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Durzan, Don J.

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Transamidation of [1-¹⁴C]-guanidinoacetic acid to ¹⁴C-glycine and decarboxylation to ¹⁴CO₂ in white spruce shoot primordia entering winter dormancy

Don J. Durzan

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Abstract Feeding [1-¹⁴C]-guanidinoacetic acid to shoot primordia, O₂ uptake was inhibited and major products were ¹⁴C-glycine, ¹⁴CO₂ and ¹⁴C-serine. The direct decarboxylation of [1-¹⁴C]-guanidinoacetic acid to ¹⁴CO₂ and *N*-methylguanidine, the methylation of [1-¹⁴C]-guanidinoacetic acid to ¹⁴C-creatine, and the lytic cleavage to urea and ¹⁴C-glycine were all ruled out. Enzymatic transamidations of [1-¹⁴C]-guanidinoacetic acid with amino acid acceptors occurred as arginine-rich storage proteins were being turned over and new proteins synthesized containing ¹⁴C-glycine and ¹⁴C-serine. The products of transamidation were recycled as substrates until ¹⁴C-glycine was metabolized in different directions and transported to mitochondria and peroxisomes. ¹⁴C-Glycine was decarboxylated by a glycine decarboxylase multienzyme complex resulting in a net carbon loss and a sharp decline in total protein rich in arginine N. Under these conditions, unlabelled arginine and ornithine contributed as substrates for reversible transamidation reactions. Peroxisomes and mitochondria are hypothesized as providing arginine-derived nitric oxide to maintain redox homeostasis in response to the stresses imposed by [1-¹⁴C]-guanidinoacetic acid and to protect against the inhibitory activity of sulfhydryls on transaminase activity. The destruction of a respiratory inhibitor by transamidation may comprise a mechanism associated with the awakening from of

dormancy and the mobilization of storage protein reserves in conifers.

Keywords Guanidinoacetic acid · Transamidation · Glycine · Serine · *Picea glauca* · Arginine · Winter dormancy · Nitric oxide · Mitochondria · Glycine decarboxylase multienzyme complex

Introduction

Following the isolation of arginine from conifers by Schulze (1896) its physiological role and fate were difficult to explain (Mothes 1929). The formation of arginine-derived guanidino compounds in white spruce [*Picea glauca* (Moench) Voss] was demonstrated with [UL-¹⁴C]-L-arginine, [amidine-¹⁴C]-L-arginine, and [1,2,3,4-¹⁴C]- γ -guanidinobutyric acid (Durzan 1968, 1969a). The transamidation of [UL-¹⁴C]-L-arginine was postulated as explaining some of the several guanidino compounds derived from arginine, one of which co-chromatographed with guanidinoacetic acid (glycocyanine). Transamidation transfers an amidine group (NH₂C=NH) from one guanidino compound to an acceptor having an amino group (Meister 1965; van Thoai 1965).

The availability of [1-¹⁴C]-guanidinoacetic acid enabled four hypotheses in Fig. 1 to be tested under aseptic conditions as excised vegetative shoot primordia entered winter dormancy (Fig. 2). First, the decarboxylation of [1-¹⁴C]-guanidinoacetic acid produces *N*-methylguanidine and ¹⁴CO₂. Second, the methylation of [1-¹⁴C]-guanidinoacetic acid yields ¹⁴C-creatine, creatinine and possibly *N*-methylglycine (sarcosine). Creatine has been reported in wheat (Barrenscheen and Pany 1941; Barrenscheen and von Vály-Nagy 1942), but its natural occurrence in plants has not been verified. In humans, guanidinoacetic acid is

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D. J. Durzan (✉)
Department of Plant Sciences, University of California,
One Shields Ave. MS 6, 244 Old Davis Rd,
Davis, CA 95616, USA
e-mail: djdurzan@ucdavis.edu

