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Authors
Leow, A
Harvey, D
Goodrich-Hunsaker, NJ
et al.

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Altered Structural Brain Connectome in Young Adult Fragile X Premutation Carriers

Alex Leow,1,2* Danielle Harvey,3,4 Naomi J. Goodrich-Hunsaker, 5
Johnson Gadelkarim,1,6 Anand Kumar,1 Liang Zhan,7 Susan M. Rivera,8 and
Tony J. Simon5*

1Department of Psychiatry, University of Illinois at Chicago, Chicago, Illinois
2Department of Bioengineering, University of Illinois at Chicago, Chicago, Illinois, and
Community Psychiatry, Sacramento, California
3Division of Biostatistics, School of Medicine, University of California, Davis, California
4Department of Public Health Sciences, School of Medicine, University of California, Davis, California
5MIND Institute and Department of Psychiatry and Behavioral Sciences,
University of California, Davis, Sacramento, California
6Department of Electrical and Computer Engineering, University of Illinois at Chicago, Illinois
7LONI, Department of Neurology, University of California Los Angeles, Los Angeles, California
8MIND Institute, Department of Psychology, and University of California, Davis Center for
Mind and Brain, Davis, California

Abstract: Fragile X premutation carriers (fXPC) are characterized by 55–200 CGG trinucleotide repeats in
the 5’ untranslated region on the Xq27.3 site of the X chromosome. Clinically, they are associated with the
fragile X-Associated Tremor/Ataxia Syndrome, a late-onset neurodegenerative disorder with diffuse white
matter neuropathology. Here, we conducted first-ever graph theoretical network analyses in fXPCs using
30-direction diffusion-weighted magnetic resonance images acquired from 42 healthy controls aged 18–44
years (HC; 22 male and 20 female) and 46 fXPCs (16 male and 30 female). Globally, we found no differen-
ces between the fXPCs and HCs within each gender for all global graph theoretical measures. In male
fXPCs, global efficiency was significantly negatively associated with the number of CGG repeats. For
nodal measures, significant group differences were found between male fXPCs and male HCs in the right
fusiform and the right ventral diencephalon (for nodal efficiency), and in the left hippocampus [for nodal
clustering coefficient (CC)]. In female fXPCs, CC in the left superior parietal cortex correlated with counting
performance in an enumeration task.

Key words: DTI; structural connectome; graph theory; fragile X; FXTAS; CGG

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INTRODUCTION

Fragile X syndrome (FXS) is the most common inherited form of mental retardation and the most prevalent known single-gene cause of autism in males [Schneider et al., 2009]. The fragile X mental retardation 1 gene (FMR1) is associated with CGG trinucleotide repeats in the 5′ untranslated region on the Xq27.3 site of the X chromosome [Verkerk et al., 1991]. Normally, unaffected individuals have fewer than 45 CGG repeats in FMR1. When the size of the CGG repeat exceeds 200 FMR1 is silenced and the mutation is categorized as full, generating the FXS phenotype. If the expansion is between 55 and 200 repeats, then the individual is a fragile X premutation carrier (fXPC) [Garcia-Arocena and Hagerman, 2010; Hagerman and Hagerman, 2004]. Overall, it has been estimated that 1 in 260–813 males and 1 in 113–259 females in the population are fXPCs [Hagerman, 2008]. A major clinical consequence of the premutation allele is Fragile X-Associated Tremor/Ataxia Syndrome (FXTAS), a late-onset (usually 50–70 years old) neurodegenerative disorder that affects ~40% of male and 8–16% of female fXPCs [Jacquemont et al., 2004a,b]. Clinically, FXTAS is associated with tremors, gait ataxia, parkinsonism, and short-term memory and executive function impairments [Bourgeois et al., 2009].

In structural magnetic resonance images (MRI), FXTAS males in general show characteristic findings of diffuse signal changes in cerebellar white matter surrounding the dentate nuclei and in the middle cerebellar peduncles [Brunberg et al., 2002]. Neuropathological studies have reported prominent inclusion-bearing astrocytes in cerebral white matter, although intranuclear inclusions have been noted in both brain and spinal cord thus suggesting diffuse white matter involvement [Greco et al., 2006]. For female FXTAS patients, similar neuropathological changes of intranuclear neuronal and astrocytic inclusions were also reported in a small sample of five female fXPCs with possible FXTAS [Hagerman et al., 2004].

There have been several studies that probe white matter integrity across the spectrum of those affected by FMR1 mutations with newer imaging techniques such as diffusion tensor imaging (DTI). Two related studies on male and female FXS [Barnea-Goraly et al., 2003; Haas et al., 2009] using DTI showed that relative to controls, young males with FXS had increased density of DTI reconstructed fibers in the left ventral frontostriatal pathway, while FXS females exhibited lower fractional anisotropy (FA) values in frontostriatal pathways and parietal sensory-motor tracts.

Hashimoto et al. [2011] used DTI to study male fXPCs with and without FXTAS syndrome versus healthy controls (a total sample of 71 male participants). There, the individuals with FXTAS showed significantly lower FA in multiple white matter tracts, including the middle cerebellar peduncle, superior cerebellar peduncle, cerebral peduncle, and the fornix and stria terminalis. Furthermore, regression analyses demonstrated a clear inverted U-shaped relationship between CGG-repeat size and axial and radial diffusivities in the middle cerebellar peduncle. In addition to CGG modulation in tract integrity, age-dependent effects have also been reported using a smaller sample in male fXPCs [Wang et al., 2012], where the authors reported that the premutation status was associated with a greater age-related white matter connectivity decline.

