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Permalink
https://escholarship.org/uc/item/2fn66610

Authors
Veysi, M
Othman, MAK
Figotin, A
et al.

Publication Date
2017-08-14

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Peer reviewed
Theory of The Degenerate Band Edge Laser

Mehdi Veysi¹, Mohamed A. K. Othman¹, Alexander Figotin², and Filippo Capolino¹

¹Department of Electrical Engineering and Computer Science, University of California, Irvine, CA 92697, USA
²Department of Mathematics, University of California, Irvine, CA 92697, USA

We propose a novel class of low-threshold single-frequency lasers based on a fourth order eigenwave degeneracy in a pair of coupled periodic waveguides. Lasing action for such a class is based on unconventional Fabry-Perot cavity (FPC) resonances occurring near the degenerate band edge (DBE) in the dispersion relation of the coupled periodic waveguides. The proposed “DBE laser” regime is based on synchronous operation of four degenerate Floquet-Bloch eigenwaves of the relevant periodic structure with an optically-pumped active medium. We advance here a theory that describes degenerate waves in coupled waveguides with gain, and analyze the lasing action in such FPC with DBE. The principle feature of the DBE regime is that the FPC resonance frequency closest to the DBE frequency becomes dominant enforcing mode selectivity. We demonstrate that the DBE laser has the lowest lasing threshold in comparison to a regular band edge laser or a conventional laser in cavities with the same loaded quality ($Q$) factor and length. In particular, the DBE laser, without mirror reflectors, exhibits lasing threshold which is an order of magnitude lower than that of a uniform FPC laser of the same length and with very high mirror reflectivity. In addition, we show that the mode selection scheme associated with the DBE ensures coherent single-frequency operation of the DBE laser in contrast to the multifrequency nature of conventional uniform FPC lasers. Our proposed principle of operation for laser is valuable for further developing active devices based on DBE properties, and other applications including extremely sensitive sensors, four-wave mixing, saturable absorbers, and filters.

I. INTRODUCTION

Demonstration of a low-threshold laser operating at a single wavelength has been a classical contest in the optics community. In this regard, the use of periodic structures with engineered dispersion diagram is a popular and effective way to enhance the interaction between the gain medium and the electromagnetic wave and therefore tailoring the lasing characteristics of active structures. In the last decades, photonic-crystals-based optical devices and distributed feedback (DFB) lasers have demonstrated inimitable features and high performance due to their unprecedented dispersion characteristics, high quality ($Q$) factors, and field enhancement properties [1–6]. In particular, increasing the $Q$-factor of photonic-crystal-based cavities results in a significant reduction of the lasing threshold [2–4,7–11]. Therefore, many techniques have been proposed to enhance the $Q$-factor of photonic-crystal-based cavities for engineering light sources, such as introducing small disorder or defect into the crystal [7,12], using photonic-crystal heterostructures [9,13], and by locally modulating the width of the photonic-crystal waveguide [14,15]. Recent advances in developing optical lasers relies on engineering the response of the cavity structure employing plasmonic nanocavities [16–18], photonic band-edges [19–24], Parity-Time (PT)-symmetry breaking [25–31], or relying on unique structural topologies including metamaterials [32–35] and metasurfaces [36,37].

In this paper, we propose a novel class of single-frequency lasers made of a cavity with degeneracy of Floquet-Bloch eigenwaves coherently interacting with an active medium. Such a degeneracy is found in periodic structures whose dispersion relations develop points of degeneracy at which state eigenvectors representing Floquet-Bloch eigenwaves coalesce [21,22,38]. Those points in the spectrum of the “cold” periodic structure (”cold” refers to the absence of the gain media) are associated with a regular band edge (RBE), a stationary inflection point (SIP) [39,40], or a degenerate band edge (DBE) [22,23], resulting in a second, third, or fourth order degeneracy of Floquet-Bloch eigenwaves (in both eigenvalues and eigenvectors), respectively. In essence, the DBE [22,38,41,42] arises when four Floquet-Bloch eigenwaves coalesce, in periodic structures supporting multiple polarization states that are periodically mixed and causing a frozen-wave resonance [22,23]. A principle feature of DBE is such unconventional slow-wave resonance, whose frequency is closest to the DBE frequency [see details about the unique DBE features in [22,42], and summarized in Sec. II.A]. In particular, the DBE features were proposed to occur at optical frequencies using perturbed coupled silicon waveguides [43,44], or a chain of ring resonators coupled to a waveguide [45]; as well as in metallic waveguides at microwaves [38]. There have been also significant efforts in analysis, design, and experimental realization of the DBE structures and its slow-wave properties at both microwave [46–48] and optical frequencies [49,50]. It is important to point out that even though DBE is a precise degeneracy condition occurring in lossless waveguides, experimental studies made both at microwaves [48] and optical frequencies [50,51] have confirmed the existence of features associated with the DBE in the presence of losses and fabrication tolerances. Indeed, the robustness of DBE features against perturbations due to possible fabrication tolerances was clearly demonstrated for DBE CROWs in [45]. The DBE has led to observing giant gains in optical cavities [42]; however here we leverage such concept, for the first time, to propose the new regime of DBE lasing, resulting in low-threshold and single frequency operations.

The main objective of this paper is to (i) demonstrate a special feature of mode selection in the DBE laser that leads
to a single frequency lasing, in which the lasing threshold scales with $N^{-5}$, where $N$ is the number of unit cells as seen from Fig. 1 [the analysis of the lasing threshold is elaborated in Sec. II through Sec. V]; (ii) we further show that the proposed DBE laser features a significantly lower lasing threshold compared to a conventional RBE laser [24] and a uniform Fabry-Perot cavity (FPC) while having the same gain medium, length, and total loaded $Q$-factor [see Fig. 1(a)]. The low threshold of the proposed DBE laser, can be up to two orders of magnitude lower threshold than conventional lasing cavities as seen in Fig. 1(a) is ascribed to the enhanced interaction between the gain media and the cavity featured by all the four degenerate Floquet-Bloch eigenwaves at the DBE wavelength as will be explained throughout the paper. These findings are especially valuable for further developing optical devices based on degeneracy properties.

The layout of the paper is organized as follows. First, we show possible implementations of “cold” coupled optical waveguides whose Floquet-Bloch eigenwaves support the DBE in Sec. II.A. We then theoretically investigate the DBE laser based on evolution equations for waves in coupled waveguides that account for spatial periodicity as well as loss and gain in Sec. II.B and Appendix A. The properties of the “cold” DBE structure as well as the steady state gain medium response are introduced and investigated in Sec. II.C and II.D, respectively. We then report the evolution of the lasing action inside the DBE laser using finite-difference time-domain (FDTD) algorithm as well as the lasing threshold analysis [in Fig. 1(a)] in Sec. III and Appendix B. Finally, we demonstrate the effect of losses on the loaded $Q$-factor and provide comparisons between conventional lasers and the proposed DBE laser in terms of lasing threshold in sec. IV.

II. LASER THEORY IN CAVITIES WITH DEGENERACY AND GAIN

In this paper, we propose and investigate a new class of lasers that feature active periodically-coupled waveguides, resembling the conventional DFB lasers. However, our proposed laser operates near the DBE which guarantees coherent single frequency oscillation as well as low threshold.

A. Pair of Periodic Coupled Waveguides with Four Degenerate Eigenwaves

Among the many possible optical coupled waveguide geometries that may exhibit a DBE, i.e., a degeneracy among four Floquet-Bloch eigenwaves, we illustrate in Fig. 1 two representative waveguide examples. The dispersion relation with DBE is shown in Fig. 2. The optical waveguide in Fig. 1(b) is composed of periodic segments of coupled and uncoupled optical waveguides, with period $d$. Alternative coupling mechanism could be also realized through optical resonators as couplers to the waveguide [as in Fig. 1(c)]. The reason for utilizing optical resonators (such as microrings or microdiscs [51–53]) is their ubiquitous use in lasers due to their high loaded $Q$-factor and ease of fabrication. In the example shown in Fig. 1(c) the DBE cavity is made of waveguides coupled to a chain of coupled resonator optical waveguide (CROW) as shown in [45]. (The conventional CROW topology would support only an RBE [54–56].) Furthermore, the DBE CROW proposed in [45] was shown to exhibit remarkably high $Q$-factor resonances near the DBE that are robust against disorder and perturbations. Note that other geometries can also be designed and implemented using various semiconductor photonics technologies [46]. The geometries shown in Fig. 1(b)-(c) are simply represented using their equivalent coupled waveguide model in Fig. 1(d),

![Image](image_url)
Such periodic waveguides is the wavenumber at \( \omega \). A has that. -y of coupled waves \( W = - = (z,t) \). The right panel is a representation of eigenvectors evolution with frequency in the periodically-coupled waveguide. Note that there are four eigenvector solutions corresponding to two propagating eigenwaves (forward with \( \text{Re}(k_{n}) < \pi/d \)) and backward with \( \text{Re}(k_{n}) > \pi/d \)) in solid lines and two evanescent eigenwaves in dashed lines. At the DBE frequency, these four eigenvectors coalesce as shown in right panel of the figure. Also, there exists a band gap for frequencies higher than that of the DBE.

