Title
Briefing on Peer-to-Peer Violence and Bullying: Examining the Federal Response

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Author
Meyer, Ilan H.

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Minority Stress and the Health of LGB Populations

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Ilan H. Meyer, Ph.D.
Stigma and prejudice directed toward LGBT people, add unique stressors (i.e., added to general stressors) that cause adverse health outcomes

We therefore observe in LGBs more stressors and more related disorders
Minority Stress Processes in LGB Populations

Circumstances in the environment
- Disadvantaged Status
  - sexual orientation
  - race/ethnicity
  - gender

Minority Identity

General Stressors
- Minority Stress Processes (distal)
  - prejudice events

Minority Stress Processes (proximal)
- expectations of rejection
- concealment
- internalized homophobia

Coping and Social Support (community and individual)

Characteristics of Minority Identity
- Prominence
- Valence
- Integration

Health Outcomes
- Negative
- Positive

Minority stress model (Meyer, 2003)
Types of Prejudice Experiences

- Major life events
- Chronic strain
- Minor events
- Nonevents
“. . . Are you single or are you married or are, you know, divorced even? . . .

so I have to find myself, you know, putting a line through it and saying “domestic partner” and making sure I explain to folks what that is . . .”
“And I have to decide every day if I want to come out everywhere I go and take the chance that somebody will have a hostile reaction to my . . .”
“What do you think your life would be like without homophobia, racism, and sexism?”
How Would Your Life Be Different if Homophobia Did Not Exist?
By Ivan Villanueva

A new study featured in the journal of Sexuality Research and Social Policy asked, "What do you think your life would be like without homophobia, racism, or sexism?" Four hundred lesbian, gay, and bisexual New Yorkers participated in the study, which sought to document how sexual minorities experience social stigma and inequality in today's world. While the answer may seem fairly obvious at first, the responses, comprised of the participants' own narratives, were varied.

The following are the major thematic responses to this particular question. Please add your own suggestions as to how your life would be different without homophobia, racism, and/or sexism in the comments below.
"I Probably Would Be at Home"
Lost Possibilities

"I would have gotten a different education … my neighborhood would have been different, everything about my life would have been completely different" (Latina) Meyer, Ouellette, McFarlane, 2011
“... we could walk down the street and hold hands.... I look for the day ... when you can just kiss your partner on the subway or at the bus stop or on the bus or, whether you’re in the Village or in a restaurant or in the midtown or in the Bronx” (Black man).

Meyer, Ouellette, McFarlane, 2011
“Oppression Doesn’t Just Stop Things”
Positive Marginality (Unger)

“I wouldn’t be who I am, that’s basically what I have to say, because racism and homophobia affect every single aspect of your life” (Latina).

“…in some ways I’m, I’m almost grateful that I am lesbian, because it was sort of the only thing that saved me, you know, from a life of [a] pretty, pretty limited world view . . .” (White woman).

Meyer, Ouellette, McFarlane, 2011
How Would Your Life Be Different if Homophobia Did Not Exist?

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Loss of Struggle, and Character?

Respondents found what's called "positive marginality," identifying character because of their sexuality. "I wouldn't be who I am if I hadn't gone through what I did."
New Projects

- Project Access – experiences, stress, and health and well-being of GBTQ male youth of color

- Perception of Prejudice (PoP)