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Surviving in the Suburbs: Transit’s Untapped Frontier

BY ROBERT CERVERO

Living in suburbia, owning a house, and watching the kids play on a green lawn was the American dream as early as the 1800s. At first, mass transit was crucial to suburban life, with streetcars and rail lines providing access to new residential areas outside of cities. After World War II, as automobiles became even more popular and the pace of suburbanization accelerated, the American dream expanded to include two cars in every garage. For the mass transportation industry, this spelled disaster.

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From a height of 26 billion passengers in 1946, U.S. transit patronage fell for thirty years, reaching 8.8 billion in 1980. Through the 1980s, the total number of riders remained the same, but those numbers represented a smaller and smaller fraction of commute trips, from 6.4 percent in 1980 to 5.3 percent in 1990. Most suburban commuters do not use mass transit. In 1980, only 1.6 percent of suburban workers used it to go to work, and that percentage, analysts agree, has likely fallen.

Deterrents and Opportunities

Transit’s falling fortunes in suburbia are an outcome of many factors. Traditional route services radially linked to central business districts (CBD) are ill-suited for low access/suburb-to-suburb journeys, the most rapidly growing travel market. Also, most built environments in the suburbs are not conducive to transit riding. Low employment densities and the prevalence of abundant, free parking at most suburban workplaces induce reliance on solo-commute. A recent survey of over 300 office workers whose jobs were relocated from downtown San Francisco to the Bishop Ranch Office Park found that transit’s market share plummeted from 58 percent prior to the move to only 3 percent after the move.

Demographics and institutions also work against transit in suburbia. Suburban residents and workers tend to be more affluent and own more cars than their central city counterparts. Suburbs also produce high rates of off-peak and weekend travel, periods when bus headways tend to be longest. Service coordination is also sometimes hampered by the multitude of competing suburban jurisdictions. In the San Francisco area, for instance, some 23 separate transit agencies operate bus services outside of central cities.

Against these deterrents several trends could work in transit’s favor over time. As they mature, many suburban centers are evolving into relatively dense, mixed-use concentrations, variously referred to as transit-oriented developments (TOD), neo-traditional developments, and, at a larger scale, edge cities. Such hubs could form the building blocks for truly integrated regional transit networks. Increasingly, moreover, suburban centers become home to the elderly, ethnic minorities, and new immigrants to the U.S.—group that have historically been transit-dependent. Tight and expensive housing markets are also creating a demand for condominiums and apartments near rail stations in some suburban areas of the country. And clean air requirements are forcing some non-attainment areas, like greater Los Angeles, to actively promote transit-oriented and infill development.

At the simplest level, two possible policy sets might respond to decentralized growth: (1) adapt land uses to make them more serviceable by transit—e.g., greater densities and mixtures of uses; and (2) adapt transit services, making them more flexible, demand-responsive, and suitable to serving dispersed origins and destinations. Possible policy sets might respond to decentralized growth: (1) adapt land uses to make them more serviceable by transit—e.g., greater densities and mixtures of uses; and (2) adapt transit services, making them more flexible, demand-responsive, and suitable to serving dispersed origins and destinations.

Land Use Initiatives

Transit works best when it connects relatively dense nodes along radial axes. Having mixtures of apartments/condos, office towers, and other mixed uses is also needed for balanced, two-way flows. Greater Stockholm and Toronto have such built environments, and operate world-class rail systems that handle upwards of three-quarters of all suburban work-trip origins and destinations.

Currently Bay Area Rapid Transit (BART) planners are working with local officials and developers to create transit-based communities near several suburban BART
### TABLE 1

**Changes in Transit Commuting Among Suburban Residents of Those Large MSAs Experiencing Absolute Growth in Suburban Transit Trips**

