces had their roughness, R_RMS (root-mean-squared height), and spatial auto-correlation function computed as previously described. Specifically, the one-half-height correlation length, that is, the peak-to-valley distance, was computed to estimate the size of the roughness features.

Material characterization—stiffness
Force-mode atomic force microscopy (AFM) was used to assess changes in bulk topology and Young’s modulus, E (also called “stiffness”) as previously described. Hydrogel samples were placed on an MFP-3D-BIO atomic force microscope (Asylum Research; Santa Barbara, CA). Using custom Igor Pro software (Wavemetrics; Portland, OR), samples were indented in a regular array of points with a resolution of 0.1 points per μm² using a SiN cantilever with a spring constant of 20 pN/nm, a scan area of 3600 μm² as indicated, and an indentation velocity of 2 μm/s (40 nN/s loading rate). With the resulting deflection, cantilever spring constant, and assuming Hookean behavior for the cantilever, force versus hydrogel indentation spectrographs could be constructed. From the change in deflection relative to the z-distance that the cantilever moved, topography of the sample can be calculated and modulus determined.
from a fit of the Hertz equation\textsuperscript{31} using a linearized method.\textsuperscript{32} With this fitting method, bilayered materials can be detected, and for indentations as deep as 2 \( \mu \)m, only a single modulus is observed [Fig. S1(A) in Supporting Information].

Cell culture and transfection

A7R5 rat smooth muscle cell line (ATCC) was cultured in Low Glucose Dulbecco’s modified Eagle medium (DMEM; Gibco \#18855) with 10% FBS, 2 mM glutamine, and antibiotics/antimycotics. Cells were passaged every 3 days as necessary. The plasmid, pTagRFP-N vector (courtesy of Dr. Shu Chien), was transformed into DH5\textalpha\ E. coli by heat shock at 42\degree C and selected and amplified LB broth with kanamycin. The plasmid was purified using the UltraClean 6-min Mini Plasmid Preparation Kit (Mo Bio Laboratories, \#12300-100). One day before the transfection, 40,000–50,000 cells were plated in each well of a six-well plate and allowed to adhere and spread. On the day of the transfection, culture medium was removed and replaced with DMEM + 2% FBS (no antibiotics) to serum-starve cells. For each well, 4 \( \mu \)g of RFP-Actin were added to 250 mL of Opti-MEM Reduced serum medium. In a separate tube, 5 \( \mu \)L of Lipofectamine 2000 were added to 250 \( \mu \)L of Opti-MEM and incubated for 5 min at room temperature. The RFP-Actin and Lipofectamine were then gently mixed and incubated for 20 min at room temperature. The low-serum medium was then aspirated out of the wells, 1.5 mL of fresh low-serum medium (DMEM + 2% FBS, no antibiotics) and 500 \( \mu \)L of complexes were added to each well for 24 h. 24 h post-transfection, media was replaced with normal culture media. 72–96 h post-transfection, the cells expressed the highest levels of RFP-Actin and were replated onto hydrogels for experiments.

Cell–material interaction experiments

Changes in A7r5 cell area and morphology, as measured in real time using a 60\times water objective on a Ti-U inverted microscope (Nikon) with a CoolSnap HQ CCD camera (Photometrics), were observed under static and dynamic

\[ \text{FIGURE 1. Microwire-embedded matrix characterization. A: Displacement field induced by microwires in a 0.3 T magnetic field. Arrows indicate planar displacements whereas the color scale indicates z-displacements. Displacements were tracked by traction force microscopy (TFM) software. Warm (red) and cool (blue) colors correspond to positive and negative changes in z-relative to the undeformed surface. Scale bar = 20 \( \mu \)m. Black arrow = 5 \( \mu \)m displacement. B: Topographical map of surface feature changes. Features are on the order of 0.5–1.0 \( \mu \)m. C: A plot of the root-mean-square surface roughness (R\textsubscript{RMS}) versus wire density (wire area divided by total surface area within an image) shows a positive correlation (\( R^2 = 0.81 \)). D: Spatial correlation analysis showing the primary lobe that indicates the peak-to-valley distance between features (inset). The distance between features along the major and minor axis of each feature was plotted as a function of surface roughness with little change observed as a function of surface roughness. [Color figure can be viewed in the online issue, which is available at wileyonlinelibrary.com.] \]
RESULTS