Even more subtle, yet significant, impairments in several domains involving spatial and numerical functioning have been reported in young, neurologically asymptomatic male and female adult fXPCs. Our own group, studying participants in the present sample, previously reported age- and CGG length-related impairment on an attentionally demanding enumeration task and on a spatial magnitude comparison task in 20–40 year old female fXPCs [Goodrich-Hunsaker et al., 2011a, Goodrich-Hunsaker et al., 2011b]. This was the case even though overall performance was not worse in the fXPC group and despite the fact that the psychomotor speed of the female fXPCs was quicker than that of the unaffected female controls of the same age [Goodrich-Hunsaker et al., 2011c]. By contrast, male fXPCs of the same age were not faster than healthy controls and did show significant group impairments on the same two tasks completed by the females but we did not find evidence of age- or CGG length modulations of functioning [Wong et al., 2012]. However, an fMRI study using a different magnitude estimation task with males and females from the same sample [Kim et al., 2013] did reveal reduced parietal activations that were CGG length-related, suggesting alterations in the neural substrate for magnitude processing in both genders.

Thus, it is possible that impairments in these functional domains might provide sensitive biomarkers for cognitive decline long before neurological symptoms emerge, especially if they can be linked to changes in neural networks known to underlie the main symptomatic features of the FXTAS spectrum in adult fXPCs.

Therefore, in this study, we employ a novel neuroimaging technique that uses state-of-the-art mathematics borrowed from graph-theory in order to characterize and analyze the complex properties of brain networks or “connectomes” [Rubinov and Sporns, 2010]. Such analyses provide quantitative assessment of brain connectomes by mathematically representing them as “graphs,” which contain the nodes (gray matter) and the edges (white matter) connecting the nodes. Graph theoretical measures that characterize system properties can then be constructed; these metrics have most recently been shown to yield novel insight into the human brain’s network properties, which can additionally be related to information such as clinical symptom severity [Bullmore and Sporns, 2009]; for an overview of these novel measures and their applications in neuroimaging, also refer to [Griffa et al., 2013; Wig et al., 2011; Xia and He, 2011].

This article represents the first ever connectome study using DTI-whole brain tractography based structural brain networks of young adult, neurologically asymptomatic,
fXPC, both male and female, compared with those from a sample of age and gender matched healthy control participants. Our primary interests are in characterizing differences, within each gender, between brain networks in relatively young and healthy adult fXPCs asymptomatic for FXTAS and unaffected controls. Secondary interests further include comparing networks between male and female fXPCs and exploring whether there is a fXPC-by-gender effect. To this end, we generated graph theoretical measures based on DTI-whole brain tractography, and then correlated them with behavioral or other clinical data, on both a global and nodal level.

We hypothesized that our findings would show altered organization of key brain networks in our male participants relative to those of the unaffected male controls, even though the male fXPCs did not manifest any neurological or other visible premonitory symptoms of FXTAS. Given the lower risk for FXTAS or related neurological symptoms in female fXPCs we did not expect to find such differences when their brains were compared with those of the unaffected female controls. By contrast, our studies of their cognitive performance on a range of tasks did reveal that, despite the absence of any clinical symptomology in the male and female fXPCs, they performed significantly worse in several tests compared to unaffected controls, and that in some cases their performance was correlated with age or CGG repeat length. Therefore, we hypothesized that changes in circuits involving subcortical motor pathways and in parietal magnitude, processing systems might correlate with our fine-grained behavioral data, possibly serving to identify potential biomarkers for those most at risk for neurocognitive decline.

**METHODS**

**Participant Recruitment and Demographics**

Descriptive statistics of age, full scale IQ score, and CGG repeat length are reported in Table I. Participants were 88 adults aged 18–44 years, including 42 healthy controls (HCs; 22 male and 20 female) and 46 fXPCs (16 male and 30 female). The mean age (± SD) for female HCs was 30.5 ± 7.1 years, for male HCs was 30.7 ± 7.1, for female fXPCs was 33.4 ± 5.6 years, and for male fXPCs was 31.5 ± 6.4 years. The three groups did not differ in age (F = 1.07, P = 0.37) or Full Scale IQ (F = 0.79, P = 0.50). Participants were recruited through the NeuroTherapeutics Research Institute (NTRI) at the Medical Investigation of Neurodevelopmental Disorders (MIND) Institute of the University of California, Davis Medical Center. This study was approved by the University of California Davis Institutional Review Board and conformed to institutional and federal guidelines for the protection of human participants. Written informed consent was obtained from all participants.

**Psychological Assessment**

All study participants completed an extensive battery of experimental tests of cognitive processing involving attention, executive function, spatial and temporal processing, some of whose results have been described elsewhere [Goodrich-Hunsaker et al., 2011a, b, c; Wong et al., 2012]. Global intellectual ability was measured either using the Wechsler Adult Intelligence Scale, third edition [Wechsler, 1997] or the Wechsler Abbreviated Scale of Intelligence [Wechsler, 1999]. IQ data were available for 15/20 female HCs, 16/22 male HCs, 22/30 female fXPCs, and 12/16 male fXPCs.

**Molecular Analysis**

Additionally, as previously described [Tassone et al., 2008], for all participants genomic DNA samples were obtained and extracted from peripheral blood leucocytes using standard methods (Puregene Kit; Gentra Inc., Valencia, CA). CGG Repeat sizes were determined using Southern blot and PCR amplification of genomic DNA.