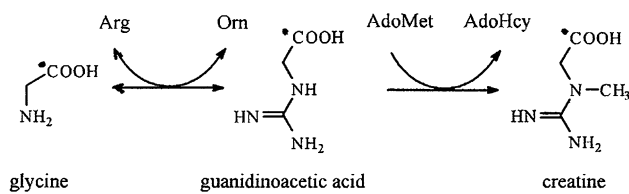


Fig. 1 The fate of carbon (*black dot*) in [1-¹⁴C]-guanidinoacetic acid was based on four postulated enzymatic reactions occurring within 32 h in shoot primordia entering winter dormancy. One is the decarboxylation of [1-¹⁴C]-guanidinoacetic acid to *N*-methylguanidine and ¹⁴CO₂. Another is the formation of urea and ¹⁴C-glycine by contaminating microorganisms having guanidinoacetases. The third deals with the biosynthesis of ¹⁴C-creatine from [1-¹⁴C]-guanidinoacetic acid requiring methylation of guanidinoacetic acid via *S*-adenosylmethionine (AdoMet) with the formation of *S*-adenosylhomocysteine (AdoHcy). No evidence was found for all three reactions under aseptic conditions. The fourth hypothesis requires the transfer (transamidation) the amidino group (NH₂C=NH) from [1-¹⁴C]-guanidinoacetic acid to an acceptor having an amino group. Transamidation of [1-¹⁴C]-guanidinoacetic acid with ornithine (*orn*), derived from the turnover of arginine-rich proteins, yielded ¹⁴C-glycine and regenerated free arginine (*arg*). Recycling of [1-¹⁴C]-guanidinoacetic acid and ¹⁴C-glycine by transamidation continued as ¹⁴C-glycine was decarboxylated to ¹⁴CO₂ by the glycine decarboxylase mitochondrial complex (GDMC) or metabolized to ¹⁴C-serine and traces of ¹⁴C-glutamic acid

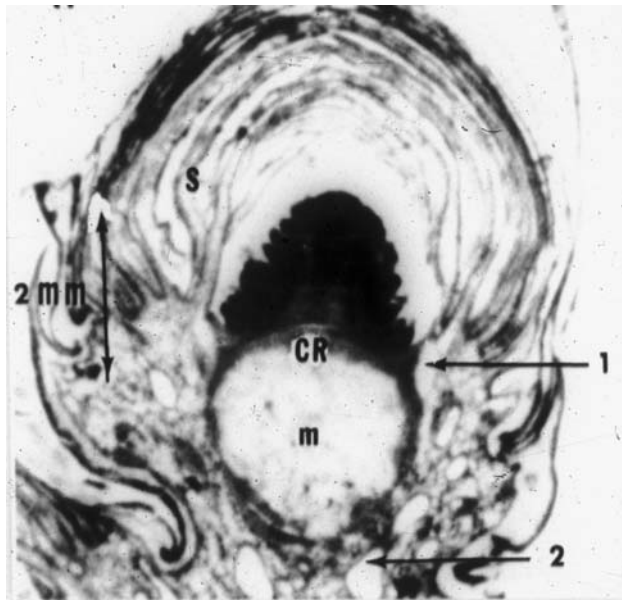


Fig. 2 Proteins stained by fast-green in a longitudinal section of a dormant white spruce bud. *M* is the new meristematic vegetative shoot, *m* is a cavity filled with liquid below the crown CR also called a nodal diaphragm or collenchyma plate. *S* bud scales, *lp* leaf primordia, *r* resin duct. Vertical arrow at left is 2 mm. The upper horizontal arrow indicates the plane of excision of the shoot primordium for exposure to guanidinoacetic acid under aseptic conditions. The lower arrow indicates the cut made to collect the buds under field conditions

methylated to creatine (Wyse and Kaddurah-Daouk 2000). Third, a guanidinoacetase (glycocyaninase) yields ¹⁴C-glycine and urea from [1-¹⁴C]-guanidinoacetic acid and water (Brunel et al. 1967; Roche et al. 1950; Yorifuji et al. 1977). This enzyme occurs in microorganisms and is not known in plants.

