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Current understanding of hypospadias: relevance of animal models

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Abstract | Hypospadias is a congenital abnormality of the penile urethra with an incidence of approximately 1:200–1:300 male births, which has doubled over the past three decades. The aetiology of the overwhelming majority of hypospadias remains unknown but appears to be a combination of genetic susceptibility and prenatal exposure to endocrine disruptors. Reliable animal models of hypospadias are required for better understanding of the mechanisms of normal penile urethral formation and hence hypospadias. Mice and/or rats are generally used for experimental modelling of hypospadias, however these do not fully reflect the human condition. To use these models successfully, researchers must understand the similarities and differences between mouse, rat and human penile anatomy as well as the normal morphogenetic mechanisms of penile development in these species. Despite some important differences, numerous features of animal and human hypospadias are shared: the prevalence of distal penile malformations; disruption of the urethral meatus; disruption of urethra-associated erectile bodies; and a common mechanism of impaired epithelial fusion events. Rat and mouse models of hypospadias are crucial to our understanding of hypospadias to ultimately reduce its incidence through better preventive strategies.

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Introduction

Hypospadias is the second most common congenital anomaly in boys, occurring in approximately 1:200–1:300 male births.¹ The incidence of hypospadias has doubled over the past 3 decades.² Treatment of hypospadias remains surgical, and multiple surgeries, especially for more severe forms of hypospadias, are often required to achieve functional and cosmetically acceptable outcomes.² Patients with severe hypospadias are at risk of complications leading to lifelong difficulties with urination and sexual function, and an increased risk of psychological problems. Thus, hypospadias is an important health issue, which can be a substantial burden on health-care resources. For most patients with hypospadias, the aetiology remains undefined. However, the leading hypothesis is that a combination of genetic susceptibility and environmental exposure to endocrine disruptors might cause this anomaly.⁴,⁵ Accordingly, if exposure to environmental agents linked to hypospadias is avoided, then the incidence of hypospadias might be reduced.⁶,⁷ Agents that have been implicated in the aetiology of hypospadias based upon epidemiological studies in humans and experimental animal studies include progestins, oestrogens, loratidine and various agents that produce an ‘androgen blockade’, including phthalates and anti-androgenic fungicides such as vinclozolin and procymidone.⁸⁻¹⁸ A persistent question exists concerning the relevance of animal models to human hypospadias.

Fundamentally, hypospadias is an arrest in normal penile development, which can be understood best in the context of normal penile morphology and development. Patients with hypospadias typically have disturbances in penile patterning and malformation and/or abnormal positioning of the urethral meatus,¹⁹ which might be situated distally on the glans, along the penile shaft, or in the scrotum or perineum (Figure 1). In patients with hypospadias, three related anomalies are typically observed: a urethral defect, a preputial defect and chordee (abnormal curvature of the penis). About 50% of patients with hypospadias have defects occurring at the glans–shaft junction or distally on the glans.²⁰ Occurrence of the urethral defect is associated with thinning and absence of, or abortive corpus spongiosum.¹⁹ Accordingly, the urethral defects associated with human hypospadias involve absence of the ventral urethral epithelium, corpus spongiosum and the ventral skin (Figure 2d–f).

A substantial amount of published research on hypospadias exists in both rats and mice. Each animal model has advantages and disadvantages, which will be discussed in detail. The aim of this Review is to define hypospadias in humans, rats and mice, and to discuss the similarities and differences between normal and abnormal development of external genitalia in these species.