**MRI Acquisition**

Diffusion weighted MRI of the participants were obtained using a Siemens Trio 3T scanner at the University of California, Davis Imaging Research Center. Seventy-two contiguous axial brain slices were collected with the following
parameters: 30 diffusion – weighted \((b = 700 \text{ s/mm}^2)\) and 1 \((b = 0 \text{ s/mm}^2)\) nondiffusion weighted scan; field of view 243 mm; voxel size \(1.9 \times 1.9 \times 1.9 \text{ mm}\); repetition time \(= 11,900 \text{ ms}\); echo time \(= 92 \text{ ms}\). In addition, structural images were acquired with T1-weighted magnetization-prepared rapid gradient echo (MPRAGE). One sequence consisted of 208 contiguous sagittal slices with TR (repetition time) \(= 1,900 \text{ ms}\); TE (echo time) \(= 2.26 \text{ ms}\); in-plane resolution \(= 0.47 \times 0.47 \text{ mm}\); slice thickness \(= 0.95 \text{ mm}\); flip angle \(= 9^\circ\); and a field of view of 207 and an acquisition matrix of \(512 \times 512\). The second sequence consisted of 192 contiguous sagittal slices with TR (repetition time) \(= 2,170 \text{ ms}\); TE (echo time) \(= 4.86 \text{ ms}\); in-plane resolution \(= 1 \times 1 \text{ mm}\); slice thickness \(= 1 \text{ mm}\); flip angle \(= 7^\circ\); and a field of view of 192 and an acquisition matrix of \(256 \times 256\).

### Constructing Structural Brain Networks

Structural brain networks were generated using a pipeline, which integrates multiple image analysis techniques and has been described in detail elsewhere [GadElkarim et al., 2012; Leow et al., 2013]. Briefly, diffusion-weighted MR images were eddy current corrected using the automatic image registration tool embedded in DtiStudio software (http://www.mristudio.org) by registering all DW images to their corresponding b0 images with 12-parameter affine transformations. This was followed by the computation of diffusion tensors and deterministic tractography using the DtiStudio program (Fiber Assignment by Continuous Tracking or FACT algorithm; seeding at each voxel; maximum bending angle \(60^\circ\); FA cut-off 0.15). High-resolution T1-weighted MPRAGE images were used to generate label maps using the Freesurfer software (http://surfer.nmr.mgh.harvard.edu). For all subjects, MPRAGE volumes were then registered to the corresponding b0 images using 12-parameter affine transformations, thus bringing label maps to each subject’s individual DTI space. Weighted brain structural networks formed by the 87 Freesurfer-derived cortical, subcortical and brain stem gray matter regions were generated using an in-house program in MATLAB by counting the number of fibers connecting each pair of nodes. Mathematically, these structural networks were represented using 87 by 87 symmetric matrices or “graphs,” on which graph theoretical analyses were performed (globally the groups did not differ in the total number of streamlines in the structural connectome: Male fXPC: \(1,559 \pm 224\), Male HC: \(1,653 \pm 210\); \(P = 0.25\), Female fXPC: \(1,777 \pm 278\), Female HC: \(1,699 \pm 238\); \(P = 0.30\)).

### Brief Summary of Graph Theoretical Measures

Here, we provide a brief explanation of the several graph theory metrics that are of relevance in this study. Various graph theoretical metrics have been proposed in order to quantify network organizational properties both at the global and the local levels [Bullmore and Sporns, 2009].

To mathematically compute these metrics, one may use either a binary or weighted approach. In the former, metrics are computed based on binarized matrices (i.e., the existence of an edge connecting two nodes depends on whether the fiber count exceeds a predetermined threshold). In this study we adopted the second, that is, weighted, approach where the weights of the connectivity matrix measure the connectivity strengths (the fiber counts) of graph edges. Basic binary graph theory network metrics include the degree of a node (the number of edges the node has connecting to others; the degree of a network is the mean degree of all nodes) and the density of a network (the total number of edges of a network divided by the maximum possible number of edges connecting the same number of nodes). More sophisticated measures defined for both binary and weighted graphs, including network efficiency, path length, and clustering coefficient (CC) can be calculated.

To briefly summarize these more sophisticated graph measures, we first need to construct the graph distance matrix, whose entries denote the shortest graph path lengths, or “graph distances,” connecting node pairs. To this end, a transformation on the connectivity matrix that relates the connectivity edge strength to edge “length” is needed, such that higher fiber counts indicate shorter path lengths (usually the numerical inverse of fiber counts is used for this purpose, a practice we adopted in this study). Shortest path lengths are then constructed using the well-known Dijkstra algorithm [Dijkstra, 1959]. The longer the graph distance is between two nodes, the less efficient it is for information to transfer between them, and thus graph distances can be used to construct measures of network integration. Calculated by averaging the graph distances between all pairs of nodes, the characteristic path length or CPL measures how efficiently information can be transferred within the whole network, and is thus considered a measure of global network integration (node-level path length is defined similarly by averaging the shortest paths connecting this node to all other nodes in the entire network). Networks with longer CPL exhibit information flows that are slower (due to the longer distance needed to travel between nodes) compared to those with shorter CPL, and are thus less efficient. A related global metric, the global efficiency (Eglob), calculates the average inverse graph distances between all pairs of nodes. Thus, both higher Eglob values and lower CPL values indicate more efficient network integration [Bullmore and Sporns, 2009].

As a measure of network clustering or segregation, the weighted CC of a node is defined as the degree to which this node and its immediate neighbors are interconnected among themselves (nodes with high CC thus form locally interconnected clusters). The CC of the whole network averages CC across all nodes. It is noted that brain
networks, like most naturally occurring networks, exhibit a “small world” property such that they consist of clusters of segregated nodes that locally interact with one another to form a “module,” while globally these clusters remain efficiently integrated (mathematically speaking, small-world networks have similar shortest path lengths but higher CCs relative to random networks with the same density and number of nodes). Lastly, we also computed the normalized global path length (lambda) and the normalized global CC (gamma), both normalized against random networks with the same density and number of fibers.