constituting WG1 and WG2 that is the model used in the rest of the paper. Such periodic waveguides have a dispersion diagram as in Fig. 2, exhibiting the DBE at \( f_d = \omega_d / (2\pi) \approx 193.4 \text{THz} \), i.e., at \( \lambda_d = 1550 \text{ nm} \), using a pair of periodic coupled waveguides as in Fig. 1(d) with parameters in Appendix C. Note that the dispersion relation in the vicinity of DBE frequency is approximated by \( (\omega_d - \omega) \approx h(k - k_d)^4 \) where \( k_d = \pi / d \) is the wavenumber at the DBE, and \( h \) is a geometry dependent parameter. At any \( \omega \) the Floquet-Bloch eigenwaves in a pair of coupled periodic waveguides comprise four \( k \) wavenumbers, associated to four eigenvectors that are, in general, mutually independent. However, at a DBE frequency the four Floquet-Bloch eigenwaves coalesce, in wavenumber and eigenvectors. A consequence of Floquet-Bloch eigenwave degeneracy is that independent basis of wave propagating must come in the form of generalized eigenvectors at the DBE (see Ch. 7.8 in [58] as well as [59,60]). At the DBE, waves associated to those generalized eigenvectors grow linearly, quadratically and cubically with the \( z \) coordinate; having vanishing group velocity yet still satisfying Maxwell’s equations [59,61,62]. In addition, finite structures made of such periodic coupled waveguide experience unusual FPC resonances; compared to uniform FPCs [42]. The DBE laser proposed here oscillates based on the FPC resonance closest to the DBE frequency and therefore enables a remarkable low-threshold single-frequency lasing as it will be shown in Secs. III and IV.

Note that the concepts exposed in this paper are general and applicable to any waveguide geometry exhibiting a DBE. To illustrate the DBE laser concept however we specifically refer to an illustrative example of periodic waveguides modeled as a cascade of coupled and uncoupled waveguides as in Fig. 3 (details in the Appendices) with coupled-wave equations described as follows.

**B. Time Domain Formulation of The Laser Cavity with Gain Media**

We describe in detail the theory of coupled waves propagating (along the \( z \)-direction) in coupled waveguides with a gain medium. We assume that each of the two waveguides has only a single propagation eigenwave (in each of the \( \pm z \)-direction), so the coupled waveguide system has two propagating eigenwaves (in each direction). Here coupling between the two waveguides (WG1 and WG2) is mediated phenomenologically through coupled differential wave equations [as in (1)] involving wave amplitudes. (Note that this approach is known in the radio frequency as coupled transmission lines [63] and it is inherently related to the conventional coupled-mode theory [64–69 widely used for optical systems].

We consider two traveling waves, in WG1 and WG2, that are described by their spatiotemporal amplitudes \( a_{1n}(z,t) \) and \( a_{2n}(z,t) \). The two waves propagate along the coupled waveguide in the \( \pm z \)-direction. Their amplitudes are normalized in such a way to represent power waves as pointed out in [70], so that \( S^+ = (a_{1n}^2 + a_{2n}^2)^2 \) is the instantaneous power flux in the coupled waveguides along the \( +z \)-direction. As such the wave amplitudes are conveniently expressed using a two-dimensional vector \( a^+(z,t) = \begin{bmatrix} a_{1n}^+ & a_{2n}^+ \\ a_{2n} & a_{1n}^+ \end{bmatrix}^T \) where superscript \( T \) stands for transpose. From here onward, bold symbols denote vectors, while bold double-underlined symbols denote 2×2 matrices and bold single-underlined symbols denote 4×4 matrices.

The space-time evolution equations for the wave amplitudes \( \mathbf{a}^+(z,t) \) in a uniform, lossless coupled waveguide are given by

\[
C \frac{\partial}{\partial t} \begin{bmatrix} a_{1n}^+ & a_{2n}^+ \\ a_{2n} & a_{1n}^+ \end{bmatrix} = \mathbf{n} \begin{bmatrix} a_{1n}^+ & a_{2n} \\ a_{2n} & a_{1n}^+ \end{bmatrix}, \quad \mathbf{n} = \begin{bmatrix} n_{11} & n_{12} \\ n_{21} & n_{22} \end{bmatrix}, \quad (1)
\]

where \( C \) is the speed of light in vacuum, \( n_{11} \), \( n_{22} \) and \( n_m \) are effective refractive indices of the coupled waveguide, respectively, and \( \mathbf{n} \) is a 2×2 matrix whose eigenvalues are the effective refractive indexes of the propagating waves in the coupled waveguides. Note that the coupling between the two waveguides is present through the off-diagonal entries \( n_m \) of the matrix \( \mathbf{n} \). Indeed, when \( n_m = 0 \) the two waveguides are uncoupled and the space-time evolution of the waves in the system described by (1) turns into two uncoupled equations whose solutions are the natural propagating eigenwaves in
WG1 and WG2. When WG1 and WG2 are coupled, the two eigenwave solutions are found by solving the coupled-wave equation (1). Thanks to reciprocity, the eigenvalues of (1) obey the symmetry $t \to -t$. Therefore, independent eigenwaves may also propagate in the negative $z$-direction, and their amplitudes are denoted by a two-dimensional vector $a_+(z,t) = \left[ q_1(z,t) \ a_2^+(z,t) \right]^T$. The evolution of those wave amplitudes is also obtained from (1) through the transformation $a^+ \to a^+$ and $t \to -t$. Accordingly, we write the evolution equations for both $a^+$ and $a^-$ in a matrix form for a uniform waveguide viz,

$$c \frac{\partial a^+(z,t)}{\partial z} = -\mathbf{n} \frac{\partial a^+(z,t)}{\partial t}; \quad c \frac{\partial a^-(z,t)}{\partial z} = \mathbf{n} \frac{\partial a^-(z,t)}{\partial t}. \quad (2)$$

In (1), that applies to a lossless system, the matrix $\mathbf{n}$ is purely real and symmetric (so it is Hermitian). The entries of $\mathbf{n}$ are real valued and are associated to the refractive index of the coupled waveguide system. The matrix $\mathbf{n}$ appears as a simple multiplier because in a frequency domain description we neglect material and waveguide frequency dispersion. This is a valid approximation since we investigate lasing action in a narrow frequency range given by the emission spectrum of the active atoms. In general, one may construct a first order evolution equation in the waveguide by assuming a state vector $\Psi(z,t)$ comprising the wave amplitudes, that evolves in the lossless coupled waveguide as

$$\frac{\partial \Psi(z,t)}{\partial z} = -\hat{\mathbf{M}} \frac{\partial \Psi(z,t)}{\partial t}, \quad \text{and} \quad \Psi(z,t) = \begin{bmatrix} a^+(z,t) \\ a^-(z,t) \end{bmatrix}, \quad (3)$$

where the $4 \times 4$ matrix $\hat{\mathbf{M}}$ is a block-diagonal system matrix comprised of the matrix $\mathbf{n}$ for each uniform waveguide segment, as given in Appendix A.

It is important to point out that the coupling mechanism and the transfer of power between the coupled waveguides are well-understood from the evolution of the coupled waves as described above. The aforementioned analysis resembles the coupled-mode theory for optical waveguides [64–69]. However, we recall that our approach is in fact equivalent to transmission line theory [71] for optical waveguides where we incorporate gain and loss in the temporal evolution equations as we elucidate in the following.

It is convenient to study total electromagnetic fields inside the cavity by resorting to electric and magnetic fields’ amplitudes, namely by two-dimensional vectors $\mathbf{E}(z,t) = \left[ E_1(z,t) \ E_2(z,t) \right]^T$ and $\mathbf{H}(z,t) = \left[ H_1(z,t) \ H_2(z,t) \right]^T$, respectively, where the vector components represent amplitudes of the total fields in WG1 and WG2. The two-dimensional vectors $\mathbf{E}$ and $\mathbf{H}$ are related to the wave amplitudes $a^+$ and $a^-$ as shown in (A2) in Appendix A, by resorting to the concept of characteristic impedance of the waveguides as discussed in Appendix A (a procedure described in coupled transmission line theory [63]). The reason for adopting this $\mathbf{E}$ and $\mathbf{H}$ field representation is that it is straightforward to include losses and gain in the total field formulation. Such coupled-wave formulation can be then readily characterized using conventional FDTD implemented by a standard Yee [72] algorithm that has been extensively studied for transmission lines [73] as well as for formulations based on both $\mathbf{E}$ and $\mathbf{H}$ fields [73–75]. As done in Ref. [22,42], for example, the state vector that describes the total field amplitudes is denoted by $\mathbf{\Psi}(z,t) = [\mathbf{E}^T(z,t) \ \mathbf{H}^T(z,t)]^T$ and it is related to normalized wave amplitude state vector $\mathbf{\tilde{\Psi}}(z,t)$ through a matrix transformation (see Appendix A). The space-time evolution of the total field amplitude state vector $\mathbf{\Psi}(z,t)$ in the periodic waveguide is constructed in a similar fashion to (3) and is provided in Appendix A, (A6).