Anatomy and development of the penis

Adult mouse, rat and human penile anatomy

The terminology describing the anatomy of the mouse and rat penis is quite different to that used to describe the human penis and must be understood to avoid confusion.
In all species, the external part of the penis projects from the body wall, and the internal part lies beneath the body surface contour. The internal portion of the human penis is comprised of the proximal attachments of erectile bodies. The external or pendulous portion of the human penis is called the shaft or body of the penis and contains the corporal body and corpus spongiosum, which surrounds the urethra (Figures 2a, b). The distal portion of the corpus spongiosum forms the glans, which is small in size relative to the shaft.11

The anatomy of the mouse penis is well described, particularly the specialized distal aspect of the glans, which is malformed in hypospadias.22 In both the mouse and rat the internal portion of the penis is called the body and contains attachments of erectile bodies to the pubic bones (Figure 2c). The external portion of the mouse penis, known as the glans, lies within the preputial space,22 and contains the os penis and the fibrocartilagenous male urogenital mating protuberance (MUMP) as well as several erectile bodies (the MUMP corpus cavernosa, corpus cavernosum glandis and the corpus cavernosum urethrae) (Figure 3).22 The murine glans penis is relatively long (in comparison to the human glans) with a proximal shaft and a specialized distal region homologous to the human glans penis (Figures 3, 4a and 5a–c [Au: Figures re-numbered to reflect order of appearance, OK?!]).22,23

Published research describing the anatomy of the rat penis is limited, and information regarding the patterning of individual elements comprising the specialized distal aspect of the glans and the urethral meatus is currently inadequate. However, the rat penis shares some features with that of the mouse. Both mouse and rat penises are housed within a voluminous preputial space whose walls form a prominent elevation in the perineum. However, wholemount photos demonstrate dramatic differences in the gross and microscopic anatomy of the rat versus the mouse penis (Figures 3 and 4). The skeletal elements of the rat penis (like that of the mouse) consist of a proximal os penis and a distal fibrocartilagenous element (the rat homologue of the mouse MUMP) (Figure 4d).24,25 In mice the fibrocartilagenous MUMP projects distally beyond the urethral meatus (Figure 3 and 4). By contrast, in the rat this fibrocartilagenous distal element lies proximally within the substance of the rat penis in association with the tubular urethra (Figures 4b, d, e). The rat glans contains a corpus cavernosum glandis (Figure 4d, e), but homologies with other mouse erectile bodies (such as the MUMP corpus cavernosa and the corpus cavernosum urethrae) are yet to be determined. Thus, the morphologic complexity of the distal aspect of the penile glans and associated urethral meatus is substantially different in rats versus mice, and is inadequately described in the rat. Evidence exists that hypospadias-inducing agents such as exogenous oestrogens or ‘androgen blockers’ not only affect the urethral meatus, but also profoundly affect the spatial patterning and differentiation of many of the internal penile structures in mice.23,26–28 Such inferences are inconclusive in the rat because current knowledge of normal rat penile morphology is inadequate.

**Normal development of the human penis**

The penis is a complex organ containing tissues derived from all three germ layers, which are organized in...
a spatially precise pattern (Figure 2a). According to common embryological theory, penile skin originates from the ectoderm, urethral epithelium is derived from endoderm, and most of the substance of the penis is derived from mesoderm, which forms the corporal bodies, vasculature, connective tissue and dermis.\textsuperscript{28} Human external genital development is initiated identically in males and females and results in the formation of three primordial peri-cloacal elevations, the midline genital tubercle and bilateral genital swellings. These undifferentiated structures in both male and female embryos constitute the ambisexual stage of genital development. The genital tubercle is the primordium of both the penis and clitoris. In males the genital swellings fuse to form the scrotum owing to the presence of fetal testicular androgens.\textsuperscript{30} At the same time as the male genital tubercle elongates to form the penis, a solid epithelial urethral plate grows distally into the glans and canalizes in a proximal to distal direction to form the urethral groove, which is bounded laterally by the urethral folds.\textsuperscript{31} The penile urethra forms as a result of subsequent midline fusion of the urethral folds (Figure 6). Evidence suggests that human hypospadias results from failure of formation or fusion of the urethral folds.\textsuperscript{1,31}