Fourth, the reversibility and wide range of substrates for transamidinase activity offer several possibilities (Meister 1965; van Thoai 1965). The transamidation of [1-¹⁴C]-guanidinoacetic acid with ornithine as an acceptor of the amidino group will yield arginine and ¹⁴C-glycine. When [1-¹⁴C]-guanidinoacetic acid transfers its amidino moiety to glycine, the products are guanidinoacetic acid and ¹⁴C-glycine. If arginine is an amidino donor, and glycine or ¹⁴C-glycine are the amidino acceptors, the products are guanidinoacetic or [1-¹⁴C]-guanidinoacetic acid, and ornithine, respectively. This study investigates which of the four hypotheses would explain the fate of [1-¹⁴C]-guanidinoacetic acid in shoot primordia of buds entering winter dormancy.

Materials and methods

White spruce buds were collected on November 6 from a 27-year old tree exposed to full natural light at the Petawawa Forest Experiment Station (45°08'N, 81°27'W). Shoot primordia, being enclosed by bud scales and entering winter dormancy, were not photosynthetically active. Vegetative shoot primordia with their crowns were easily separated from bud scales and shoot branches. Proteins (Fig. 2) were stained at pH 2.2 with fast-green (Woodard et al. 1961). In spruce buds, their “crowns” isolate shoot primordia from the mature underlying tissue except where penetrated by vascular traces (Romberger 1963). The parenchyma below the crown breaks down in autumn to form a cavity partially filled with viscous material. It was not used in this study.

Shoot collections were made in the field between 8 and 8.30 a.m. at temperatures between 15 and 17°C to minimize diurnal variations in amino acid content. In the laboratory, buds on shoots were kept at 20 ± 3°C for the removal of bud scales and to isolate shoot primordia within 1 h of collection (Fig. 2). Shoot primordia were surface sterilized in 5% (v/v) Chlorox, and rinsed in sterile water for duplicated experiments in Warburg flasks at 20 ± 1°C.

To each pre-autoclaved flask of a Warburg apparatus, 25 shoot primordia of uniform size (each 9 ± 2 mg f wt) were added with their crowns facing downward to 2.5 ml of sterile-filtered 0.01 M phosphate buffer at pH 6.8. With separate batches of 25 shoot primordia, the relative

turgidity (RT), based on 10 mg dry wt, was measured at 1, 4, 8, 16, and 32 h (Weatherley and Slatyer 1957).

Sterile-filtered [1-¹⁴C]-guanidinoacetic acid was added at 185×10^3 Bq (sp. act. 618×10^5 mM) to each flask containing 10% KOH in filter paper in the center well. From the time of shoot excision to the end of the study at 32 h, cool white incandescent light did not exceed 0.2 mmol/(m² s). Flasks were shaken at 10 rpm at a radius of 2.5 cm. Oxygen uptake was measured at 30-min intervals in flasks with and without [1-¹⁴C]-guanidinoacetic acid for the full 32 h of the experiment. All shoot primordia from each duplicated treatment and controls were collected at 4, 8, 16, and 32 h for biochemical analyses.

Shoot primordia were immediately fixed and extracted with 70% (v/v) ethanol, and homogenized for the extraction of the soluble N. After five extractions, a sixth extraction was tested with ninhydrin and by scintillation counting to verify that all the amino acid N and isotopically labeled products were extracted. The homogenization of primordia with [1-¹⁴C]-guanidinoacetic acid and 70% ethanol at zero time yielded no metabolic products. After the experiment, five primordia from controls and treatments with [1-¹⁴C]-guanidinoacetic acid were transferred to plates containing nutrient-rich agar to check for contamination. None showed any contamination over a subsequent 3-week period.

Two independent analytical systems were used to profile the metabolic fate of [1-¹⁴C]-guanidinoacetic acid. One was two-dimensional paper chromatography with autoradiography (Durzan 1968). The other was automated amino acid analysis for physiological fluids using ion-exchange chromatography with a Beckman Amino Acid Analyzer, model 120C (Benson and Patterson 1965). The latter was modified for flow-cell scintillation counting for carbon-14, fraction collection, and for the quantitative analyses of guanidino compounds using the Sakaguchi reagent (Durzan 1969b). Both systems independently confirmed the identities of the metabolites derived from [1-¹⁴C]-guanidinoacetic acid.