Synthesizing and characterizing dynamic topography

A PA hydrogel using a two-step polymerization process was adopted to confine magnetic microwires, ~5 μm in diameter and 20 μm in length, to the surface of the hydrogel so that they would provide a maximal torque on the surface. Polymer solutions were also kept dilute so that the ensuing hydrogel would be soft enough to ensure maximum deformation within a given magnetic field. Three-dimensional traction force microscopy software was used to track x, y, and z-bead displacements caused by surface deformations induced by magnetic actuation of the microwires. Displacements were then rendered into a 3D image of the deformed hydrogel surface [Fig. 1(A,B)]. Samples with varying wire concentrations were analyzed, and a strong positive correlation was found between wire density (as measured by the ratio of wire area to total view area) and surface roughness [Fig. 1(C)]; changes in surface roughness, ΔR_{RMS}, upon magnetic actuation ranged from 0.05 to 0.70 μm from an average starting roughness of less than 0.1 μm. Although R_{RMS} is a widely accepted metric, it is not able to fully characterize the spatial distribution of roughness on the surface, since it is highly dependent on feature amplitude. Therefore, an analysis of the spatial auto-correlation function of each surface was performed [Fig. 1(D) inset]. The size of the primary correlation lobe, which estimates the peak-to-valley distance between topographical features, ranged between 6 and 15 or 16 and 35 μm, depending on the feature axis is examined, i.e. minor or major respectively. Surprisingly, feature spacing was largely independent of roughness [Fig. 1(D)], indicating that even with multiple microwires present, feature width was uniform despite differences in roughness height. To confirm that these features were also not the result of thickness changes within the wire-containing second layer, bead images were also reconstructed as confocal cross-sections and indicated that there was no significant change in layer thickness across the hydrogel or as a result of magnetic actuation [Supporting Information Fig. S1(B)].

Two-layer PA hydrogels embedded with magnetic microwires deviate from previously characterized PA hydrogels, so passive surface mechanics were measured prior to cell attachment. Undeformed topography and hydrogel stiffness were mapped by AFM [Fig. 2(A)]. Topography maps showed a relatively flat surface with a gradual slope of less than 80-nm height change per lateral micron [Fig. 2(B)], which is well below the minimum R_{RMS} and not likely an influence on cell behavior. Hydrogel stiffness when pressing directly above a microwire was slightly softer than regions lacking microwires [Fig. 2(C)]. Two-layer polymerization resulted in hydrogels several fold stiffer than a single layer PA hydrogel, so the absence of stiffening above a wire perhaps indicates that it prevented the second layer from mixing with the first and further polymerizing the hydrogel. Moreover, it is also possible to estimate an upper limit for the resulting wrinkle size from the brightfield and AFM map of the wire’s size, which was less than 100 μm², assuming that the wire deformed the entire surface area it occupies.
In addition to passive characterization, active hydrogel properties were measured. PA hydrogels have Poisson's ratios estimated to be 0.3–0.45, so topographical and lateral displacements were compared to determine if and where $z$-displacements exceeded both $x$- and $y$-displacements [Supporting Information Fig. S2(C)]. Second, deformation caused by the magnetic field rotating the microwires, either long-term static or dynamic, could potentially cause the hydrogel to undergo viscoelastic creep. Under constant magnetic field, no significant difference in the displacement field was observed between 0 [Supporting Information Fig. S3(A)] and 24 h [Supporting Information Fig. S3(B)] as compared to the undeformed state. Also, there was no significant change in displacement between the initial and final undeformed states, that is, no magnetic field at 0 and 24 h, indicating that plastic deformation did not occur. Thus, roughness appears to be independent of the amount of time the field is applied to the hydrogel [Supporting Information Fig. S3(C)].

Although there was considerable spatial variability, global displacement ratios, where a value greater than 1 would imply a greater $z$-deformation, showed that $z$-displacements exceeded both $x$- and $y$-displacements [Supporting Information Fig. S2(C)]. Second, deformation caused by the magnetic field rotating the microwires, either long-term static or dynamic, could potentially cause the hydrogel to undergo viscoelastic creep. Under constant magnetic field, no significant difference in the displacement field was observed between 0 [Supporting Information Fig. S3(A)] and 24 h [Supporting Information Fig. S3(B)] as compared to the undeformed state. Also, there was no significant change in displacement between the initial and final undeformed states, that is, no magnetic field at 0 and 24 h, indicating that plastic deformation did not occur. Thus, roughness appears to be independent of the amount of time the field is applied to the hydrogel [Supporting Information Fig. S3(C)]. No change in control samples also indicated that there was minimal microscope drift. Thus, altered cell behavior on this material in the presence of a magnetic field is likely dominated by topography changes so long as stiffness changes can be ruled out via control hydrogels lacking microwires.

Hydrogels also must be functionalized to permit cell attachment, but given the deformation magnitude required to change substrate roughness, it is also important to verify that the protein coating permitting cell adhesion does not change when the substrate is deformed. Confocal cross-sections through the hydrogel showed that regardless of the presence of the magnetic field, there was no appreciable change in the fluorescent intensity of fluorescently labeled fibronectin for wire-embedded hydrogels [Supporting Information Fig. S(4)]. Given the short duration of subsequent cell adhesion studies, it is not likely that this protein coating is sufficiently remodeled or that new matrix is deposited on top of it to alter adhesion independent of topography.