Statistical Analysis

The fXPCs were split into two groups based on gender, because many differences have been observed between male and female fXPCs in other measures. As our primary interests are in within-gender analyses between fXPCs and HCs, regional brain volumes were not normalized to each individual’s total brain volume, which tends to differ between genders. Typical controls were also split by gender to assess differences in the same way. Analysis of variance (volumetric measures) or Kruskal-Wallis tests (network measures) were used as a global test to compare across the four groups, depending on the skewed nature of many of the distributions. Within a measure, a Bonferroni correction (0.05/# regions) was used to identify regions with a significant group difference. For the global measures, multiple comparisons were conducted across each variable. If the four-group comparison was significant, post-hoc pairwise comparisons using the Welch two-sample t-test (volumetric measures) or Wilcoxon rank sum test (network measures) were performed to determine specifically which groups were different. False Discovery Rate (FDR) was then applied to the two group comparisons across significant global network metrics, or regions (in the case of volumetric measures or local network metrics). Only results from regions that remained significant for a four-group comparison after the Bonferroni correction are presented with notations for the regions that had FDR-adjusted significant two-group differences. To further explore implications of the DTI-based structural connectome in the fXPCs, within-gender Spearman rank correlations were assessed between global measures and age and CGG repeat. Within-gender associations in fXPCs between psychometric task performance and node-level measures (local efficiency, local CC, and local path length) in regions hypothesized to be involved during simple reaction tasks (thalamus, pre-/post-/para-central gyri, posterior cingulate, and the cerebellum and brainstem) or Enumeration or Magnitude Comparison tasks (precuneus, superior and inferior parietal lobules, and cerebellum) were assessed using linear regression. Similar to the two-group differences, FDR was used to adjust for multiple comparisons across the different regions and tasks. Further models included CGG repeat length in order to account for previously observed associations between genetic dosage and task performance. All analyses were conducted in R, Version 2.15.0

RESULTS

Volumetric Measures at the Node Level

The volume for each FSL-generated gray matter ROI was measured by counting the number of voxels for every region (to translate the volume size into mm$^3$, the number of voxels need to be multiplied by $1.89 \times 1.89 \times 1.9 = 6.787 \text{ mm}^3$). As expected, there were significant gender differences in volumetric measures for each diagnostic group (Table II). Within each gender, volumetric differences between fXPCs and typical controls were of particular interest. Our data indicated that in males, fXPCs had smaller brain stem volumes than HCs ($t(35.3) = 4.02, P < 0.05$ after FDR correction). By contrast, female fXPCs had larger ROI volumes for the right superior temporal gyrus, right superior parietal gyrus, and right posterior cingulate ($t(44.1) = -2.24, t(30.1) = -2.40, t(43.7) = -2.48$, respectively; $P < 0.05$ after FDR correction for each) than female HCs. (Table II presents all significant differences in brain volume at the node level. However, since volumes were not normalized to total brain size within each gender, between gender significance values may be affected by differences in overall brain size).

Global Graph Theoretical Measures

Group level results

Figure 1 visualizes the generated mean structural networks for all four groups; there were no statistical differences in the number of reconstructed fiber tracts or streamlines (the mean number of streamlines of a network is also referred to as the strength) across the four groups ($P = 0.09$). For global graph theoretical measures, within each gender we found no differences between the fXPCs and HCs. However, between males and females several global measures including CC and gamma (normalized CC) exhibited group differences. Females had lower gamma and CC relative to males, regardless of their diagnostic group (the remaining global graph theoretical measures showed no differences; see Table III).

Correlation results

There were no significant associations between age and any of the global measures. However, in the male fXPCs, global efficiency significantly negatively correlated with the number of CGG repeats ($n = 14, r = -0.63, P = 0.02$, Fig. 2), suggesting that increased genetic dosage (independent of age) significantly negatively affected global network integration. In female fXPCs, this correlation...
remained negative although did not reach statistical significance \((n = 30, r = -0.10, P = 0.58)\). There were no significant associations in the female fXPCs.

### Node Level Graph Measures

**Group level results**

For node level graph measures, significant group differences were found between male fXPCs and male HCs for local efficiency in the right fusiform and the right ventral diencephalon. For node-level CC male fXPCs had lower values in the left hippocampus (see Table IV). For females, there were by contrast no significant group differences compared to female HCs for any node-level graph theoretical measures in female fXPCs (see Tables IV and V).

**Correlation results**

In several brain regions, correlations between performance on our cognitive task battery and network values produced significant values, indicating the functional implications of these brain changes. These are depicted on the surface rendering in Figure 3A. In female fXPCs, CC in the left superior parietal cortex correlated with response time in the counting component of the Enumeration task \((r = 0.75, P < 0.001, \text{see region 1 in Fig. 3A,B})\). The indication that higher CC was associated with a greater increase in response time in response to increasing complexity of the...
task suggests that this critical cortical region was excessively localized relative to the global network in female carriers, thus compromising its role in communicating effectively with other critical neural regions of the circuit. This association remained statistically significant even after accounting for CGG repeat size ($t = 6.0, P < 0.005$). (It is worth noting that this result is consistent with the involvement of parietal regions in numerical and attentional control functions that are critical components of this task.)