We proceed by generalizing of the above analysis to periodic structures made of sections of uniform coupled waveguides in the presence of gain and loss. The nonlinear gain is provided by an externally-pumped active medium and is incorporated into the analysis through the polarization density amplitudes $P_1(z,t)$ and $P_2(z,t)$. These polarization densities represent the effective polarization field amplitudes induced in WG1 and WG2 because of the gain medium and depend on how much the field distributions associated to the amplitudes $E_1(z,t)$ and $E_2(z,t)$ overlap with the gain medium. Hence, generalizing (A6) to the case of gain and loss one obtains

$$\frac{\partial \mathbf{\Psi}(z,t)}{\partial z} = -\hat{\mathbf{M}}(z) \frac{\partial \mathbf{\Psi}(z,t)}{\partial t} + \begin{bmatrix} \mathbf{s} \\ \mathbf{z} \end{bmatrix} \frac{\partial \mathbf{P}(z,t)}{\partial t} - \begin{bmatrix} \mathbf{0} \\ \mathbf{z} \end{bmatrix} \mathbf{\Psi}(z,t) \quad (4)$$

where $\mathbf{M}(z)$ is the system matrix of the lossless and gainless coupled waveguide given in (A7). The two-dimensional polarization density amplitude vector $\mathbf{P}(z,t) = [P_1(z,t) \ P_2(z,t)]^T$ represent the polarization density in WG1 and WG2 induced by the transition of the active atoms. Therefore $\mathbf{P}(z,t)$ accounts for the active material (gain), and $\mathbf{s}$ is a $2 \times 2$ gain coupling matrix that represents the
interaction strength of the gain media and the coupled waveguide fields. The 2×2 matrix \( \gamma \) is a per-unit-length dielectric loss parameter, also given in Appendix A. The atomic transitions occur within a simplified, yet realistic, four-level energy atomic system shown in Fig. 4. Accordingly, the time evolution for the polarization density amplitudes in WG1 and WG2 at the presence of a forcing electric field is described by the homogeneously broadened Lorentzian oscillator model and obtained as [75–78]

\[
\left[ \frac{\partial^2}{\partial t^2} + \Delta \omega_e \frac{\partial}{\partial t} + \omega_e^2 \right] P(z,t) = -\sigma_e \Delta N s E(z,t), \tag{5}
\]

where

\[
\sigma_e = 6\pi e_0 c^3 \left( \tau_{21} \omega_e^2 \right), \tag{6}
\]

and \( \tau_{21} \) is the photon lifetime of the transition between the second and the first energy states (i.e., between energy levels 2 and 1), \( e \) and \( m \) are the charge and the mass of an electron, \( \varepsilon_0 \) is the free-space permittivity, \( \omega_e \) is the angular frequency of emission (chosen for our specific implementation at \( \lambda_e = 1550 \text{nm} \)), and \( \Delta \omega_e \) is the full width at half maximum line-width of the atomic dipolar transition. The 2×2 matrix \( s \) in (5) is given in Appendix C and indicates which of the two waveguides is involved in the coupling between gain media and electric field amplitudes. Here, its components are simply taken as 1 or 0, though it could take into account also other confinement factors. The atomic system has four energy levels with atomic population densities of \( N_0, N_1, N_2, \) and \( N_3 \) and \( \Delta N \) in (5) is also the population density difference between the first and the second energy levels (i.e., \( \Delta N = N_2 - N_1 \)) [76,77]. The time- and space-dependent population density \( N_j(z,t) \) at each energy level \( j = 0,1,2,3 \) is obtained from the nonlinear rate equations provided in the Appendix A. Here, we assume that the total active material density (i.e., \( N_T = \sum_{j=0}^{3} N_j(z,t) \)) is uniformly distributed and is invariant with space and time. The cavity is optically-pumped with pumping rate \( R_p \) transferring active atoms from the ground state (0th level) into the highest energy level (3rd level). The lasing action occurs when the atomic transition from the second level to the first level is slow and radiative, leading to a population inversion (i.e., lasing condition is when \( \tau_{21} > \tau_{32}, \tau_{10} \) which results in \( N_2 > N_1 \)). Here, we assume that the active material is Erbium (Er\(^{3+}\)) and it is doped into the substrate. The pumping rate \( R_p \) is a tunable parameter and can be varied by the external pump intensity in a real experiment. Therefore, we fully characterize the laser cavity by simultaneously solving the coupled set of nonlinear rate equations given in (A9) along with the wave equations in (4) and the Lorentzian equation in (5). Here, we utilize the FDTD algorithm to solve this system of equations along with proper boundary conditions. Details on the FDTD algorithm employed here are included in Appendix B. The boundary conditions for the system imply that the periodic waveguide is terminated at both sides by output waveguides (see Fig. 3) whose loading is represented by their characteristic impedances given in Appendix C (Table CIII). To study the operational scheme of the DBE lasers we first investigate the characteristics of the “cold” DBE cavity (also discussed in [42,79]), where for “cold” we mean absence of gain; however we pay attention to losses and include realistic parameters of the coupled waveguide.

C. Steady state gain medium response

In order to provide insight into characteristics of the DBE laser, the response of the “cold” DBE cavity is investigated as well as the steady state response of the DBE cavity with gain medium. Assuming time harmonic fields as \( e^{-i \omega t} \), the electric field and polarization density amplitude vectors in (4) are given by \( E(z,t) = \text{Re} \left[ E(z)e^{-i \omega t} \right] \) and \( P(z,t) = \text{Re} \left[ P(z)e^{-i \omega t} \right] \), respectively, in which \( E(z) \) and \( P(z) \) are phasors.

In addition, we consider the active material population density at each energy level from the steady state point of view (at the steady state we have \( dN_j / dt = 0, j = 0,1,2,3 \)). As such the population difference \( \Delta N \) is constant and expressed as a function of the gain medium parameters; as typically done in steady state linearized gain models [77]. Therefore, the polarization density vector is simply related to the electric field vector through

\[
P(z) = \frac{\sigma_e}{\omega^2 - \omega_e^2 + i \Delta \omega_e} \Delta N s E(z) = \frac{g}{i \omega} s E(z) \tag{7}
\]

This equation defines the linearized gain parameter \( g = i \omega \Delta N \sigma_e / (\omega^2 - \omega_e^2 + i \Delta \omega_e) \) with unit of Siemens/m. This is analogous to the description where polarization density amplitudes are related to the electric field amplitudes through the susceptibility (see definition in page 494–541 in [76] and page 103-108 in [77]). The parameter \( g \) represents gain/loss when its real part is negative/positive, whereas its imaginary part represents reactive loading due to the gain medium, under the small signal (linear) regime. In the example investigated

![Fig. 4. A simplified four-level atomic system model in which lasing occurs between the atomic levels with population densities \( N_2 \) and \( N_1 \).](image-url)
here, only WG2 has active material (i.e., Erbium Er\textsuperscript{3+}) and therefore only the 2,2-entry, shown in Appendix C, of the gain coupling matrix \( s \) is non-vanishing. Active medium parameters are detailed in Appendix C, and the plot of the gain parameter \( g \) with unit of Siemens/m, is shown in Fig. 5(a) for a pumping rate of \( R_p = 6 \times 10^6 \text{ s}^{-1} \). Fig. 5(a) shows that the gain parameter profile follows a Lorentzian shape with a negative real part within the frequency band of interest where, for simplicity, the periodic coupled waveguide in Fig. 3 is devised to have the DBE angular frequency \( \omega_d \) coinciding with the emission angular frequency \( \omega_e \).

D. Cold DBE cavity characteristics

The properties of the “cold” DBE cavity, i.e., without the gain medium, are described here. We investigate the transfer function and the loaded \( Q \)-factor of the DBE cavity, using the transfer matrix analysis (refer to [42,80] for a thorough analysis of waveguides with DBE using the transfer matrix method). The finite length resonator is terminated by waveguides as shown in Fig. 3 and whose characteristic impedances are given in Appendix C (Table CIII). We first plot in Fig. 5(b) the transfer function defined as \( T_F = |E_2(N)/E_2(0)| \) where \( E_2(N) \) is the output field amplitude of WG2 (see Fig. 3) calculated at the end of the \( N \)th unit cell while \( E_2(0) \) is the incident excitation field amplitude at the input of the WG2 for the DBE cavity with \( N = 20 \) unit cells. Sharp transmission peaks near the DBE angular frequency \( \omega_d \) are observed and the peak closest to the DBE frequency has the highest \( Q \)-factor [42], and we refer to it as the DBE resonance of the structure with finite length and we denote it by \( \omega_{r,d} \). Note that such peak is the sharpest one, and in Fig. 5(b) occurs at \( \omega_{r,d} = \omega_d + (2\pi) \approx 193 \text{ THz}, \) i.e., at \( \lambda_{r,d} = 2\pi c/\omega_{r,d} \approx 1553 \text{ nm} \), and that several peaks are within the emission spectrum (Fig. 5(a)) of the gain material. The resonance frequency closest to the DBE frequency is dominant over all other resonances in the FPC with DBE. Because of the fourth power in the dispersion relation \( (\omega_d - \omega) \approx \hbar (k - k_d)^4 \), a FPC resonance will occur at an angular frequency \( \omega_{r,d} \) extremely close to \( \omega_d \), where the group velocity vanishes, hence causing a very high density of states at \( \omega_{r,d} \) [42]. This leads to the FPC resonance with highest group delay and highest local density of states (LDOS) as was shown in Ref. [42]. It is because of the largest density of states associated to the resonance peak at \( \omega_{r,d} \), a single frequency operation of a laser cavity with DBE is expected, as it will be shown in Sec. IV.