**Normal development of the mouse penis**

Development of external genitalia in mice, like that in humans, involves formation of the ambisexual genital tubercle containing a solid urethral plate. In humans, canalization of the urethral plate creates the urethral groove whose edges (urethral folds) subsequently fuse in the midline to form the penile urethra.\textsuperscript{31} The fusion of the urethral folds in humans during development is manifest in adulthood as a ventral penile raphe.\textsuperscript{21} By contrast, in mice the urethral plate appears to canalize directly to form most of the penile urethra.\textsuperscript{32–34} Nonetheless, a subtle ventral penile raphe is evident in the adult mouse penis (Figure 4a). Raphes are adult manifestations of fetal fusion events; however, the exact origin and importance of the mouse ventral penile raphe has yet to be explained. Postnatally, the mouse urethral meatus appears to develop via fusion events (Figures 7 and 8), similar to those observed in human penile development, with the exception that in the mouse the open distal groove and associated folds should be called the urethral-preputial groove and urethral-preputial folds since fusion of these folds completes development of both the distal urethra, urethral meatus and the prepuce. Thus, we believe that development of the mouse penile urethra occurs in two phases. Prenatally, the penile urethra develops within the genital tubercle, presumably via canalization of the urethral plate to form most of the penile urethra.\textsuperscript{35–38} Postnatally, the urethral meatus forms via fusion of elements that constitute the urethral meatus.\textsuperscript{35,36} This fusion process is inferred from raphes, midline clefts and processes that define the adult mouse urethral meatus (Figures 4a and 5a–c). These two mechanistic scenarios are not mutually exclusive. Both theories are supported by considerable evidence, but need to be viewed with the understanding that the mechanism of formation of the mouse urethra within the ‘penile shaft’ (which occurs prenatally) differs from formation of the urethral meatus (which occurs postnatally). Postnatal formation of the mouse urethral meatus appears to involve multiple epithelial fusion events and, therefore, differs substantially from prenatal urethral development within the shaft of the glans.\textsuperscript{35–38} In adulthood the mouse urethral meatus is located distally, where the MUMP joins the MUMP ridge (Figures 3 and 7a, b). Thus, the mouse urethral meatus forms postnatally via fusion of the MUMP with the MUMP ridge (Figures 5a, b).\textsuperscript{37} The MUMP is known to develop via fusion of bilateral rudiments,\textsuperscript{37} and the MUMP ridge has a prominent ventral cleft (Figure 5a), which suggests that the MUMP ridge is formed via fusion of bilateral halves. Critical examination of the MUMP ridge further reveals that it is composed of several processes separated by clefts at various positions around its circumference,
Normal development of the rat penis

Development of the rat penis, similar to that of the mouse, begins prenatally and is completed postnataally. By contrast, human penile development occurs exclusively during prenatal periods (complete by 20 weeks gestation), owing to the vast differences in the lengths of gestation in rodents versus humans. Prenatal development of the rat penile urethra occurs via extension of the cloacal lumen along the ventral surface of the genital tubercle to its distal tip, and thus prenatal rat penile urethral development appears not to involve canalization of the urethral plate to form an open urethral groove and subsequent fusion of the urethral folds. However, as in the mouse, postnatal fusion events are likely to be involved in the development of the rat urethral meatus. The prominent ventral penile raphe evident in adult rats (Figure 4b) could, therefore, be a manifestation of fusion events. The significance of the ventral penile raphe in rats and mice is unclear, but is presumably a manifestation of some type of developmental fusion event. The absence of studies on postnatal urethral development in the rat has impeded understanding of the mechanism of formation of the rat urethral meatus. Clearly, for both the rat and mouse, detailed descriptive studies on penile urethral development are required. Given the existence of vast differences between the rat and mouse in terms of both normal adult penile morphology (Figures 3 and 4) and hypospadias, substantial differences in penile morphogenesis are likely to exist in these species. Currently, data on differences in penile development between rats and mice are not sufficient to explain the differences in penile morphology and hypospadias observed in these species.