Several other relationships that were consistent with our hypotheses did not survive the FDR criteria for statistical significance. In particular, nodal CC showed a positive relationship in the left inferior parietal cortex ($r = 0.52, P = 0.006$) with response time in the counting component of the Enumeration task (Region 2 in Fig. 3A) and in the left precuneus with response time in the subitizing component of the Enumeration task ($r = 0.47, P = 0.01$; see region 3 in Fig. 3A). As above these results indicate that higher CCs (i.e., stronger local segregation) were associated with longer response times. In addition, nodal path length showed a positive association with oral motor reaction time in the right paracentral gyrus ($r = 0.44, P = 0.02$),

![Figure 1.](image.png)

This figure visualizes the mean structural brain networks for all 4 groups in this study.
relating longer graph distance in this region (needed to reach other nodes in the graph) with longer reaction times (Region 5 in Fig. 3A). Lastly, there was a trend toward a negative association between nodal or local efficiency and manual motor reaction time in the brainstem ($r = 0.44$, $P = 0.02$; the higher the nodal efficiency in the brain stem, the shorter the reaction time; Region 4 in Fig. 3A).

In male fXPCs, there were no significant associations between nodal measures and task performance. However, since the sample size for this group was much smaller ($n = 16$), we believe the lack of significance in any of the correlations was more a consequence of reduced power than the lack of any relationships, especially because males are generally more heavily impacted than females.

### DISCUSSION

In this article, we presented the first ever study on the brain connectome of fXPC, both male and female, relative to their age-equivalent healthy controls. We sought to achieve several goals with our analyses. One was to determine whether this method produces results that are consistent with, and/or complementary to the small but growing body of findings of neural anomalies in these groups. This is of particular interest because, unlike previous methods, the current technique is able to study, on a system level, the global interaction between the gray matter nodes and the white matter connections of the networks. A second goal was to exploit the integrative nature, in a system organizational context, of the connectome approach to see if our results might give any indication that this method could be used to detect biomarkers of disease risk earlier and more completely than is feasible for other methods, such that progression towards clinical manifestations as well as targets for and approaches to preventive intervention can be better understood.

Our key findings are summarized as follows. First, we found that, relative to unaffected male controls, young adult males fXPCs had reduced brainstem volumes, which is consistent with findings reported in older male permutation carriers. By contrast, relative to unaffected female controls, young adults female fXPCs had larger right superior temporal gyrus, right superior parietal gyrus, and right posterior cingulate volumes. These appear to be novel findings, and may suggest the presence of compensatory mechanisms in female (but not in male) related to the previously reported finding of faster psychomotor speed in female fXPCs than that of the unaffected female controls of the same age [Goodrich-Hunsaker et al., 2011c].

In terms of network characteristics, although no global differences were found between fXPCs and HCs, correlation analyses showed that global efficiency significantly negatively correlated with genetic dosage, as measured by CGG repeat length, in male fXPCs (and we found a negative but non-significant correlation in the female group).

### TABLE III. Global graph theoretical measures

<table>
<thead>
<tr>
<th>Measure</th>
<th>fXPC male Mean (SD)</th>
<th>Median</th>
<th>HC male Mean (SD)</th>
<th>Median</th>
<th>fXPC female Mean (SD)</th>
<th>Median</th>
<th>HC female Mean (SD)</th>
<th>Median</th>
<th>$P$-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Strength (mean fiber count)</td>
<td>1559 (224)</td>
<td>1548</td>
<td>1653 (210)</td>
<td>1708</td>
<td>1777 (278)</td>
<td>1750</td>
<td>1699 (238)</td>
<td>1638</td>
<td>0.09</td>
</tr>
<tr>
<td>Normalized CC</td>
<td>2.3 (0.2)</td>
<td>2.3</td>
<td>2.3 (0.2)</td>
<td>2.3</td>
<td>2.0 (0.3)$^{a,b}$</td>
<td>1.9</td>
<td>2.0 (0.3)$^{a,b}$</td>
<td>1.9</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Clustering coefficient</td>
<td>28.5 (3.5)</td>
<td>28.9</td>
<td>28.8 (2.9)</td>
<td>29.2</td>
<td>25.1 (2.9)$^{a,b}$</td>
<td>25.1</td>
<td>24.8 (4.1)$^{a,b}$</td>
<td>23.6</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Normalized path length</td>
<td>1.3 (0.1)</td>
<td>1.3</td>
<td>1.4 (0.3)</td>
<td>1.3</td>
<td>1.3 (0.1)</td>
<td>1.3</td>
<td>1.3 (0.1)</td>
<td>1.3</td>
<td>0.1</td>
</tr>
<tr>
<td>Path length</td>
<td>0.18 (0.003)</td>
<td>0.018</td>
<td>0.018 (0.002)</td>
<td>0.017</td>
<td>0.019 (0.006)</td>
<td>0.017</td>
<td>0.018 (0.002)</td>
<td>0.018</td>
<td>0.7</td>
</tr>
<tr>
<td>Global efficiency</td>
<td>84.1 (10.9)</td>
<td>81.3</td>
<td>87.5 (10.0)</td>
<td>89.9</td>
<td>88.6 (13.2)</td>
<td>87.9</td>
<td>86.5 (11.6)</td>
<td>83.6</td>
<td>0.6</td>
</tr>
</tbody>
</table>

$^a$Significantly different from male HC.

$^b$Significantly different from male fXPC.