Ethanol extracts (70% v/v) were passed through Dowex 50 × 4 (200 mesh) columns to remove the neutral and anionic fractions and improve the separation of amino acids on paper chromatograms and autoradiographs. The cation fractions, containing the free-amino acids and guanidino compounds, were eluted with 4 M NH₄OH for analyses by paper chromatography and on the amino acid analyzer. All column regeneration fractions were kept for metabolic profiling.

For paper chromatograms, the identities and locations of the amino acids agreed with pure standards and by their reactions with ninhydrin, UV light and non-reaction with the Sakaguchi reagent. The differential color reaction of [1-¹⁴C]-guanidinoacetic acid with the Sakaguchi reagent agreed with an authentic guanidinoacetic acid not containing carbon-14. The identification of amino acids and

guanidino compounds containing radioactivity was based on the commercially available internal standards for physiological fluid analyses (Benson and Patterson 1965; Durzan 1969b). The alcohol-insoluble residue was kept for acid hydrolysis to recover the radioactivity and determine the N content in protein amino acids. Free and protein amino acids were quantitatively determined on the amino acid analyzer within ±3% as previously described (Durzan 1968).

The NaOH fractions, used to strip and regenerate the ion-exchange columns of the amino acid analyzer, were collected and monitored for ¹⁴C-guanidine and ¹⁴C-N-methylguanidine using commercially available ¹⁴C-guanidine and non-radioactive N-methylguanidine as controls. The ¹⁴CO₂ trapped in KOH and in ¹⁴C-metabolites on paper chromatograms or from the amino acid analyzer were determined with 70–80% efficiency by a liquid scintillation counter using a channels ratio method for quench correction to 100% (Becker 1967). In Table 1, the means of duplicated values are within for all 12% and all values are based on 100 mg f wt.

Table 1 Metabolism of [1-¹⁴C]-guanidinoacetic acid by shoot primordia from white spruce buds under aseptic conditions

Hours	4	8	16	32
O₂ uptake (μL/h)				
Controls	101	240	345	680
Guanidinoacetic acid	15	40	160	245
¹⁴C uptake, distribution and release (Bq)				
¹⁴ C-Guanidinoacetic acid	1,722	1,728	1,747	1,780
¹⁴ CO ₂ released	82	172	262	307
Organic anions	75	85	207	143
Free-amino acid pool ^a	44,111	49,822	50,886	49,503
Total protein	7	8	18	27
Free-amino acid specific activities (Bq/mg C)				
Glycine	38,883	49,766	24,733	5,317
Serine	4,983	3,867	4,417	4,867
Glutamic acid	67	150	166	282
Proline	7	50	67	83
Protein amino acids: specific activities (Bq/mg C)				
Glycine	255	643	952	387
Serine	206	291	263	117
Protein N and percentage composition				
Protein N (μg)	742	725	320	268
Arginine N (%)	36.6	24.5	16.4	4.7
Glycine N (%)	3.4	7.4	7.9	12.7
Serine N (%)	2.7	4.8	6.6	7.3
Glutamate N (%)	4.0	9.5	12.6	12.7

Organic anions include carbohydrates and organic acids

^a Excluding [1-¹⁴C]-guanidinoacetic acid and mainly ¹⁴C-glycine and ¹⁴C-serine

Results

At 4 h, the RT of excised shoot primordia in phosphate buffer was $25 \pm 3\%$ when the uptake of $[1-^{14}\text{C}]$ -guanidinoacetic acid reached 1,722 Bq/100 mg f wt. At 16 h, the RT increased to $27 \pm 4\%$. By 32 h, the RT was $36 \pm 6\%$. When compared with the 4 h exposure, the levels of $[1-^{14}\text{C}]$ -guanidinoacetic acid in the soluble N pool at 32 h remained steady and increased only by 58 Bq (Table 1). Steady levels of $[1-^{14}\text{C}]$ -guanidinoacetic acid would be maintained by transamidinase activities, which recycle ^{14}C -glycine and $[1-^{14}\text{C}]$ -guanidinoacetic acid as substrates.