Mouse and rat hypospadias

Mouse and rat urethral hypospadias can be assessed using a variety of techniques: scanning electron microscopy, macro-photography, serial histological sectioning with or without three-dimensional reconstruction or optical projection tomography. Simple visual examination of adult penises of rats or mice with a dissecting microscope is sufficient to recognize abnormality (hypospadias) of the urethral meatus in fresh or fixed specimens (Figure 5), while other defects in penile morphologic patterning require histological

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**Figure 3** | Mid-sagittal haematoxylin–eosin stained sections of the adult mouse penis. The lower section depicts the glans penis within the proximal portion of the external prepuce and preputial space. Note the proximal attachment of the external prepuce to the penis indicated by the large solid arrows. In the upper section the external prepuce has been removed but large solid arrows indicate its proximal attachment. The junction between the body and the glans, which are situated internally and externally, respectively is indicated by the dashed line. Modified with permission obtained from the Society for the Study of Reproduction © Rodriguez et al. 2011.

**Figure 4** | Gross anatomy and histology of the mouse and rat penis. a | Ventral view of the adult mouse penis, note that the MUMP extends ~1 mm beyond the urethral meatus as well as the subtle ventral raphe. b | Ventral view of the adult rat penis, which is blunt distally, in part due to the internal localization of the fibrocartilagenous “MUMP”. Also note the prominent ventral raphe. c | Distal end-on view of the rat penis. Note the presence of several epithelial folds (red, white and green opposed arrowheads). The urethral meatus is indicated by (M). The circular process (long arrow) dorsal to the meatus may be the distal aspect of the “MUMP”. d,e | Histological haematoxylin–eosin stained sections of the adult rat penis showing the fibrocartilagenous “MUMP”, tubular urethra and corpus cavernosum glands. Positions of sections d | proximal and e | distal are indicated by the dots and the double-headed arrow in b. Abbreviation: CCG, corpus cavernosum glands; M, meatus; MUMP, male urogenital mating protuberance.
The definition of hypospadias. The diethylstilbestrol-treated mouse has a grossly abnormal urethral meatus, which is external prepuce (double headed arrows). Accordingly, the neonatally presence of a frenulum-like ventral tether attached to the inner surface of the MUMP ridge processes, grooves and ventral cleft are adult prominent deep grooves. The MUMP ridge is also split ventrally by a prominent MUMP , abnormal size and patterns of MUMP processes, perturbation of fusion MUMP ridge (white arrows), together comprise the Y-shaped urethral meatus. Striking disturbances in penile pattern include shortening of the MUMP ridge in turn is composed of several processes (1–4) separated by prominent deep grooves. The MUMP ridge is also split ventrally by a prominent cleft. d.e | 60-day-old mice treated with diethylstilbestrol (200 ng/g of body weight) from birth to day 10. These processes, grooves and ventral cleft are adult manifestations of a developmental process in which the urethral meatus formed as a result of multiple fusion events between the MUMP and the elements of the MUMP ridge. Striking disturbances in penile pattern include shortening of the MUMP abnormal size and patterns of MUMP processes, perturbation of fusion between individual MUMP ridge processes, absence of the ventral cleft and the presence of a frenulum-like ventral tether attached to the inner surface of the external prepuce (double headed arrows). Accordingly, the neonatally diethylstilbestrol-treated mouse has a grossly abnormal urethral meatus, which is the definition of hypospadias. f | End-on and g | side views of the penis of an adult aromatase-overexpressing mouse showing severe truncation of the MUMP and disturbance in the pattern of constituents of the urethral meatus.

Figure 5 | Scanning electron micrographs of penises from mice with postnatal diethylstilbestrol exposure. a.b,c | Untreated 60-day-old mice. The MUMP and the MUMP ridge (white arrows), together comprise the Y-shaped urethral meatus. a.d | Neutal DES | 60-day-old mice treated with diethylstilbestrol (200 ng/g of body weight) from birth to day 10. These processes, grooves and ventral cleft are adult manifestations of a developmental process in which the urethral meatus formed as a result of multiple fusion events between the MUMP and the elements of the MUMP ridge. Striking disturbances in penile pattern include shortening of the MUMP abnormal size and patterns of MUMP processes, perturbation of fusion between individual MUMP ridge processes, absence of the ventral cleft and the presence of a frenulum-like ventral tether attached to the inner surface of the external prepuce (double headed arrows). Accordingly, the neonatally diethylstilbestrol-treated mouse has a grossly abnormal urethral meatus, which is the definition of hypospadias. f | End-on and g | side views of the penis of an adult aromatase-overexpressing mouse showing severe truncation of the MUMP and disturbance in the pattern of constituents of the urethral meatus.
malformations having secondary effects on penile development (Supplementary Table 2). The report of adult hypospadias involving knockout of the androgen receptor co-chaperone protein (FKBP52) clearly shows a defective urethral meatus with developmental defects that are consistent with failure of epithelial fusion events.