![Figure 2.](image)

Association between global efficiency and CGG repeat in male fXPCs ($n = 14$, $r = -0.63$, $P = 0.02$).
should also be noted this CGG modulation effect is similar to the age effect on network efficiency (global efficiency for example, has been shown to decrease across the life span in a connectome study using interregional correlations between gray matter volumes [Zhu et al., 2012], thus providing an initial finding that links premutation dosage directly to neurodegenerative brain changes that are consistent with amplified effects of normal aging. Moreover, if we compare the correlation between age and global efficiency reported in a recent study on structural brain networks in older participants processed using the same image processing pipeline [Ajilore et al., 2014] to our correlation of −0.63 between CGG repeat length in males, our findings suggest that increased CGG dosage in males represents an effective increase of ∼1.5 years per extra CGG repeat of “brain aging” as measured in terms of decreasing efficiency. The negative, but very small (∼0.1), value of this correlation in females suggests that CGG repeat length alone does not contribute any significant risk, over aging alone, of neural aging. While unrelated to overall brain volumes, such a result is at very least, consistent with the very different trajectories in neurodegeneration seen in males and females as they age. These findings appear to satisfy our second goal, which was to exploit the integrative, system organizational nature of the connectome approach to seek to identify biomarkers of disease risk earlier and more completely than is feasible for other methods. Here, it appears that the negative global efficiency/CGG length correlation may prove to be an effective marker of “brain aging” that can be detected in apparently healthy, nonsymptomatic fXPCs. Such correlations were significant in our 20–40 year old male, and showed the same trend in young adult female fXPCs. If more sensitive measures of “genetic dosage” than CGG length become available then this relationship might prove to be an effective risk marker that could be detected long before any symptoms occur. This possible relationship urgently needs to be explored in a larger sample.

The patterns of relations in our global analyses of a lack of statistical differences between groups coupled with positive CGG modulation effect merit further discussion. First, the fact that our participants of this study were healthy young adults with no clinical symptoms beyond their carrier status may itself explain why we found no group differences in our global analyses. However, our significant correlation results support our proposal that cognitive function and clinical data along with connectome patterns are likely to better characterize underlying brain pathophysiology than diagnostic categories or gender alone. Categorical diagnostic constructs such as the fragile X premutation-carrying status (whose definition relies on a binary determination based on the participant’s CGG repeat), may not capture the overlapping and continuously varying endophenotypes and phenotypes as well as a continuous variable such as the actual repeats of a participant’s CGG. The lack of significant group differences on the global level also may be partly due to the relatively narrow age range and fairly small sample size of our dataset. Also, the fact that our diffusion-weighted MR imaging data were acquired using a reasonable angular resolution (30 directions), but without the advantage of, the now more common, very high angular resolution, may have reduced our power to detect small group differences.

However, at the node-level, several important results emerged. Reduced local efficiency (i.e., lower local network integration) in male fXPCs in the right fusiform and diencephalon appear to be consistent with oculomotor and visual processing changes evident in both FXS and the later occurring FXTAS phenotype [Kogan et al., 2004; Sulkowski and Kaufman, 2008]. Lower local CC (the degree to which neighboring nodes are interconnected) in the left hippocampus in male fXPCs relative to controls is consistent with the affective and cognitive differences that they manifest. While the translational implications of the directionality of this finding needs to be further studied in a future sample, such an involvement is consistent with several recent studies investigating a range of cognitive functions, including spatial processing, [Hocking et al., 2012; MacLeod et al., 2010; Wong et al., 2012] that have been theorized to be associated with hippocampus [Koldewyn et al., 2008; Wang et al., 2012] and with its role in affective processing by the limbic system [Jacquemont et al., 2004a,b; Hessl et al., 2007].

<p>| TABLE IV. Node level graph theoretical measures with significant group differences within males |</p>
<table>
<thead>
<tr>
<th>Measure Region</th>
<th>fXPC male Mean (SD) Median</th>
<th>HC male Mean (SD) Median</th>
<th>fXPC female Mean (SD) Median</th>
<th>HC female Mean (SD) Median</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Local efficiency Fusiform, R</td>
<td>0.15 (0.03)a 0.15</td>
<td>0.20 (0.04) 0.20</td>
<td>0.24 (0.07)b 0.24</td>
<td>0.26 (0.06)b 0.26</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Ventral diencephalon, R</td>
<td>0.22 (0.03)a 0.22</td>
<td>0.24 (0.03) 0.24</td>
<td>0.29 (0.06)b 0.30</td>
<td>0.29 (0.07)b 0.31</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Local CC Hippocampus, L</td>
<td>19.3 (3.2)a 18.8</td>
<td>21.7 (2.9) 20.9</td>
<td>16.1 (4.3)b 15.1</td>
<td>17.3 (6.5)b 15.0</td>
<td>&lt;0.001</td>
</tr>
</tbody>
</table>

*aSignificantly different from male HC.

