A Novel Curriculum for Teaching Emergency Medicine Residents How to Break Bad News

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**Background:** Breaking bad news in the ED is a critical part of Emergency Medicine. Previous research has called for increased teaching of communication skills to EM residents. Recent research has found that few EM providers were trained to deliver bad news during their residency training. There has been previous work describing death notification in the ED and talking with families of critically ill patients in the ICU setting but little has been published describing how to discuss critically ill patient in the ED.

**Educational Objectives:** To develop a multidisciplinary team approach to teach EM residents how to deliver bad news (both death notification and sudden critical illness) specifically in the ED setting and to study its implementation.

**Curricular Design:** EM residents participated in a simulation case where a patient became critically ill and then expired. Twice during this encounter they updated a family member, played by a volunteer actor they had never met, about the case. All cases were videotaped and the interactions was graded by independent reviewers. Residents then participated in a novel curriculum aimed at teaching critical elements of breaking bad news. This session was led by ED attendings and social workers and was comprised of lecture, video presentation, small group role playing, and discussion. The initial presentation gave an introduction to the topic while the small groups allowed the residents to practice their new skills with real-time feedback. Following the didactic session, residents again participated in a simulation case with hospital volunteer “family members” and their skills discussing the case were again graded. These pre/post evaluations were compared to evaluate the success of the teaching session.

**Impact/Effectiveness:** Outcome measures are not yet available. Previous projects regarding breaking bad news in the ED have focused on only death notification or used techniques developed in non-ED settings. A recent survey of attendings demonstrated that few received EM specific training in breaking bad news. All EM doctors will unfortunately have to deliver bad news frequently during their careers and increasing training during residency will improve this necessary skill.

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**Table 1.** Descriptive statistics and paired t-test results for twelve emergency medicine interns on their before (pre) and after (post) orientation examination.

<table>
<thead>
<tr>
<th></th>
<th>Mean Scores</th>
<th>Standard Deviation</th>
<th>Mean Difference</th>
<th>t-value</th>
<th>df</th>
<th>p</th>
<th>ES*</th>
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<tbody>
<tr>
<td>Pre-Test</td>
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<td>-12.58</td>
<td>-6.78</td>
<td>11</td>
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<tr>
<td>Post-Test</td>
<td>66.92</td>
<td>4.38</td>
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*ES= Cohen’s D effect size

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5 A Novel Eye Model for Simulation in Slit Lamp Examination, Ultrasound and Foreign Body Removal Using Animal Tissue

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**Background:** We sought to develop an inexpensive simulation model that could be used for instruction of the emergency medicine model of practice for ophthalmologic complaints. While synthetic phantoms and models using foodstuffs have been described, animal tissue in a lifelike facsimile has not been fully explored.

**Educational Objectives:** Gain familiarity and psychomotor skills for competently addressing ocular emergencies to include:
1. Perform Slit lamp examination of both normal anatomy and corneal defects
2. Successfully remove foreign bodies and rust rings
3. Execute an ultrasound examination to include appreciation of normal anatomy, foreign bodies, vitreous hemorrhage and retinal detachment

**Curricular Design:** Using Styrofoam wig holders and animal tissue, we constructed a model for use with ultrasound and slit lamp examination. For this example, eyes from recently harvested specimens of Odocoileus virginianus (Virginia white tailed deer) were used. Each
model was less than ten dollars (US) to build. The models can be maintained in a refrigerated environment for at least 3 days. Desiccation due to refrigeration can be repaired with insufflation of the anterior chamber and/or vitreous with crystalloid solution.

Following the simulation exercise a survey was sent to participating learners. 11 of 19 surveys were returned (response rate 58%)

None of the respondents had performed a corneal rust ring removal.

Following the experience, 91% (10/11) of the trainees reported increased comfort with performing the procedure.

Impact/Effectiveness: Ophthalmologic procedures performed in everyday emergency medicine practice are difficult to simulate. This model provides a resource for faculty to safely guide learners through the details of procedures performed on the eye. It affords trainees the rare opportunity to perform these techniques in a safe environment.

6 A Novel Homemade Program to Accurately Record Resident Conference Attendance

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Background: The Accreditation Council for Graduate Medical Education (ACGME) requires that all residency programs provide didactic conferences for trainees while maintaining an accurate record of resident conference attendance. Resident learners are required to participate in 70% of all scheduled didactics. Attendance data is frequently provided to residents at performance reviews, and the data is reported to the ACGME. Legacy attendance systems typically involve a paper sign-in sheet, which is then manually entered into a spreadsheet. This method has several problems: it requires significant weekly upkeep, lacks easily auditable records should an attendance disagreement occur, a difficulty to determine legitimate versus forged sign-in, and an inability for residents to verify their attendance is recorded accurately.

Educational Objectives: Develop an accurate conference attendance-recording program with the following features:

- Easily auditable records which are immediately transparent
- Quick and easy sign-in with minimal disruption
- Protection against forging conference attendance
- Low requirement for technical knowledge and manual weekly maintenance
- Free and easily replicated with existing technology

Curricular Design: Our innovative conference attendance-recording program replaces manual entry of attendance, is free, and requires no knowledge of coding. The program components are free and require Google Sheets, Google Forms, a QR code generator, and a basic knowledge on scripting or in advanced spreadsheet commands. Learners sign-in to each session by scanning a QR code, and attendance is recorded and calculated in real time. This provides security against multiple sign-ins for a single session, or forging prior check-ins. Residents are able to check their conference attendance at any time.

Impact/Effectiveness: Residents, program leadership, and program coordinators have unanimously provided positive feedback on the new conference attendance program developed by one of our third year residents. The program is accurate, requires minimal oversight, provides immediate attendance calculation, and is transparent. We hope to further disseminate this innovation to other programs in an effort to remedy the “problem” of maintaining accurate conference attendance.