For the sake of completeness, we compare the transfer function result obtained using the transfer matrix analysis with that calculated using the FDTD method that will be used later on in the paper. Fig. 5(b) shows identical agreement between

\begin{table}[h]
\centering
\begin{tabular}{|c|c|}
\hline
Frequency & Field Amplitude \\
\hline
0.95 & 0.12345 \\
1.00 & 0.56789 \\
1.05 & 0.34567 \\
\hline
\end{tabular}
\caption{Table showing the comparison between the transfer function results using the transfer matrix analysis and the FDTD method.}
\end{table}

both methods in analyzing the transfer function of the cold DBE cavity. In Fig. 6 we show the peaks of the transfer function varying number of unit cells in the periodic structure, calculated using the transfer matrix method. This figure shows that the transmission resonance frequencies are sharper when closer to the DBE frequency, and that the transmission resonance peak (i.e., the DBE resonance at \( \omega_{r,d} \)) shifts toward the DBE frequency \( \omega_d \) as the number of cells \( N \) increases.
following the trajectories \( \omega_{r,d} = \omega_{d} - \zeta / N^4 \), where \( \zeta = h(\pi / d)^4 \approx 64 \omega_{d} \). This formula serves to estimate the working DBE resonance frequency as a function of number of unit cells. It should be observed that such DBE cavities have more or less twice the number of resonance frequencies as a uniform cavity with the same length, and that they are even closer to each other than those in a uniform cavity. Nevertheless, a single frequency of lasing operation will be demonstrated, due to the very high density of states of the resonance at \( \omega_{r,d} \) [42].

In Fig. 7 we show some properties of the loaded \( Q \)-factor for DBE cavity. The loaded \( Q \)-factor is defined as \( Q_{ot} = (W_e + W_m) / P_t \), where \( W_e \) and \( W_m \) are the total electric and the magnetic time-average stored energies, while \( P_t \) is the total time-average power loss. In the calculation of the power loss we consider the power dissipated in the material and that received by the loads. We plot the calculated loaded \( Q \)-factor at the DBE resonance versus the number of unit cells in Fig. 7 where we show how it scales with \( N \). (Resonance is recalculated at each length, for each case.) In particular, we observe the unusual trend of the loaded \( Q \)-factor where the loaded \( Q \)-factor increases as \( N^5 \) for large \( N \) for the lossless DBE cavity (as shown in Fig. 7 by the fitting formula: loaded \( Q = a t+bN^5 \)). However, dissipative losses in the dielectric [represented by the parameter \( \gamma \) in (4) and in (A8)] limits such anomalous trend. In other words, the loaded \( Q \)-factor ceases to increase at one critical cavity length at which starts to deteriorate when losses overwhelm the response, i.e., eliminate transmission peak of the cavity. Note that for \( \gamma > 17 \) S/m, which is a high loss condition, the FPC with DBE composed of 20-unit cells would have negligible transmission and therefore the loaded \( Q \)-factor would be less than 1000. Such high loss cases are not considered here though may have advantages in certain class of lasers with PT-symmetry for instance [30]. Here, it is important to pay attention to the design of the DBE cavity by choosing the optimum number of cells to control the effect of losses and allow for the DBE resonance condition.

### III. Degenerate Band Edge (DBE) Laser

The evolution of the lasing dynamics in active DBE cavities is described by the nonlinear time-domain equations stated in Sec. II and Appendix A. In particular, the transient response of lasing action is well described by the evolution of gain in the cavity. In the small signal regime, photons within the DBE resonance at \( \omega = \omega_{r,d} \) have the longest lifetime and also the highest effective gain coefficient as defined in [42], among all other resonances in the cavity. As long as the overall gain experienced by such photons (electromagnetic waves) inside the cavity in a roundtrip is higher than the cavity losses (due to dissipative mechanism and escaping energy from the cavity ends), the intensity of the electromagnetic waves grows; and for the DBE has the highest growth rate among all other resonances in the cavity. Further analysis for the linear gain enhancement in DBE structures is established in [42].

On the other hand, for large electromagnetic wave intensities inside the cavity, nonlinearities are manifested in the rate equations, saturation occurs, and the output field amplitude reaches a steady-state. Here, we analyze the lasing action in the optical waveguide-based DBE laser using the FDTD algorithm (see details in Appendix B). The parameters of the DBE laser are provided in Appendix C. Note that transient and steady state results are obtained here assuming that an initial short Gaussian pulse (whose parameters are provided in Appendix B) is launched into the WG2 from the left (Fig. 3).

The transient responses of the electric field amplitudes at all four waveguide outputs, for the case of a lossless DBE cavity, are plotted for a pumping rate of \( R_p = 10^7 \text{s}^{-1} \) in Fig. 8. Note that the pumping rate of \( 10^7 \text{s}^{-1} \) used in Fig. 8 is larger than the lasing threshold pumping rate as we show later. We observe from Fig. 8 that the output field amplitudes saturate to the steady state at around \( t_s \approx 350 \text{ps} \) thanks to the nonlinearity in the gain medium described in the nonlinear rate equations (see Appendix A). Note that the output electric field amplitudes in the waveguide outputs oscillate at a single frequency of \( \sim 192.5 \text{THz} \) (\( \sim \lambda = 1556.9 \text{nm} \)) as seen in Fig. 8 bottom, right panel; which is very close to the DBE cavity resonance frequency of \( f_{r,c} \sim 193 \text{THz} \) (see Fig. 5), yet there is a very slight frequency shift due to the gain medium frequency pulling [76].

We first illustrate the mode selectivity by showing the space-time field evolution inside the cavity in Fig. 9 for which the DBE resonant field concentrated at the cavity center starts to grow exponentially after \( \sim 70 \text{ps} \). Therefore; although many FPC resonances experience gain as seen in Fig. 5, the DBE
resonance experiences the highest gain and dominates the output spectrum thanks to its unique field distribution and highest Q-factor. In addition, we plot the steady-state time-averaged electric field intensity inside the DBE cavity in Fig. 10. The steady-state field intensity is mainly concentrated near the cavity center for WG2; while the maximum field intensity in WG1 is at least two orders of magnitude lower than that in WG2. Nevertheless, the presence of WG1 is crucial to achieve the DBE.

To calculate the lasing threshold for the DBE laser using time-domain simulations, we calculate the root mean square (RMS) value of the steady-state electric field amplitude at the end of the WG1 of the cavity as a function of the pumping rate, and shown in Fig. 11. Two DBE laser cases with the 20 unit cells are investigated in Fig. 11, a lossless DBE laser with the total loaded Q-factor of 4200 and a lossy DBE laser with \( \gamma = 13 \text{ S/m} \) (see Fig. 7) and a total loaded Q-factor of 3400. The threshold pumping rate \( R_p^{\text{th}} \) is defined as the minimum pump rate that causes instability, i.e., the electric field amplitude to grow exponentially inside the cavity. Numerically, it is calculated as the value of \( R_p \) at which the output field amplitude experiences a sudden transition from being around zero to having a significantly larger steady-state value. This is achieved by sweeping \( R_p \) and observing the output steady-state field amplitudes. As in Fig. 11, the root-mean-square (RMS) of the steady-state output electric field amplitude (here recorded after 1.5 ns) for a lossless DBE laser is negligible (~0 V/m) for \( R_p \approx 1.08 \times 10^6 \text{ s}^{-1} \) while it is significantly large (~0.86×10^4 V/m) for \( R_p \approx 1.22 \times 10^6 \text{ s}^{-1} \), indicating that a threshold pumping rate of approximately \( R_p^{\text{th}} \approx 1.15 \times 10^6 \text{ s}^{-1} \) within a maximum error of ~6% due to finite numbers of simulation points. As such, the lasing pump threshold for the lossless and the lossy DBE lasers are

\[ R_p^{\text{th}} \approx 1.15 \times 10^6 \text{ s}^{-1} \text{ and } R_p^{\text{th}} \approx 1.4 \times 10^6 \text{ s}^{-1} \text{ respectively.} \]

Furthermore, Fig. 11 shows that the RMS value of the steady-state electric field amplitude of the laser output increases linearly with the pump rate above threshold.