Dynamic topography alters short-term but not long-term cell morphology

As cells remodel their environment, they may create either step changes in topography by isometrically contracting their matrix or dynamic changes by cyclically contracting their matrix. To assess the extent to which cells can respond to these changes in a soft matrix, VSMCs were allowed to attach to undeformed hydrogels. Cells were first subjected to a static step change in topography. As shown in Figure 3, significant lamellipodial area and shape changes can be observed when the field is first turned on versus control cells. Cell area was normalized to the initial time point, grouped by cell size or surface roughness, and averaged. When binned by initial cell area, large cells ($A_0 > 700 \mu m^2$) had statistically significant remodeling that occurred faster and to a greater extent than nonactuated cells of all sizes grouped together [Fig. 4(A)]. It is important to note that given the average VSMC size ($566 \pm 191 \mu m^2$), surface
roughness, our estimate of wrinkle size (<100 μm²), and feature spacing, even a small cell should interact with one or more wrinkles that are subcellular in size.

When binned by surface roughness, i.e. greater or less than 200 nm, all step topographical changes, regardless of roughness, had different responses versus control cells that were statistically significant. Interestingly, a step change in cell area was observed for cells on substrates with higher roughness [Fig. 4(B), green arrow], indicating a robust and immediate response to a step change in substrate topography versus the more gradual change with less rough substrates. The gradual changes observed with area could be the result of a passive response to the presence of the wires at the surface but not the field itself as has been previously shown, so to determine if the presence of microwires modified cell behavior, cell area and spindle factor, that is, a cell's major/minor axis ratio, was measured in hydrogels with and without microwires. A ~30% change was observed between cells on substrates with and without microwires for both metrics after 1 h [Fig. 4(C), left]. This area change is similar to the total change observed with the magnetic field on, so only the step change in cell area for the most rough substrates, that is, R_{RMS} > 200 nm, likely indicates an active response to a topographical change [Fig. 4(B), green arrow]. VSMCs could also preferentially align with the microwires, potentially mitigating roughness changes. To ensure that measurements were not biased from alignment, an OCF [Eq. (1)] was computed between microwires and cells; regardless of microwire actuation, alignment at 1 h was random since OCF was approximately 0.5 [Fig. 4(C), right].

Cell-matrix remodeling may also be less continuous and involve periodic contractions that displace or strain matrix fibrils via a cell's actin cytoskeleton. As microwire-embedded hydrogels do not undergo viscoelastic creep or exhibit hysteresis [Supporting Information Fig. S2(C)], they can be cyclically actuated to mimic dynamic matrix topography without undergoing long-term, irreversible topography changes. After 1 h of cyclic actuation, surface roughness and cell area were loosely correlated (closed squares, $R^2 = 0.1$), especially compared to nonactuated substrates where no correlation was observed [Fig. 4(D)], but by 24 h in culture, cells did not show passive changes, align in the presence of wires, or exhibit a correlation between roughness and cell area (Fig. 5). Moreover, minimal VSMC proliferation was observed between 1 and 24 h ($8777 \pm 1994$ and $8332 \pm 197$ cells/cm², respectively) and thus could not account for the lack of change. Thus, short-term responses to step changes in topography or cyclically actuated topography are detectable, but longer-term, cells remodel themselves to compensate for the topographical stimuli.

**DISCUSSION**

**Soft hydrogels as a topographical substrate**

The balance of the work performed to date to investigate topography's influence on cell function has involved rigid substrates where cell spreading among other responses is maximal. These features, whether ordered or random, play a dramatic role in regulating cytoskeletal rearrangements in stem cells to induce osteogenesis or maintain potency. Other cell types, for example, VSMCs, which require a softer niche also likely have some topographical
preferences given that they inhabit a microenvironment consisting of fibrillar matrix,2,11 but these rigid substrates would likely be less appropriate. To create dynamic topographical features within a softer substrate that avoids temperature15,16 and reversibility issues,14 we used a PA hydrogel system. These hydrogels can be orders of magnitude softer than the rigid substrates previously mentioned, and though they are also still largely elastic,37,38 there may also be important viscous considerations.39 Moreover, they have stiffness that is physiologically relevant for

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**FIGURE 4.** Cell response to a step change and continuous modulation of topography after 1 h. Change in cell area ($A/A_0$) shown as a function of time when binned by (A) size and by (B) surface roughness for a step change in roughness when the field was turned on as indicated. ANCOVA between two groups indicated that in regard to cell size, only the difference between the control and large cells was statistically significant ($p < 0.001$) and for surface roughness, the difference between all of the groups was statistically significant ($p < 0.005$). Error bars are shown as standard error of the mean. C: On the left, cell spread area and shape factor shown as a function of the embedded microwires’ presence after 1 h. **$p < 0.001$, *$p < 0.05$. On the right, OCF was measured between cells and microwires for both the actuated and nonactuated substrates after 1 h of actuation ($p = 0.64$). D: Plot of the relationship between surface roughness and cell spread area for cyclically actuated and nonactuated substrates after 1 h of magnetic actuation. [Color figure can be viewed in the online issue, which is available at wileyonlinelibrary.com.]