Over time, the ratio of $^{14}\text{CO}_2$ released to O_2 consumed was considerably lower than 1. This indicated that protein and fats, which give a respiratory quotient less than 1, were being oxidized. Between 4 and 32 h, the total protein N declined from 742 to 268 $\mu\text{g}/100$ mg f wt. The $^{14}\text{CO}_2$ trapped by KOH increased nearly fourfold compared with the $[1-^{14}\text{C}]$ -guanidinoacetic acid in the free-amino acid pool. Most $^{14}\text{CO}_2$ originated from ^{14}C -glycine and ^{14}C -serine rather than from the organic acid fraction (Table 1; Fig. 3).

The amino acid pool (excluding $[1-^{14}\text{C}]$ -guanidinoacetic acid), contained mainly ^{14}C -glycine and ^{14}C -serine. Low levels of ^{14}C -glutamic acid and ^{14}C -proline were detected on the amino acid analyzer and not picked up on autoradiographs unless longer exposure times were used. The low levels of ^{14}C -organic acids indicated that most of the release $^{14}\text{CO}_2$ originated from the decarboxylation of ^{14}C -glycine.

The specific activity of ^{14}C -glycine in the free-amino acid pool declined significantly over time. This coincided with the steady drop in microgram of total protein N (Table 1). Protein turnover provided unlabeled glycine

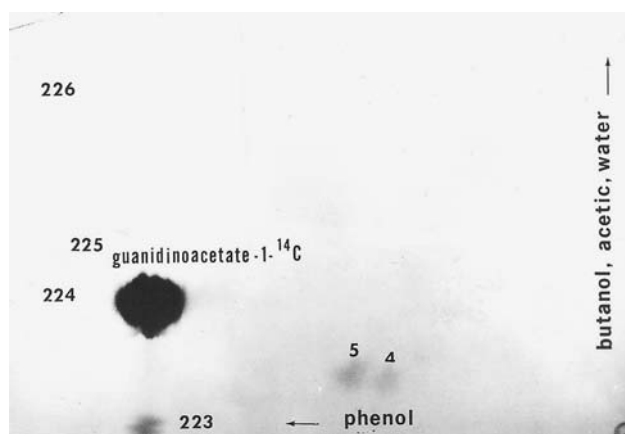


Fig. 3 Autoradiograph of the metabolic products of $[1-^{14}\text{C}]$ -guanidinoacetic acid in shoot primordia after 4 h reveals glycine (5) and serine (4) as major amino acid products. Other numbers identify yet unidentified metabolites and are discussed in the text

lowering the specific activities of the carbon in ^{14}C -glycine. Newly synthesized ^{14}C -glycine and unlabeled glycine were used for protein synthesis even as total protein N continued to drop. Over time, the percent arginine N in total protein declined from 36 to 5%. This coincided with a 10–33% increase in protein glycine, serine and glutamate N (Table 1). Arginine, released from storage proteins in shoot primordia, now served as an amidino substrate for transamidination reactions.

Radioactivity in 223 and at the origin of the paper chromatograms were also found as products of $[\text{UL-}^{14}\text{C}]\text{-L-arginine}$ (Durzan 1968). Positive reactions with fast-green and silver nitrate indicated that they were proteinaceous. ^{14}C -Glycine and ^{14}C -serine in acid hydrolysates of these spots would explain their autoradiographic detection. Based on the chromatographic analyses and metabolic profiles in a separate experiment, the traces of 224–226 were not products derived from commercially available ^{14}C -guanidine (unpublished). No evidence was found for the metabolic products which typified with the first three hypotheses.

Discussion

Enzymes responsible for the fate of guanidinoacetic acid

The direct decarboxylation of $[1-^{14}\text{C}]$ -guanidinoacetic acid was ruled out because unlabeled *N*-methylguanidine was not detected on paper chromatograms, autoradiographs, and in the NaOH and NH_4OH eluates from the cation-exchange resins on the amino acid analyzer. Second, based on the authentic standards, the methylation of $[1-^{14}\text{C}]$ -guanidinoacetic acid to ^{14}C -creatine was ruled out. No evidence was found for ^{14}C -creatine, ^{14}C -creatinine and *N*-methylglycine (sarcosine) on autoradiographs or in column eluates.