We also calculate, using the FDTD method, the threshold pumping rate for the lossless DBE laser with different numbers of unit cells following the same procedure we have used for calculating the lasing threshold for the DBE with \( N=20 \) unit cells in Fig. 11. Then, we plot the threshold pumping rate for the DBE laser varying as a function of the number of unit cells \( N \) in Fig. 12. The trend of the threshold pumping rate for the DBE laser for large \( N \) (i.e., \( N \geq 16 \)) is also shown in Fig. 12 by the asymptotic fitting curve \( R_p^{\text{th}} \propto N^{-5} \) which agrees with the theoretical calculations [42]. The reasons for such unconventional scaling of the threshold pumping rate with length is that loaded
does not change the

The time average of the steady state electric field amplitude at the end of the WG1 (RMS defined as

$E_{\text{rms}} = \sqrt{\frac{1}{T_2 - T_1} \int_{T_1}^{T_2} [E_z(t, z = L)]^2 \, dt}$

where the time interval $T = T_2 - T_1$ is one period of the steady state electric field amplitude at the end of the WG1) of the lossless and lossy (with $\gamma = 13 \text{S/m}$) DBE lasers with $N = 20$ unit cells, versus pumping rate. The comparative plot shows that the presence of the losses does not change the laser threshold dramatically.

$\Phi^0 = N^{-5}$

$P^0 = N^{-5}$

$R^0 = N^{-5}$

The DBE laser threshold varies as a function of laser length (i.e., $N\alpha$) calculated using FDTD (squares), and plotting the fitting curve (for large number of unit cells) as a solid line with $R^0 = R_0 / (\alpha + \beta N^3)$, where $R_0 = 2 \times 10^9 \text{s}^{-1}$, and the fitting constants $\alpha$ and $\beta$ are given in the caption of Fig. 7.

Q-factor of the DBE laser scales as $N^5$ (see [42,79] for more details), as compared to that of a conventional RBE laser which scales as $N^3$ [41], or that of a homogenous cavity that scales simply as $N$; as shown in Fig. 1(a), for the three regimes of operations discussed in this paper. We point out that for large number of unit cells DBE laser threshold becomes substantially lower by orders of magnitude than uniform FPC lasers as shown in Fig. 1(a). Interestingly, the constants of proportionality of the trend of $R^0$ as a function of $N$ are the same as those used to fit the loaded $Q$-factor in Fig. 7, indicating that $R^0(N) \sim Q^{-1}(N)$. It may seem apparent that the pumping threshold is only dictated by the loaded $Q$-factor, yet the field structure of the cavity plays a pivotal role in lowering the threshold as we discuss in the following section.

IV. COMPARISON BETWEEN THE DBE LASER WITH OTHER CONVENTIONAL LASERS

To elaborate on the reasons of the superiority aspects of the DBE laser, we establish here a comparison between the proposed DBE laser with two other regimes of laser operations: (i) uniform FPC laser and (ii) RBE laser. The geometries of the three aforementioned laser cavities are shown in Fig. 13 where the DBE and RBE laser cases are corresponding to periodic structures operating near their band edge frequencies and comprising two periodically coupled waveguides, while the uniform FPC cavity is composed of two uniform (i.e., nonperiodic) coupled waveguides. Note that the choice of coupled waveguides for the RBE and the uniform cavity lasers is not necessary, however we here use two coupled-waveguides to preserve the analogy to the DBE laser for comparison purposes. The dispersion relations and the magnitude of the transmission coefficients for the RBE and the DBE structures considered here are shown in Fig. 14(a)-(b), respectively. Indeed, we consider the aforementioned cold cavities (namely the FPCs with the DBE, the RBE, and the uniform case) such that they exhibit the same resonance frequency, length, and loaded $Q$-factor (that also takes into account losses as we will show later). This is achieved by adopting, for instance, the parameters for such cavities in Appendix C. In order to achieve the same loaded $Q$-factor for the three aforementioned cavities with the same length, the reflectivity at the cavity ends is properly chosen as follows by resorting to the useful and general concept of waveguide impedance. We define a load power reflectivity at each waveguide (i.e., at each port) as the square of the magnitude of the reflection coefficient at the interface between the output waveguide (i.e., at each port) as the square of $\alpha + \beta N^3$, where $\alpha = 2 \times 10^9 \text{s}^{-1}$, and the fitting constants $\alpha$ and $\beta$ are given in the caption of Fig. 7.

It is important to stress that the uniform cavity requires extremely high mirror reflectivity at each end (the power reflection coefficient is $\sim 0.995$, as defined in Appendix C) to have the same loaded $Q$-factor as the RBE and DBE cavities. Indeed, especially for the DBE case, reflection at the ends of the cavity is not realized by physical mirrors (i.e., large impedance mismatch between waveguide segments) since waveguide reflectivities are much lower. Indeed, a large reflection for the RBE and especially for the DBE cavity is caused by mismatch between the degenerate Floquet-Bloch eigenwaves and the propagation eigenwaves in the external waveguides, and not by the simple characteristic impedance mismatch in each waveguide. Similar properties are also demonstrated in DBE CROWs [45] in which impedance mismatch or mirrors are not required for generating high $Q$-factor values.

We show in Fig. 15 the field distribution inside the “cold” coupled waveguides based FPCs operation at the resonance
frequency for the two cases: the DBE cavity, considered in Sec. II-C and III, as well as the RBE cavity. The fields are plotted only for WG2 in both DBE and RBE FPCs and sampled only once in each unit cell along the cavity. The lossless cavities have a loaded $Q$-factor of ~4200 (the highest value of the $Q$-range considered here) and decreasing the loaded $Q$-factor occurs by introducing propagation losses in the waveguides using the parameter $\gamma$ in (4) and (A8). The large magnitude of the normalized field inside the DBE cavity demonstrates a unique structured resonance field that leads to enhancing the local density of states [42] and therefore would lead to a lowered lasing threshold as compared to the RBE cavity laser. On the contrary, the standing wave field magnitude inside a uniform FPC has a constant envelope and that envelope is independent on the resonant frequency which is not shown in Fig. 15 for brevity (see [30], [71] for details).

Next, we compare the three regimes of laser operation in terms of lasing threshold namely for the DBE, RBE and uniform cavities. Fig. 16 shows a comparison between the lasing threshold pump rate $R_{th}^L$ of the lossless DBE laser and the corresponding loaded $Q$-factor. The results presented so far for the DBE laser assumed that the DBE cavity has mirrors with reflectivity at both ends, for simplicity of calculation, since for comparison we wanted to have (i) the same length, (ii) the same resonance frequency, and (iii) the same $Q$-factor in all the three cavity types.

In general, the DBE resonant field confinement shown in Fig. 15(b) occurs even without mirror reflectors. Indeed, no mirrors are required for the DBE cavity to develop high $Q$-factor and strong field enhancement [42]. This is manifestly different from conventional uniform FPC laser cavities for which mirrors with high reflectivity are needed to reduce the lasing threshold [77]. We stress that in the DBE cavity, strong reflection of the DBE eigenwaves is still present, given by the degeneracy condition and almost unmatched Floquet-Bloch
eigenwave impedance with the impedance of the load WG1 and WG2 waveguides, and not by the mismatch of the individual last waveguides segments to WG1 and WG2. The mirror reflectivity defined in Appendix C does not represent the Floquet-Bloch eigenwave reflection coefficient in the DBE case, rather it represents the reflection associated to each individual waveguide discontinuity, between the last waveguide segments of the cavity (from both right and left ends) and WG1 and WG2 outside the cavity. In other words, the high quality factor of the DBE cavity relies on Floquet-Bloch eigenwave mismatch and not on mirror reflectors [21-22], [42]. (A Floquet-Bloch eigenwave characteristic impedance is represented by an impedance matrix [82]). In Fig. 17 we show the lasing pump rate threshold for the DBE laser varying as a function of its right-end and left-end mirror reflectivity (for this case they are assumed to be equal at each end, for both WG1 and WG2) compared to that for the uniform FPC laser having the same length. We observe that the DBE laser with no mirror reflectors (i.e., when the mirror power reflectivity is zero) has a pumping rate threshold which is an order of magnitude less that of the uniform FPC laser having ~93% mirror power reflection coefficient, as depicted from Fig. 17. This means that the DBE laser can be directly connected to the same waveguides WG1 and WG2 used in the cavity, i.e., without changing dimensions and without adding reflectors. Note that increasing the mirror reflectivity would dramatically decrease the lasing threshold for the uniform FPC laser, whereas the DBE laser has almost a steady threshold pump rate for reflectivity from 0 to 10%. As such, if we choose a mirror reflectivity of 98% for the uniform FPC laser; the corresponding uniform FPC length must substantially increase to achieve the same threshold of the DBE laser.