Interpreting embryonic or neonatal genital tubercle or penile malformations is often difficult, and therefore the best time to diagnose mouse or rat hypospadias is puberty or thereafter (>30 days postnatal), although for the discerning investigator, teratogenic changes seen in the neonatal period can indicate the occurrence of hypospadias.38,45 Another critical point is that mouse urethral hypospadias typically involves distal defects affecting the urethral meatus and not mid-shaft malformations (Figure 5). The failure of epithelial fusion events appears to be one of the morphogenetic mechanisms common to mouse and human urethral hypospadias.1,2,27,35 Thus, while species differences exist in regard to normal penile anatomy, development and development of hypospadias, abnormalities in penile pattern, namely position and morphology of the urethral meatus owing to perturbation of growth, epithelial fusion and other developmental events involving the urethral plate are the essential features of both human and rodent urethral hypospadias.26,27,32 Mouse urethral hypospadias studies have utilized both prenatal and neonatal DES treatments, which elicit somewhat different malformations, but are both consistent with the designation, meatal hypospadias. Clearly, the severity of the malformation varies with the timing of DES treatment.26,27 Effects of prenatal or neonatal DES seen in adulthood include defects in the urethral meatus (Figures 5d and e), a defect in the corpus cavernosum

Figure 6 | Human penile urethral development. Transverse sections of the 12-week old human fetal penis showing a | the solid epithelial urethral plate (also depicted in diagrams d1 and d2), b | Canalized urethral plate and the urethral folds, c | Formation of the human urethra as a result of fusion of the urethral folds, d | Diagram depicting the solid urethral plate (d1–d2), an open urethral groove (d3), and fusion of the urethral folds (d4) and mesenchymal confluence across the midline, e | Diagram depicting proximal to distal fusion of the urethral groove and distal ‘retraction’ of the urethral plate, f | A photograph of a 12-week old human fetal penis. Note the open urethral groove (opposed arrows), and the position of the solid urethral plate (arrowhead). Adapted with permission obtained from Elsevier Ltd © Yamada et al. Differentiation 71, 445–460 (2003).
urethrae (the homologue of the human corpus spongiosum) (Figures 9a and b), and a defect in the ventral penile skin, manifested as a frenulum-like ventral tether (Figures 5d and e). In a general sense these features of mouse hypospadias have direct counterparts in human hypospadias (Figures 2d–f), and in both species involve malformation and malpositioning of the urethral meatus.20,26,27

Preputial hypospadias in humans, rats and mice is fundamentally a ventral defect in the prepuce (Supplementary Table 3). The human and mouse prepuce forms as a result of fusion of the preputial folds (urethral–preputial folds in the case of the mouse) (Figures 7 and 8). Accordingly mouse and human preputial hypospadias appears to result from failure of growth and/or fusion of the preputial folds. In adulthood, murine preputial hypospadias is easily recognized visually (Figures 9c and d).

A substantial amount of published research exists on rat hypospadias, especially in relation to various forms of ‘androgen blockade’. However, descriptions of rat hypospadias are generally inadequate and mostly reported as text only, with little detailed description of the nature of the defects. Published wholemount images depict massive ventral shaft openings in the rat urethra, indicating substantial perturbation of normal development.57 Given the inadequacy of description of adult rat penile anatomy and rat hypospadias, the paucity of studies on rat penile morphogenesis, and the complete absence on the morphogenetic mechanism(s) of rat hypospadias, future research efforts are required to capitalize on this potentially excellent animal model of hypospadias.