Third, the cleavage of $[1-^{14}\text{C}]$ -guanidinoacetic acid by a guanidinoacetase to ^{14}C -glycine and urea was also ruled out. Guanidinoacetases are common in microorganisms (Brunel et al. 1967; Roche et al. 1950; Yorifuji et al. 1977). This study maintained aseptic conditions before and after the study. Guanidinoacetic acid lacking a α -amino group is not used as a substrate by plant arginases. *L*-Homoarginine and agmatine, having α -amino groups, are substrates for arginase (Dabir et al. 2005; Muszynska and Reifer 1968; Todd et al. 2001).

Transamidination reactions (hypothesis 4) accounted best for the fate of $[1-^{14}\text{C}]$ -guanidinoacetic acid to ^{14}C -glycine (Figs. 1, 3). Transamidinases in plants, invertebrates, animals and humans are characterized by their reversibility and wide substrate specificities (Meister 1965;

Pisano et al. 1957; Srivenugopal and Adiga 1980; van Thoai 1965). Transamidation systems tend to be conformationally dynamic, functionally promiscuous, contribute to metabolic oscillations, and facilitate the divergence of new functions (Brandman and Meyer 2008, Tokuriki and Tawfik 2009). The transfer of the amidino moiety proceeds without cofactors or ATP.

^{14}C -Glycine was the primary metabolic product in this study (Fig. 3). ^{14}C -Glycine and glycine in the free-amino acid pool were substrates for transamidation. The transamidation of glycine with $[1-^{14}\text{C}]$ -guanidinoacetic acid would yield ^{14}C -glycine and guanidinoacetic acid. The transamidation of newly formed ^{14}C -glycine with $[1-^{14}\text{C}]$ -guanidinoacetic acid would recycle both $[1-^{14}\text{C}]$ -guanidinoacetic acid and ^{14}C -glycine. These amidinotransferases were driven by free glycine, released during the sharp decline of glycine N in shoot storage proteins (Table 1).

High levels of arginine, released by protein turnover, became available as a substrate for an arginine:glycine amidinotransferase. With ^{14}C -glycine, the products of this reaction are $[1-^{14}\text{C}]$ -guanidinoacetic acid and ornithine. The transamidation of $[1-^{14}\text{C}]$ -guanidinoacetic acid with ornithine yields arginine and ^{14}C -glycine. Arginine may also transfer its amidino moiety to ornithine and regenerate ornithine and arginine as substrates for repeated transamidations. The results explain how transamidations accounted for the fate of $[1-^{14}\text{C}]$ -guanidinoacetic acid in meristems entering winter dormancy. The destruction of this respiratory inhibitor by transamidation may comprise a mechanism for the awakening from dormancy and the mobilization of storage protein reserves in shoot primordia.

A wide range of substrates and the reversibility of amidinotransferases are found in animals and plants. Transamidation of $[1-^{14}\text{C}]$ -guanidinoacetic acid with glycine to $[1-^{14}\text{C}]$ -guanidinoacetic acid and glycine occurs in hog kidneys (Ratner and Rochovansky 1956a, b; Walker 1957). This enzyme also catalyzes transamidations between canavanine and glycine, and between arginine and canaline. In rat kidney, L-arginine:glycine amidinotransferase transfers the amidino group of L-arginine to ethanolamine, γ -aminobutyrate, δ -aminovalerate, β -aminopropionate, and taurine with the production of ornithine (Watanabe et al. 1994).

In soy bean, L-arginine is a donor of its amidino group to glycine yielding guanidinoacetate and ornithine (Lee et al. 2002). In *Lathyrus* seedlings, a partial purification of a transamidinase showed a broad pH optimum at 7.5–8.0. It catalyzed the reversible transfer of the amidino group from arginine, homoarginine and canavanine to lysine, putrescine, agmatine, cadaverine and hydroxylysine, respectively (Srivenugopal and Adiga 1980). In *Galega officianalis*, arginine is a donor of its amidino group for the formation of galegine (3-methyl-but-2-enyl-guanidine) (Reuter 1963; Reuter and Barthel 1967). In jack pine seedlings,

transamidation was observed when $[$ amidine- $^{14}\text{C}]$ - γ -guanidinobutyric acid and ornithine yielded ^{14}C -arginine and γ -aminobutyric acid as products within 24 h (unpublished).