We finally show in Fig. 18 the excellent mode selection scheme of the DBE laser by observing the purity of its output field intensity spectrum in comparison with a long uniform FPC laser with relatively similar lasing threshold and same quality factor; both operating at 1550 nm. The uniform FPC laser in this case is considered to have 98% mirror power reflection coefficient and also 10 times longer active medium length (i.e., $L$) than the DBE case in Sec. III (both are lossless cases for simplicity, and their parameters are provided in Appendix C). The load impedance of the DBE cavity ends is assumed to be the same as given in Appendix C (Table CIII). The length of the uniform FPC laser is chosen such that both the DBE and the uniform FPC lasers have an equal lasing threshold of the order of $10^6$ s$^{-1}$, and also a similar $Q$-factor of ~4000. Note that both cavities have multiple resonances within the gain emission spectrum.

We demonstrate in Fig. 18 the normalized output steady state field intensity spectrum for the DBE and uniform FPC laser, both pumped above their respective threshold with $R_p=10^7$ s$^{-1}$ for both cases. The long “cold” uniform FPC has multiple resonances within the gain emission spectrum with a small free spectral range, i.e., spectral separation of the FPC resonance frequencies of ~1.6 THz. Moreover, such resonances have the same spectral width, therefore, they experience comparable gains, as discussed in [30,77]. This will in turn lead to multiple frequencies of oscillation within
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APPENDIX A: COUPLED WAVES FORMULATION AND RATE EQUATIONS

The evolution of the real-valued spatiotemporal wave amplitudes \( a^+(z,t) \) and \( a^- (z,t) \) are provided in (1)–(3) for a lossless and gainless uniform coupled waveguide. The system evolution matrix \( \mathbf{M} \) in (3) is obtained from (2) and it is a 4x4 matrix given by

\[
\mathbf{M} = \frac{1}{c} \begin{pmatrix}
  n & 0 \\
  0 & -n
\end{pmatrix}.
\] (A1)

In this paper, it is convenient to resort to a fundamental description of waves propagating in the two coupled waveguides WG1 and WG2 (Figs. 1 and 3) using real-valued spatiotemporal field amplitudes \( E_1(z,t), H_1(z,t) \) and \( E_2(z,t), H_2(z,t) \), respectively. As discussed in Sec. II-B it is convenient to use the two-dimensional vectors

\[
\mathbf{E}(z,t) = \begin{bmatrix} E_1(z,t) & E_2(z,t) \end{bmatrix}^T \quad \text{and} \quad \mathbf{H}(z,t) = \begin{bmatrix} H_1(z,t) & H_2(z,t) \end{bmatrix}^T.
\]

Note that wave amplitudes \( a^+ \) and \( a^- \) are related to the total field amplitudes through a multiplication involving the characteristic impedance matrix as (see page 39 in [83] and also [69])

\[
a^+ = \frac{1}{2} \sqrt{\mathbf{Z}} \mathbf{E} + \mathbf{Z} \mathbf{H}, \quad a^- = \frac{1}{2} \sqrt{\mathbf{Z}} \mathbf{E} - \mathbf{Z} \mathbf{H}
\] (A2)

where \( \mathbf{Z} \) is the 2x2 characteristic impedance

\[
\mathbf{Z} = \begin{pmatrix}
  Z_{11} & Z_{12} \\
  Z_{21} & Z_{22}
\end{pmatrix},
\] (A3)

symmetric and positive-definite matrix of the coupled waveguide (considered to piecewise uniform along \( z \) and without gain or loss) which is defined using couple transmission line theory as in [71,84]. We recall that \( \mathbf{Z} \) is defined as \( \mathbf{Z} = \mathbf{T}_E^{-1} \mathbf{T}_H^{-1} \) where \( \mathbf{T}_E \) and \( \mathbf{T}_H \) are 2x2 matrices identified as the similarity transformations that bring the electric and magnetic field amplitude vectors, respectively, to their eigenwave, or decoupled, form (see details in page 94-100 in [84]). Therefore if we neglect dispersion (as discussed in Ch. 8 in [71] for instance) we can assume that \( \mathbf{Z} \) is a real matrix and is used as a multiplier in (A2). Indeed, in a frequency domain description, we assume that the dispersion of \( \mathbf{Z} \) and \( \mathbf{n} \) is totally negligible compared to other dispersions in the system, i.e., those introduced by periodicity and the gain medium in the narrow frequency spectrum investigated here. Hence the refractive index and the characteristic impedance are purely real, and the normalization in (A2) is done through right-multiplying the spatiotemporal field amplitudes vectors with the square root and inverse of the impedance matrix \( \mathbf{Z} \). Since the characteristic impedance

the laser (this is a typical scenario in conventional lasers, see page 42 in [30]). Indeed, the steady state output field intensity spectrum for the uniform FPC laser plotted in Fig. 18 shows multiple frequencies associated with the multiple lasing modes excited cavity (the resonant frequencies of the cavity without gain are depicted by dashed vertical lines in Fig. 18). On the contrary, the output intensity spectrum for the DBE laser seen in Fig. 18(a) shows a well-defined single-frequency (i.e., single oscillating mode) operation at \(-192.5 \text{ THz}\) near the cold DBE resonance frequency \( f_{r,d} \). As discussed earlier in Sec. II and Fig. 8), this indicates that the field of the DBE FPC resonance experiences a substantial gain contrast against all other FPC resonances (see Fig. 5b), which leads to low-threshold lasing and mode selectivity when operating near the DBE. The remarkable single-frequency operation of the DBE low-threshold laser demonstrates its robustness as well as practicality for realizing single frequency coherent and low-noise sources.

V. CONCLUSION

We have demonstrated a novel principle of lasing based on the degenerate band edge (DBE) in a pair of coupled periodic waveguides and have provided the underlying theory behind it. In particular, we demonstrate that the DBE laser features a significantly lower lasing threshold as compared to its conventional counterparts, i.e., a RBE laser and a uniform FPC laser, having the same resonant frequency, total length, and loaded \( Q \)-factor. The time-domain simulation results have also shown that the threshold pumping rate for the DBE laser exhibits an unprecedented scaling factor with length as \( N^{-5} \), where \( N \) is the number of unit cells. In particular, the DBE laser has an order of magnitude lower lasing threshold compared to a uniform FPC laser having high mirror power reflectivity, the same length and same \( Q \)-factor as the DBE laser. The DBE laser cavity does not require mirrors at its ends, indeed in some provided examples the DBE cavity was just continued on a pair of waveguides identical to the ones inside the cavity. Furthermore, we have demonstrated the mode selection scheme associated the DBE that leads to a single-frequency operation of the DBE laser in contrast to the conventional lasers that may operate with multiple oscillating frequencies. Such DBE features demonstrate a potential advantage for enhancing the efficiency of not only single-frequency optical lasers but also other terahertz and infrared sources as well.

ACKNOWLEDGMENT

This material is based upon work supported by the Air Force Office of Scientific Research award number FA9550-15-1-0280 and under the Multidisciplinary University Research Initiative award number FA9550-12-1-0489 administered through the University of New Mexico. The authors also would like to thank CST of America, Inc. for providing CST.

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matrix $\mathbf{Z}$ is positive-definite; the square roots taken in (A2) are defined as the unique positive-definite square root of the matrix $\mathbf{Z}$. Recall that a positive definite matrix has a unique positive definite square root which is obtained via diagonalization of the matrix and then by taking the principal square root (positive real part) of its real and positive eigenvalues, see Chapter 11 in [85].

It is then convenient to use the total field amplitude state vector $\Psi(z,t)$ defined as $\Psi(z,t) = \begin{bmatrix} E^T(z,t) & H^T(z,t) \end{bmatrix}^T$. Transformation (A2) allows to represent the state vector $\Psi(z,t)$ in terms of the wave amplitude state vector

$$\tilde{\Psi}(z,t) = \begin{bmatrix} (a^+(z,t))^T & (a^-(z,t))^T \end{bmatrix}^T$$

in (3) by a simple transformation

$$\Psi = \mathbf{U} \tilde{\Psi}. \tag{A4}$$

The 4x4 matrix $\mathbf{U}$ is a transformation of the physical electric and magnetic field amplitudes to the normalized wave (scattering) amplitudes which follows from (A2) and given by

$$\mathbf{U} = \begin{bmatrix} \sqrt{Z} & \sqrt{Z} \\ \sqrt{Z^{-1}} & -\sqrt{Z^{-1}} \end{bmatrix}. \tag{A5}$$

The corresponding system equation for the field amplitudes state vector $\Psi(z,t)$ is given by

$$\frac{\partial \Psi(z,t)}{\partial z} = -\mathbf{M} \frac{\partial \Psi(z,t)}{\partial t}. \tag{A6}$$

Using the transformation (A3) between $\Psi(z,t)$ and $\tilde{\Psi}(z,t)$ we thereby find the system matrix $\mathbf{M}$ in (A2) and (4) in terms of the other system matrix $\tilde{\mathbf{M}}$ in (3) as

$$\mathbf{M} = \mathbf{U} \tilde{\mathbf{M}} \mathbf{U}^{-1} = \frac{1}{c} \begin{bmatrix} 0 & \sqrt{Z_n} \sqrt{Z} \\ \sqrt{Z^{-1}} n & 0 \end{bmatrix}. \tag{A7}$$

Further discussion about such transformations are found in [86]. In general, matrices $\mathbf{Z}$ and $\mathbf{n}$ do not necessarily commute. However, based on our choice of parameters for all the cases provided in this paper, matrices $\mathbf{n}$ and $\mathbf{Z}$ commute (i.e., $\mathbf{n} \mathbf{Z} = \mathbf{Z} \mathbf{n}$), which also means that $\sqrt{\mathbf{Z_n} \mathbf{Z}} = \mathbf{n} \mathbf{Z}$. Indeed, the reason of why matrices $\mathbf{n}$ and $\mathbf{Z}$ commute is because the two coupled waveguides in each segment of the periodic cell are identical, as shown in Appendix C. In other words, the diagonal entries of matrices $\mathbf{Z}$ and $\mathbf{n}$ for the coupled segments of the waveguide are equal; therefore $\mathbf{Z}$ and $\mathbf{n}$ commute. For the uncoupled segments, $\mathbf{Z}$ and $\mathbf{n}$ are diagonal matrices therefore they commute. The coupled waveguide analysis in this paper can be also represented using conventional coupled-mode theory [64–69], however this is outside the scope of this paper, and as mentioned in Sec. II-B we found convenient to use the time domain transmission line formulation in (4) that is readily implemented in the FDTD [72] [73–75].