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**FIGURE 5.** Cell Response to Continuous Modulation of Topography at 24 h. A: On the left, the effect of the embedded microwires’ presence on cell morphology without actuation was determined for cell spread area ($p = 0.93$) and shape factor ($p = 0.77$). On the right, OCF was measured between cells and microwires for both the actuated and nonactuated substrates ($p = 0.79$). B: Plot of surface roughness and cell spread area for actuated and nonactuated substrate.
VSMCs. These hydrogels needed to be compliant enough to permit sufficient microwire rotation so that roughness would change as least 0.5 µm—a value likely to elicit a cell response—but not be so soft as to block cell spreading. A sequential polymerization process was also necessary to entrap beads and microwires at the surface but made predicting matrix elasticity difficult as previously observed in sequentially polymerized PA hydrogels. Although softer hydrogels have roughness changes that could exceed this threshold, the PA hydrogels used here balanced both stiffness-induced spreading and topography dynamics. That said, PA hydrogels were still soft enough that few cells, including VSMCs which are generally large cells, could spread on matrix of similar stiffness and even then only when cytoskeletal components are overexpressed. However when spread, cells were large enough so that the topographical features and softer microwire regions that they feel appear subcellular as with native matrix.

Aside from compliance, soft substrates with dynamic topography have also shown significant feature anisotropy. Grooved substrates and other regular patterns in soft surfaces induce cell alignment which may be beneficial for ordered tissues, for example, muscle, but for those tissues with a less ordered matrix, randomly oriented features may be better. For example, semi-disordered topography on rigid substrates induced osteogenesis in stem cells. Even other matrix cues such as ligand spacing benefit from semi-disordered presentation. Here, microwires were randomly oriented from pipetting the wire-, bead-, and polymer-containing solution onto the PA surface to mimic topographical changes in fibrillar matrix as best as possible with a hydrogel. However, aligned topography changes could also be produced by this system if necessary by applying the magnetic field prior to polymerization of the second layer: Rotation of the magnetic field would then produce regular, aligned deformations in the hydrogel that could mimic the more ordered soft substrates as shown elsewhere.

Acute versus chronic responses to topography

The data here agrees with prior observations when force is applied acutely to a portion of the cell: immediately postapplication, cell focal adhesions grow at the site of force application, but prolonged exposure results in a gradual decay in contractility. Similarly, cutting a stress fiber results in an acute cell tension change, and the cell reorganizes its network to regain tensional homeostasis immediately. Our VSMC data also appear consistent with actin cytoskeletal dynamics where prolonged exposure to a stimuli could result in cytoskeletal rearrangements, which would cause the lamellipodia changes observed here. Thus, it would appear that the time dependence observed with both these and our observations may be due to the time scale it takes for cells to internally rearrange their cytoskeleton to best cope with the changing environment.

These data on soft substrates, especially the results observed at 24 h where no significant morphological change was observed from dynamic topography, stands in stark contrast to those of stem cells cultured on rigid substrates with defined topography. Regardless of substrate chemistry, stem cells on rigid substrates become osteogenic over week(s) in culture. The substrates used here were soft enough to not likely support significant stem cell spreading, making direct comparison to longer-term stem cell data on rigid substrates difficult and more likely a reflection on stiffness-induced spreading. However, this is not to say that matrix stiffness supersedes topography, whether static or dynamic. Further analysis of stem cell phenotype is warranted in substrates that are not rigid but which still induce a spread stem cell morphology. Understanding the converse experiment will also help identify whether stiffness and topography regulate the switch between a contractile and synthetic VSMC phenotype.

CONCLUSIONS

Here, we have demonstrated that the incorporation of magnetically actuated wires into a PA hydrogel can produce a topographical change up to roughness of 0.7 µm to investigate the effects of dynamic substrate topography and stiffness on VSMC behavior. Results demonstrated that cells respond to acute changes in topography on soft hydrogels but that prolonged exposure to and dynamic oscillation of a substrate with disordered topographical features results in modest if any changes in cell shape and spreading. Together these data suggest that magnetically actuated hydrogels may be a unique way to impose reversible topographical and/or mechanical changes on cells cultured on soft substrates.

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