Transamidation requires that the amidino moiety of a substrate is transferred to a sulfhydryl group on the enzyme to yield a thioamide-enzyme intermediate (Nakatsu 1956; Walker 1957).

Sulfhydryls are strong inhibitors of transamidinase activity (Srivenugopal and Adiga 1980).

The mechanical agitation of shoot primordia in Warburg flasks was sufficient to produce low levels of NO from arginine N and oxygen by a nitric oxide synthase (NOS) (Garcês et al. 2001; Pedroso and Durzan 1999). S-nitrosothiols are formed by the reaction of glutathione or other thiols with nitric oxide (NO) (Durzan and Pedroso 2002; Corpas et al. 2008). NOS activity has been localized in plant peroxisomes (Barroso et al. 1999). S-Nitrosothiolation might protect against the inhibition of sulfhydryls on amidinotransferase activity.

Discussion

Respiration and the oxidative decarboxylation of ^{14}C -glycine and ^{14}C -serine

If ribulose-1,5-bisphosphate (RuBP) was not regenerated as a substrate for O_2 or CO_2 by photosynthesis and photorespiration, CO_2 would be released and trapped. Oxygen would not be needed for the production of glycolate as a substrate for the C_2 cycle (photorespiration). In shoot primordia, any photorespiration would be shut down and dark respiration would become a limiting process.

Guanidino compounds are mitochondrial respiratory inhibitors in plants (Wilson and Bonner 1970a, b). Mitochondrial respiration consumes O_2 and releases CO_2 . $[1-^{14}\text{C}]$ -guanidinoacetic acid inhibited O_2 uptake while the ratios of $^{14}\text{CO}_2$ to ^{14}C -glycine and ^{14}C -serine in the free-amino acid pool slowly increased from 0.2 to 0.6 over 32 h (Table 1). The formation of ^{14}C -glycine and the release of glycine by protein turnover would have enriched their availability to the mitochondrial matrix containing a glycine decarboxylase mitochondrial complex (GDMC). Up to half of all the protein in this matrix comprised the GDMC (Douce et al. 2001; Siedow and Day 2000). Some of ^{14}C -glycine in protein hydrolysates may have included GDMC proteins.

In the GDMC, the P protein would catalyze the formation of a Schiff base between pyridoxal phosphate and ^{14}C -glycine before the oxidative decarboxylation of ^{14}C -glycine to $^{14}\text{CO}_2$. During this process, methylene- H_4 -folate is used by serine hydroxymethyltransferase to convert ^{14}C -glycine to ^{14}C -serine (Fig. 3). ^{14}C -Serine becomes deaminated to ^{14}C -pyruvate via the TCA cycle (Nelson and Cox 2008).

Ammonium, released by the deamination of ^{14}C -glycine and ^{14}C -serine, would be recovered via α -ketoglutarate from the TCA cycle for the synthesis of traces of ^{14}C -glutamic acid and ^{14}C -proline. The total radioactivity in the organic anion fraction, containing the TCA cycle intermediates and carbohydrates, remained low in shoot primordia (Table 1). In a separate study, ^{14}C -glutamate and ^{14}C -proline, derived from [UL- ^{14}C]-L-arginine, are substrates for protein synthesis during bud break in early spring (Durzan 1968, 1969a).

Under the conditions of this study, the mitochondria and peroxisomes are hypothesized as providing arginine-derived NO to maintain organelle function and redox homeostasis in response to the stresses imposed by the respiratory inhibitor [1- ^{14}C]-guanidinoacetic acid. The formation of *S*-nitrosothiols, produced by the reaction of NO and glutathione or other thiols, would protect against the inhibitory activity of sulfhydryls on transamidinase activity. Arginine, NO and guanidino compounds in dormant white spruce have physiological significance for the survival of indigenous peoples in the long winters of eastern Canada (Durzan 2009).

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Conflict of interest statement The author declares no conflicts of interest.

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