The load waveguides on the left and right sides of the cavity are assumed not coupled to each other and they are also modeled using their characteristic impedances, which can be cast as the diagonal elements of a diagonal matrix $\mathbf{Z_L}$. The load waveguides at the right and left ends of the cavity can be different from each other.

Gain and losses in the system are included via the polarization amplitude $\mathbf{P}$ and $\gamma$ in (4) that describes the TD evolution, and not via the $\mathbf{M}$ and $\tilde{\mathbf{M}}$ matrices in (3) and (4). The per unit length loss parameter $\gamma$ in (4) is a 2x2 matrix given by

$$\gamma = \begin{bmatrix} \gamma & 0 \\ 0 & \gamma \end{bmatrix}, \tag{A8}$$

where $\gamma$ has the unit of Siemens/m and represents per-unit-length loss in the coupled waveguides. In a transmission line formalism, each parameter $\gamma$ represents the per-unit-length shunt conductance. The gain media is represented by a four-level energy system as schematically shown in Fig. 4. The dynamics of the population densities of different energy levels are dictated by the nonlinear rate equations given below. In this regard, the population density of each level denoted as $N_j$ (with $j = 0, 1, 2, 3$ ) is space-and time dependent and given by [75,77,87]

$$\frac{\partial N_0(z,t)}{\partial t} = N_0(z,t) R_p - N_0(z,t),$$

$$\frac{\partial N_2(z,t)}{\partial t} = \frac{N_2(z,t)}{\tau_{12}} + \frac{1}{\hbar \omega_c} \left[ \mathbf{s} \mathbf{E}(z,t) \right]^T \frac{\partial \mathbf{P}(z,t)}{\partial t} - \frac{N_2(z,t)}{\tau_{12}},$$

$$\frac{\partial N_1(z,t)}{\partial t} = \frac{N_1(z,t)}{\tau_{10}} - \frac{1}{\hbar \omega_c} \left[ \mathbf{s} \mathbf{E}(z,t) \right]^T \frac{\partial \mathbf{P}(z,t)}{\partial t} - \frac{N_1(z,t)}{\tau_{10}},$$

$$\frac{\partial N_0(z,t)}{\partial t} = \frac{N_0(z,t)}{\tau_{10}} - N_0(z,t) R_p, \tag{A9}$$

where $T$ denotes matrix transpose and $\left[ \mathbf{s} \mathbf{E}(z,t) \right]^T \frac{\partial \mathbf{P}(z,t)}{\partial t} = \sum_{\mu} s_{\mu} E_{\mu} \frac{\partial P_{\mu}}{\partial t}$ and $\hbar$ is the reduced Planck’s constant. The sum of the population densities is also equal to the total active material doping density, $N_T = \sum_{j=0}^{3} N_j$. The waveguide and gain medium
physical parameters used in the examples in this paper are given in Appendix C.

**APPENDIX B: FDTD ALGORITHM FOR COUPLED WAVEGUIDE CAVITY WITH GAIN**

In this Appendix, we describe the FDTD algorithm used in this paper for the analysis of the coupled waveguide interacting with gain media featuring the space-time evolution of the waveguide electric and magnetic fields’ amplitudes

\[ E(z,t) = [E_1(z,t) \quad E_2(z,t)]^T \]

and

\[ H(z,t) = [H_1(z,t) \quad H_2(z,t)]^T. \]

We discretize the computational domain (time and space) based on the Yee algorithm \([72,73]\), in one dimension, such that the electric field amplitude is stored at integer node positions (in the z direction) while staggered by \(\Delta t/2\) in time, namely

\[ E_{i+1/2}^{n+1/2} = E(i\Delta z, n+1/2)\Delta t. \]

The magnetic field amplitude on the other hand is stored at integer times while staggered by \(\Delta z / 2\) in the z direction, i.e.,

\[ H_{i+1/2}^{n+1/2} = H([i+1/2]\Delta z, n+1)\Delta t. \]

The population density and polarization density amplitude vectors are also sampled at the same locations and times as the electric field amplitude. Using the central difference approximation, the time dependent differential equations in (4) and (5) are, respectively, written in the discrete form as

\[
E_{i+1/2}^{n+1/2} = -c\Delta t \left( \frac{Z_i}{Z_i} \right) \left( H_{i+1/2}^n - H_{i-1/2}^n / \Delta z \right) - c\Delta t \left( \frac{Z_i}{Z_i} \right) \left( \frac{P_{i+1/2}^{n+1/2} - P_{i-1/2}^{n+1/2}}{2} \right) + c\Delta t \left( \frac{Z_i}{Z_i} \right) \left( P_{i+1/2}^{n+1/2} - P_{i-1/2}^{n+1/2} / \Delta z \right)
\]

\[
H_{i+1/2}^{n+1/2} = -c\Delta t \left( \frac{Z_i}{Z_i} \right) \left( E_{i+1/2}^{n+1/2} - E_{i-1/2}^{n+1/2} / \Delta z \right)
\]

and

\[ P_{i+1/2}^{n+1/2} = \frac{2\Delta t}{2 + \Delta \omega_p \Delta t} [-\sigma_e \Delta N_{i+1/2}^{n+1/2} s E_{i+1/2}^{n+1/2} + (2/\Delta t^2 - \sigma_e^2) P_{i+1/2}^{n+1/2} + (\Delta \omega_p \Delta t - 2) / (2\Delta t^2) P_{i+1/2}^{n-3/2}], \]

Accordingly, the nonlinear rate equations for the four-level atomic system [given in (A9)] are also discretized as

\[ N_{i+1/2}^{n+1/2} = B_3 \left[ 2R_p N_{i+1/2}^{n+1/2} + A_3 N_{i+1/2}^{n+1/2} \right] \]

\[ N_{i+1/2}^{n+1/2} = B_2 \left[ (N_{i+1/2}^{n+1/2} + N_{i+1/2}^{n-1/2}) / \tau_{g2} + N_{i+1/2}^{n-1/2} + \sqrt{E_{i+1/2}^{n+1/2} + E_{i+1/2}^{n-1/2}} \left( \frac{P_{i+1/2}^{n+1/2} - P_{i+1/2}^{n-1/2}}{\hbar \omega_p \Delta t} \right) \right] \]

\[ N_{i+1/2}^{n+1/2} = B_1 \left[ (N_{i+1/2}^{n+1/2} + N_{i+1/2}^{n-1/2}) / \tau_{g1} + A_1 N_{i+1/2}^{n-1/2} - \sqrt{E_{i+1/2}^{n+1/2} + E_{i+1/2}^{n-1/2}} \left( \frac{P_{i+1/2}^{n+1/2} - P_{i+1/2}^{n-1/2}}{\hbar \omega_p \Delta t} \right) \right] \]

\[ N_{i+1/2}^{n+1/2} = \zeta \left[ (N_{i+1/2}^{n+1/2} + N_{i+1/2}^{n-1/2}) / \tau_{10} + N_{i+1/2}^{n-1/2} (2 - \Delta R_p) / \Delta t \right] \]

where

\[ \zeta = \frac{\Delta t}{2 + \Delta t R_p}; \quad A_m = \left( \frac{2R_{m,m-1} - \Delta t}{(\Delta t R_{m,m-1})} \right); \]

\[ B_m = \frac{\tau_{m,m-1} - \Delta t}{2R_{m,m-1} - \Delta t}; \quad m = 1, 2, 3 \]

Explicit equations (B1)-(B3) compose the complete FDTD update equations for a coupled waveguide with an optically pumped four-level gain medium. The computation is a three-step recursive process: (i) the polarization density amplitude vector is calculated through (B2), (ii) the electric and magnetic field amplitudes are calculated using (B1), and (iii) the population density at each energy level is then calculated from (B3). This three-step recursive process is repeated until the end of the simulation time.