bSignificantly different from male fXPC.
<table>
<thead>
<tr>
<th>Measure</th>
<th>fXPC male</th>
<th>HC male</th>
<th>fXPC female</th>
<th>HC female</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Local CC</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Frontal Lobe</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rostral middle frontal gyrus, R</td>
<td>53.4 (21.4)</td>
<td>50.0</td>
<td>50.6 (19.8)</td>
<td>48.3</td>
<td>36.1 (17.6)</td>
</tr>
<tr>
<td>Rostral middle frontal gyrus, L</td>
<td>54.4 (16.0)</td>
<td>53.2</td>
<td>55.6 (25.3)</td>
<td>51.1</td>
<td>39.8 (21.8)</td>
</tr>
<tr>
<td>Pars triangularis, R</td>
<td>46.2 (12.4)</td>
<td>42.3</td>
<td>47.3 (16.7)</td>
<td>44.6</td>
<td>26.7 (12.6)</td>
</tr>
<tr>
<td>Pars triangularis, L</td>
<td>51.8 (15.2)</td>
<td>50.0</td>
<td>47.0 (12.7)</td>
<td>46.6</td>
<td>32.3 (16.4)</td>
</tr>
<tr>
<td>Pars triangularis, L</td>
<td>53.5 (16.6)</td>
<td>53.6</td>
<td>48.0 (13.7)</td>
<td>49.5</td>
<td>35.0 (19.2)</td>
</tr>
<tr>
<td>Parietal Lobe</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Superior parietal cortex, L</td>
<td>31.3 (9.0)</td>
<td>29.5</td>
<td>33.1 (7.6)</td>
<td>32.8</td>
<td>25.0 (8.2)</td>
</tr>
<tr>
<td>Precuneus cortex, R</td>
<td>26.6 (6.9)</td>
<td>26.2</td>
<td>27.2 (8.5)</td>
<td>26.1</td>
<td>19.3 (6.8)</td>
</tr>
<tr>
<td>Precuneus cortex, L</td>
<td>24.0 (6.8)</td>
<td>24.9</td>
<td>25.5 (5.7)</td>
<td>25.4</td>
<td>19.6 (5.5)</td>
</tr>
<tr>
<td>Temporal Lobe</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Temporal pole, R</td>
<td>36.1 (14.8)</td>
<td>33.6</td>
<td>29.5 (8.0)</td>
<td>27.1</td>
<td>22.4 (7.3)</td>
</tr>
<tr>
<td>Temporal pole, L</td>
<td>34.3 (12.6)</td>
<td>33.9</td>
<td>35.2 (9.8)</td>
<td>34.5</td>
<td>25.2 (11.3)</td>
</tr>
<tr>
<td>Subcortical</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Amygdala, R</td>
<td>22.6 (4.8)</td>
<td>22.0</td>
<td>20.5 (4.8)</td>
<td>19.5</td>
<td>15.6 (4.3)</td>
</tr>
<tr>
<td>Hippocampus, R</td>
<td>22.9 (4.7)</td>
<td>22.9</td>
<td>23.0 (5.2)</td>
<td>21.8</td>
<td>14.7 (3.0)</td>
</tr>
<tr>
<td>Hippocampus, L</td>
<td>19.3 (3.2)</td>
<td>18.8</td>
<td>21.7 (2.9)</td>
<td>20.9</td>
<td>16.1 (4.3)</td>
</tr>
<tr>
<td>Caudate, R</td>
<td>21.7 (4.7)</td>
<td>21.2</td>
<td>21.9 (4.9)</td>
<td>22.0</td>
<td>16.8 (3.9)</td>
</tr>
<tr>
<td>Thalamus, L</td>
<td>21.4 (4.2)</td>
<td>20.6</td>
<td>23.2 (4.6)</td>
<td>21.9</td>
<td>17.4 (2.8)</td>
</tr>
<tr>
<td>Thalamus, L</td>
<td>23.2 (3.9)</td>
<td>22.8</td>
<td>22.8 (4.4)</td>
<td>23.3</td>
<td>19.4 (4.2)</td>
</tr>
<tr>
<td>Ventral diencephalon, R</td>
<td>19.5 (3.9)</td>
<td>19.7</td>
<td>20.7 (2.9)</td>
<td>21.2</td>
<td>15.4 (4.2)</td>
</tr>
<tr>
<td>Occipital Lobe</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lingual, L</td>
<td>0.16 (0.08)</td>
<td>0.17</td>
<td>0.16 (0.05)</td>
<td>0.15</td>
<td>0.26 (0.07)</td>
</tr>
<tr>
<td>Lingual, R</td>
<td>0.16 (0.05)</td>
<td>0.16</td>
<td>0.15 (0.06)</td>
<td>0.14</td>
<td>0.25 (0.08)</td>
</tr>
<tr>
<td>Lingual, R</td>
<td>0.19 (0.07)</td>
<td>0.20</td>
<td>0.18 (0.05)</td>
<td>0.18</td>
<td>0.27 (0.07)</td>
</tr>
</tbody>
</table>

* Structural Brain Connectome in FXPCS *
In female fXPCs, CC in the left superior parietal cortex correlated positively with the attentionally demanding counting response time in our Enumeration task, even after accounting for CGG repeats. This indicates that increased local network segregation was related to poorer performance. Also, several more relationships consistent with our hypotheses showed statistical trends towards correlations in the adult female fXPCs between key perceptual and motor brain regions and measures of those same cognitive functions. Specifically, CC in the left precuneus showed a positive relationship with response time on the subitizing component of the Enumeration task. There is now a large literature linking many components of the medial and lateral inferior parietal lobes, including the

TABLE V. (continued).

