Cardiac Sarcoma: Unusual Cause of Intracardiac Contrast Filling Defect

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A 28-year-old female was transferred to the emergency department from her physician’s office for further evaluation of tachycardia. She was being seen for a recent illness which included nausea, vomiting, diarrhea and fevers. The patient endorsed fatigue, dyspnea on exertion, and extremity edema. She had no chest pain or cough. Exam revealed a pale, fatigued, mildly ill-appearing female with bilateral lower extremity edema and diminished breath sounds on the right. Chest radiograph revealed a large right pleural effusion (Figure 1). Computed tomographic angiography of the chest was performed (Figure 2).

DIAGNOSIS:
Cardiac Sarcoma. This is a rare form of primary invasive malignant tumor of the heart. Most cardiac tumors are secondary. Of primary tumors, benign myxomas are the most common. About 25% of primary cardiac tumors are malignant with 95% of those being sarcomas. Sarcomas often invade into adjacent structures including the myocardium, valves, vena cava and pericardium.

The differential diagnosis for intracardiac contrast-filling defects includes thrombus, tumor and vegetations from endocarditis. Echocardiography, angiocardiology and magnetic resonance imaging may also be helpful in establishing a diagnosis. Large intracardiac tumors frequently result in inflow/outflow obstruction which can precipitate heart failure.

Treatment of this condition is primarily operative. Heart transplantation (including autotransplantation) may even be necessary. Cardiac sarcomas often recur after resection. Post-surgical chemotherapy and radiation are of limited benefit.

Our patient underwent surgical resection of the tumor, replacement of the tricuspid valve and reconstruction of the vena cava. She survived for several weeks after surgery but eventually succumbed to her illness.

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