Experimental or spontaneous hypospadias in humans, rats and mice is associated with sex steroid hormone action and/or perturbation. Accordingly, the presence of androgen receptors within the developing penis is an important correlate with hypospadias elicited via perturbation of androgen action.23,38,52,58,59 Likewise, oestrogen induction of hypospadias is reinforced by the presence of oestrogen receptors α and β and aromatase in the developing rodent and human penises.10,23,28,38,60–64

Human studies
The case of ‘DES sons’ is particularly interesting. In a cohort study of 205 male infants exposed in utero to DES compared to 8,934 infants without DES exposure, the incidence of hypospadias was increased ~20-fold (prevalence ratio 21.3; 95% CI 6.5–70.1) in infants with in utero exposure to DES, although the absolute incidence of
hypospadias was limited to only four of the 205 boys with in utero exposure to DES. These findings suggest that induction of hypospadias in humans requires genetic susceptibility, as well as exposure to an eliciting agent such as DES. A lower than expected incidence of hypospadias was observed in boys with exposure to DES in utero, therefore, it seems unlikely that hypospadias will be a consistent finding in the small cohorts of humans with genetic disorders affecting sex steroid production or action. Although, in patients with autosomal recessive 5α-reductase deficiency the incidence of hypospadias is 100%. This latter finding emphasizes the risks associated with exposure to ‘antiandrogenic’ agents.

Studies from the past 10 years have better defined the genes associated with hypospadias. A genome-wide association study of pooled DNA samples from 436 individuals with hypospadias and 494 without revealed a strong association between two common variants of diacylglycerol kinase (DGKK; rs1934179 and rs7063116). However, the function of DGKK in urethral development remains unknown. An even larger genome-wide association study of >1,000 patients with hypospadias identified associations between a number of genes that are known to have key roles in embryonic development and hypospadias, including HOXA4, IRX5, IRX6 and EYA1. Gene array studies of human preputial tissue from patients with hypospadias have identified a number of genes with altered expression patterns compared to foreskin tissue from individuals without hypospadias, which might have a role in development of hypospadias. These genes include CYR61, CTGF, ATF3 and ZEB1, which are known to be responsive to oestrogen. Expression studies in human urethral tissue have shown that ZEB1 and ATF3 are especially promising candidates, owing to their known localization within the developing urethra. Conclusive data regarding protein expression and function in human tissue are currently limited to a possible association of hypospadias with ATF3 overexpression and ZEB1 mutations. A number of defects in single genes such as ATF3, CTGF, CYR61, ZEB1, EGF, WT1, SF1, BMP7, HOXA4, HOXB6, FGF8, FGF12, AR, HSD3B2, SRDS2 and MAMLD1 have been associated with hypospadias. Further genetic studies are required in order to fully understand the basis of genetic susceptibility to hypospadias.

Conclusions

To further the field of hypospadias research, and ultimately to prevent or reduce the occurrence of this serious congenital anomaly first requires well-defined and reproducible experimental animal models. Herein, we have defined hypospadias in mouse and rat models and documented numerous features that are analogous to human hypospadias as well as differences. Hopefully, future investigations will benefit from a more precise definition of mouse and rat hypospadias, making the ultimate goal of preventing this abnormality more obtainable. Currently, attempts to identify all the mutated genes that predispose to hypospadias, and the causative environmental agents that should be avoided during pregnancy are likely to have merely scratched the surface.

The development of reliable, relevant and adequately described animal models will enable a better understanding of the morphogenetic and molecular mechanisms of hypospadias. Following development of such models, strategies could be designed to better identify genetic susceptibilities and to prevent prenatal exposure to oestrogenic compounds and/or other toxic environmental agents.
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Author contributions
All authors researched data for the article and provided a substantial contribution to discussions of content. G.R.C., A.S., G.R., J.H. and L.S.B. all contributed equally to writing the article, and to reviewing and/or editing the manuscript before submission.