<table>
<thead>
<tr>
<th>Measure</th>
<th>fXPC male Mean (SD)</th>
<th>HC male Mean (SD)</th>
<th>fXPC female Mean (SD)</th>
<th>HC female Mean (SD)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Region, Hemisphere (R/L)</td>
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</tr>
<tr>
<td>Pericalc. R</td>
<td>0.14 (0.06)</td>
<td>0.17 (0.07)</td>
<td>0.25 (0.09)a,b</td>
<td>0.22 (0.08)b</td>
<td>0.23</td>
</tr>
<tr>
<td>Subcortical</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Amygdala, R</td>
<td>0.14 (0.05)</td>
<td>0.16 (0.05)</td>
<td>0.23 (0.07)a,b</td>
<td>0.23 (0.08)b</td>
<td>0.25</td>
</tr>
<tr>
<td>Hippocampus, R</td>
<td>0.21 (0.03)</td>
<td>0.23 (0.04)</td>
<td>0.29 (0.06)a,b</td>
<td>0.29 (0.06)b</td>
<td>0.31</td>
</tr>
<tr>
<td>Hippocampus, L</td>
<td>0.25 (0.04)</td>
<td>0.23 (0.03)</td>
<td>0.29 (0.06)b</td>
<td>0.29 (0.07)b</td>
<td>0.33</td>
</tr>
<tr>
<td>Putamen, R</td>
<td>0.23 (0.05)</td>
<td>0.23 (0.05)</td>
<td>0.29 (0.06)a,b</td>
<td>0.29 (0.06)b</td>
<td>0.31</td>
</tr>
<tr>
<td>Thalamus, R</td>
<td>0.25 (0.05)</td>
<td>0.26 (0.03)</td>
<td>0.31 (0.05)a,b</td>
<td>0.30 (0.06)b</td>
<td>0.32</td>
</tr>
<tr>
<td>Thalamus, L</td>
<td>0.26 (0.04)</td>
<td>0.25 (0.03)</td>
<td>0.31 (0.05)a,b</td>
<td>0.30 (0.06)a,b</td>
<td>0.32</td>
</tr>
<tr>
<td>Ventral diencephalon, R</td>
<td>0.22 (0.03)a</td>
<td>0.24 (0.03)</td>
<td>0.29 (0.06)a,b</td>
<td>0.29 (0.07)a,b</td>
<td>0.31</td>
</tr>
<tr>
<td>Ventral diencephalon, L</td>
<td>0.22 (0.05)</td>
<td>0.24 (0.04)</td>
<td>0.30 (0.06)a,b</td>
<td>0.29 (0.09)a,b</td>
<td>0.32</td>
</tr>
<tr>
<td>Brainstem</td>
<td>0.23 (0.04)</td>
<td>0.23 (0.04)</td>
<td>0.30 (0.05)a,b</td>
<td>0.29 (0.07)a,b</td>
<td>0.31</td>
</tr>
<tr>
<td>Cerebellum, R</td>
<td>0.12 (0.05)</td>
<td>0.15 (0.05)</td>
<td>0.23 (0.07)a,b</td>
<td>0.24 (0.06)a,b</td>
<td>0.25</td>
</tr>
<tr>
<td>Cerebellum, L</td>
<td>0.16 (0.06)</td>
<td>0.16 (0.06)</td>
<td>0.24 (0.07)a,b</td>
<td>0.24 (0.08)a,b</td>
<td>0.26</td>
</tr>
<tr>
<td>Nodal path length</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Subcortical</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hippocampus, R</td>
<td>0.016 (0.003)</td>
<td>0.014 (0.002)</td>
<td>0.017 (0.004)a</td>
<td>0.017 (0.002)a</td>
<td>0.017</td>
</tr>
</tbody>
</table>

*aSignificantly different from male HC.

*bSignificantly different from male Fxpc.

In female fXPCs, CC in the left superior parietal cortex correlated positively with the attentionally demanding counting response time in our Enumeration task, even after accounting for CGG repeats. This indicates that increased local network segregation was related to poorer performance. Also, several more relationships consistent with our hypotheses showed statistical trends towards correlations in the adult female fXPCs between key perceptual and motor brain regions and measures of those same cognitive functions. Specifically, CC in the left precuneus showed a positive relationship with response time on the subitizing component of the Enumeration task. There is now a large literature linking many components of the medial and lateral inferior parietal lobes, including the

![Figure 3.](image)

**Figure 3.**

A: Surface rendering of brain regions showing significant correlations with cognitive tasks. B: Association between counting on the Enumeration task and the CC in the left superior parietal cortex in female fXPCs ($r = 0.75, p < 0.001$).
precuneus, to a range of attentional, comparative, and quantitative cognitive functions [Ansari, 2008; Cohen Kadosh et al., 2005; Shuman and Kanwisher, 2004]. Of course, such regions do not act alone and are part of well-described processing circuits that have critical interconnections with frontal, occipital, and temporal cortices. Thus a possible “overlocalization” of the most central processing nodes might impede information transfer and slow performance on such tasks. The same female FXPCs participants also showed a trend toward a negative relationship between local network integration in the brain stem (as measured by nodal efficiency) and manual motor reaction time, and between the local network integration in the right paracentral cortex (as measured by nodal path length) and oral reaction time. These relationships are consistent with the connectivity of the motor system; the brain stem has direct connections with the motor cortex and the paracentral cortex includes the supplementary motor area, which is a central component of the motor control system, particularly of internally generated movements.

By contrast, in male FXPCs, we did not see any significant associations between nodal measures and task performance. The lack of significant association results for the male FXPCs was most likely due to the much smaller sample of that gender. Taken as whole, these results provide important hypotheses regarding neural biomarkers that need to be evaluated by future larger studies. Together the trends in our correlation data suggest that larger sample studies in the future might be able to identify very sensitive biomarkers in motor and perceptual networks for cognitive functions that are consistent with well-known neurological symptoms of FXTAS and milder forms of neurodegeneration in the fragile X spectrum.

Lastly, we note that our results additionally support notable gender differences, regardless of their premutation status. Indeed, in our secondary analyses, female participants exhibited lower global network clustering regardless of the diagnostic group. Locally, we also found widespread higher local efficiency and/or lower local clustering in both groups of female participants. Our findings are in general consistent with existing literature on gender differences of brain connectome, supporting that women, on average, show greater overall cortical connectivity and the underlying organization of their cortical networks tend to be more efficient, both locally and globally [Gong et al., 2009; Yan et al., 2011].

CONCLUSION

Here, we present the first brain connectome study in both male and female carriers of the fragile X premutation allele relative to healthy controls. Our results suggest that this approach has considerable potential for sensitively detecting dose-modulated brain changes in relatively young, non-FXTAS FXPC. This represents novel findings in that both groups appear typically functioning not only behaviorally but also with respect to IQ, though males as a group do more poorly on some tasks than do HCs [Wong et al., 2012]. Thus, we argue that the ability to detect such subtle differences should be considered as an important approach, which in future studies may enable us to further discover possible neurobehavioral connectome biomarkers for detecting preclinical brain change in the FXPC spectrum.

ACKNOWLEDGMENTS

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