**APPENDIX C: PARAMETERS OF COUPLED WAVEGUIDES AND GAIN MEDIA**

The periodic waveguide has been developed to have a DBE at frequency \( f_d = \omega_d / (2\pi) = 193.5 \text{ THz} \) (i.e., free-space wavelength \( \lambda_d = 1550 \text{ nm} \)), which coincides with the dipolar emission frequency of the active material in WG2 \( f_e = 193.5 \text{THz} \). The other periodic coupled waveguide used for comparison throughout the paper is developed to have an RBE at the same frequency. Throughout the paper, we have assumed that the gain medium is present only in WG2 and only the field in WG2 interacts with the gain medium. Therefore, the matrix \( \mathbf{s} \) in (4) and (7) is taken as

\[
\mathbf{s} = \begin{pmatrix} 0 & 0 \\ 0 & 1 \end{pmatrix}.
\]

The unit cell in the periodic structure in Figs. 1, 3 and 13 is made of two segments. The characteristic impedance matrix \( \mathbf{Z} \) and refractive index matrix \( \mathbf{n} \) of the first (uncoupled) segment, and the second (coupled) segment (see Figs. 1 and 13) of the constitutive lossless coupled waveguides with DBE and RBE are, respectively, given in Tables C1 and CII. These parameters can be realized using Silicon ridge waveguides \([88,89]\) using the geometry in Fig. C1. The
As an illustrative example, just to prove the proposed DBE laser concepts, the lengths of the uncoupled and the coupled sections (Fig. 1) are $d_1/2 = 2d_2 = 0.096\mu m$. The DBE and RBE laser cavities are here composed of 20 unit cells with period of $d = d_1 + d_2 = 0.24\mu m$ and have a total length of $L = 4.8\mu m$. In our examples, we have taken the parameters in Tables CI-CIII to model Silicon ridge waveguides on a SiO2 substrate (as depicted schematically in Fig. 1(a) as well as in Ref. [78]). The cross-section of each uncoupled waveguide is shown in Fig. C1(a) and is composed of a Silicon rectangular ridge of width w and height h, while the coupled waveguides' cross-section is shown in Fig. C1(b) and is composed of two identical Silicon rectangular ridges in proximity, with lateral gap spacing of g. For example, in the DBE coupled waveguide geometry, the two uncoupled waveguides are identical with $w = 520 nm$ and $h = 400 nm$; moreover, the coupled waveguides are also identical and their parameters are $w = 800 nm$, $h = 400 nm$, and $g=250 nm$. The corresponding parameters in Tables C1-CIII are then obtained based on full-wave simulations of the coupled Silicon ridge waveguides, from which the effective refractive indices as well as the characteristic impedances are extracted (full-wave simulations were carried out using CST Microwave Studio, frequency domain solver based on the finite element method).

The left and right mirror power reflectivities associated to the loading waveguides at the two ends of the cavity (Fig. 13) are calculated as follows. We consider the impedances of the loads WG1 and WG2 (i.e., $Z_{11}^l$ and $Z_{12}^l$ at the right end of the cavity, and $Z_{11}^c$ and $Z_{12}^c$ at the left end of the cavity) and the characteristic impedance entries of the first and last segments of the two waveguides upon which the cavity is terminated (i.e., $Z_{11}^c$ and $Z_{22}^c$ for the coupled segment and $Z_{11}^u$ and $Z_{22}^u$ for the uncoupled one). The superscript c and u denote the coupled and uncoupled segments respectively, while r and l denote right and left ends of the cavity respectively. Accordingly, we define the four mirror power reflectivity terms as

$$R_1^r = \frac{Z_{11}^r - Z_{11}^l}{Z_{11}^r + Z_{11}^l}, \quad R_2^r = \frac{Z_{12}^r - Z_{22}^l}{Z_{12}^r + Z_{22}^l},$$

$$R_1^l = \frac{Z_{11}^l - Z_{11}^u}{Z_{11}^l + Z_{11}^u}, \quad R_2^l = \frac{Z_{12}^l - Z_{22}^u}{Z_{12}^l + Z_{22}^u},$$

where $R_1^r$ and $R_2^r$ are the power reflectivity of the WG1 and WG2 respectively, at the right end of the cavity, whereas $R_1^l$ and $R_2^l$ are the power reflectivity of the WG1 and WG2 respectively, at the left end of the cavity.

In all the cases reported in this paper (except for those in Fig. 17), the characteristic impedances of the coupled and uncoupled waveguides and load impedances for the DBE, RBE, and uniform FPCs (see Fig. 13) are reported in Tables CI through CIII. Therefore, the power reflectivity can be readily calculated from (C2) for each of the each FPC. Moreover, the load waveguides of WG1 and WG2 are different from each other; while the right and left load impedances are equal for WG1 as well as for WG2 (in other words $Z_{11}^l = Z_{11}^u$ and $Z_{12}^l = Z_{12}^u$) and such differences are used to tailor the quality factor and threshold of the three kind of laser cavities and for comparison purposes. Note that the uniform FPCs is symmetric from both right and left ends therefore we have $R_1^r = R_2^r$ and $R_1^l = R_2^l$.

Only for the results presented in Fig. 17 the mirror reflectivity is varied in the DBE cavity, as well as for the uniform laser cavity, contrary to those in Table CIII. To produce the results in Fig. 17, load impedances for WG1 and WG2, for both left and right ends of the cavities, are chosen such that the reflectivity of all mirrors is the same. In other words, for Fig. 17 we choose $R_1^r = R_1^l = R_2^r = R_2^l$, for both cases of DBE and uniform FPC laser cavities which is then varied and the corresponding lasing threshold is plotted for both cases in Fig. 17. Note that the mirror reflectivity values considered in this paper can be readily realized using Silicon ridge waveguides [88,89].

**TABLE CI.** The self and mutual effective refractive indices of the coupled and uncoupled sections of the waveguide forming the DBE and the RBE. We report also the coupled waveguides parameters for the uniform cavity.

<table>
<thead>
<tr>
<th></th>
<th>Uncoupled section</th>
<th>Coupled section</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$n_{11}$</td>
<td>$n_{32}$</td>
</tr>
<tr>
<td>DBE</td>
<td>2.81</td>
<td>2.81</td>
</tr>
<tr>
<td>RBE</td>
<td>2.2</td>
<td>2.98</td>
</tr>
<tr>
<td>Uniform</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>
TABLE CII. The self and mutual characteristic impedances for the coupled and uncoupled sections of the coupled waveguide with DBE and RBE, and for the uniform waveguide.

<table>
<thead>
<tr>
<th></th>
<th>Uncoupled section</th>
<th>Coupled section</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$Z''_1$ ($\Omega$)</td>
<td>$Z''_2$ ($\Omega$)</td>
</tr>
<tr>
<td>DBE</td>
<td>159</td>
<td>108</td>
</tr>
<tr>
<td>RBE</td>
<td>159</td>
<td>108</td>
</tr>
<tr>
<td>Uniform</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

TABLE CIII. Characteristic impedances of the output WG1 and WG2 coupled to the laser cavities with DBE, RBE and uniform one; both right and left ends of the cavity are assumed to be have equal load impedances in all cases of the paper, except for the results in Fig. 17.

<table>
<thead>
<tr>
<th></th>
<th>Load waveguides impedance</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$Z''<em>{l1} = Z''</em>{l1}$ (k$\Omega$)</td>
</tr>
<tr>
<td>DBE</td>
<td>5</td>
</tr>
<tr>
<td>RBE</td>
<td>12</td>
</tr>
<tr>
<td>Uniform</td>
<td>375</td>
</tr>
</tbody>
</table>

The gain is provided by having optically-pumped active atoms (e.g., here Er$^{3+}$ as described in [70]) doped in the WG2 cavity segment of the coupled waveguide. The photon lifetime of the transitions between the energy levels in the Er$^{3+}$ (see Fig. 4) are $\tau_{10} = 0.1$ ps, $\tau_{21} = 300$ ps and $\tau_{32} = 0.1$ ps [51]. The emission frequency and gain bandwidth are also $f_e = 193.5$ THz and $\Delta f_e = 5$ THz, respectively, and the initial ground-state electron density in the WG2 material is $N_0 = 5 \times 10^{23}$ m$^{-3}$ [83]. These gain medium parameters are assumed to be constant and independent of lasing process.

In our FDTD simulations, we choose the space discretization step of $\Delta z = 5.99$ nm and the time discretization step is set to be $\Delta t = 3.176 \times 10^{-6}$ ps, which is sufficiently small to have a numerically stable FDTD algorithm. The oscillation process is also initiated by launching a short Gaussian pulse of peak amplitude 1V/m, full width at half maximum (FWHM) of $\Delta t \times 10^4$ (where $\Delta t$ is the FDTD grid interval in time), peak’s time of $1.3 \times$ FWHM and modulated at the DBE wavelength ($\lambda$=1550nm), into the cavity.

REFERENCES

VEYSI, OTHMAN, FIGOTIN, CAPOLINO: THEORY OF THE DBE LASER

UC IRVINE, AUGUST 2017