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Houston-Galveston</td>
<td>5,726</td>
<td>15,500</td>
<td>227.97</td>
<td>0.75</td>
<td>1.70</td>
<td>0.95</td>
</tr>
<tr>
<td>Orlando</td>
<td>2,836</td>
<td>3,006</td>
<td>76.52</td>
<td>1.01</td>
<td>1.12</td>
<td>0.11</td>
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<tr>
<td>Dallas-Fort Worth</td>
<td>6,088</td>
<td>10,611</td>
<td>74.29</td>
<td>0.76</td>
<td>0.87</td>
<td>0.11</td>
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<tr>
<td>San Diego</td>
<td>9,957</td>
<td>16,031</td>
<td>69.84</td>
<td>2.54</td>
<td>2.72</td>
<td>0.23</td>
</tr>
<tr>
<td>Washington, D.C.</td>
<td>128,974</td>
<td>191,943</td>
<td>48.82</td>
<td>10.61</td>
<td>10.62</td>
<td>-0.19</td>
</tr>
<tr>
<td>Miami-Fort Lauderdale</td>
<td>31,779</td>
<td>41,269</td>
<td>29.86</td>
<td>3.77</td>
<td>3.57</td>
<td>-0.20</td>
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<tr>
<td>Seattle-Everett</td>
<td>27,864</td>
<td>33,994</td>
<td>22.00</td>
<td>4.55</td>
<td>3.91</td>
<td>-0.64</td>
</tr>
<tr>
<td>Atlanta</td>
<td>30,921</td>
<td>35,303</td>
<td>17.59</td>
<td>3.97</td>
<td>2.79</td>
<td>-1.18</td>
</tr>
<tr>
<td>Houston-Lawrence</td>
<td>120,368</td>
<td>134,549</td>
<td>11.78</td>
<td>11.67</td>
<td>8.06</td>
<td>-3.61</td>
</tr>
<tr>
<td>Los Angeles-Anaheim</td>
<td>97,410</td>
<td>106,405</td>
<td>9.23</td>
<td>3.23</td>
<td>2.62</td>
<td>-0.61</td>
</tr>
<tr>
<td>San Francisco-Oakland-San Jose</td>
<td>112,669</td>
<td>121,416</td>
<td>7.94</td>
<td>7.23</td>
<td>6.31</td>
<td>-0.92</td>
</tr>
<tr>
<td>Sacramento</td>
<td>9,243</td>
<td>10,070</td>
<td>6.79</td>
<td>3.07</td>
<td>2.03</td>
<td>-1.04</td>
</tr>
</tbody>
</table>

Among the 50 largest MSAs studied, only the 12 shown here registered absolute increases in transit work trips by suburban residents during the 1980s. Except for greater Boston, all of the MSAs are in the sunbelt or on the West Coast.

Houston's suburban transit ridership increased the most in relative terms, perhaps due in part to the phase-in of the nation's most extensive HOV/Transway facility during the 1980s. Still, transit made up less than two percent of all work trips made by Houston suburbanites in 1990, and Houston's total number of suburban transit trips was similar to Portland, Oregon's (whose suburbs have only one-half the population of Houston's).

Greater Washington, D.C., witnessed the largest gain in the absolute number of suburban commuter trips made by transit, largely due to healthy ridership gains in suburban Maryland, notably around suburbs near the Metrorail's Red Line.

Two-thirds of the cities with absolute increases in transit work trips by suburban residents nonetheless saw transit's market share slide during the 1980s.

### FIGURE 1

**Percentage Changes in Suburban Population, Employment, and Modal Shares, Large MSAs from 1980-1990**

- **Population**
  - 50% increase

- **Employment**
  - 49.2% increase

- **Drive-Away Share**
  - 9.2%

- **Transit Share**
  - -0.6%

**Percentage Change**
stations. Several plans call for converting portions of park-and-ride lots to housing projects, using lease revenues to help finance replacement parking structures. Besides boring ridership, planners hope the new communities will allow riders to walk or bike to station, yielding important air-quality benefits. Short auto trips to rail stations emit levels of pollutants because of cold start impacts. For those who live farther than one-quarter mile away, electric vehicles might be promoted for accessing transit stations. Such a scenario is not far-fetched in California given that state law mandates that at least 10 percent of new car sales ten years from now be zero-emission vehicles.

Several recent studies found a strong association between transit use and such factors as density, physical design, and proximity to transit stops in suburban settings. In the Bay Area, residents of traditional, pre-World War II neighborhoods (with mixed use moderate-to-high residential densities, and grid streets) traveled by transit 22 percent more than those residing in 1960s style suburban tract developments. Similar differences were found in the share of walking trips.

The Washington, D.C. region provides the best evidence in the U.S. of how transit-oriented development and high-quality mass transit services can shape travel choices. Montgomery County, Maryland study found that workers from "transit and pedestrian friendly neighborhoods" use transit 8 percent to 45 percent more often than workers for neighborhoods conducive to automobile use (e.g., with curvilinear roads and no retail shops). All neighborhoods in the study were about the same distance away from transit facilities.

Another comparison showed that workers in heavy business districts are more likely to use mass transit than those who work in smaller business areas. Among workers with similar incomes, 55 percent of those working in downtown Washington commute by mass transit, compared to 15 percent of those working in a suburban downtown (Bethesda) and only 2 percent of those working in a suburban office campus (Rock Springs Park). In suburban Virginia, between 50 percent and 70 percent of residents living within one-quarter mile of Metrorail stations ride transit to work, reflecting high shares of government workers heading into the nation's capital each morning. For those who live near rail stations but work outside the District, transit modal splits are under 10 percent.

**Redesigning Mass Transit Services**

Although land-use strategies might encourage some transit-oriented development, for the most part American suburbs will continue to spread out and auto-oriented. Thus another strategy is to adapt transit to this landscape by making it more flexible, interconnected, and ubiquitous—in short, more auto-like. Similar to telephone networks, for transit to survive in suburbia, it must cast a larger net to allow more patrons to get anywhere to everywhere. Thus another strategy is to adapt transit to this landscape by making it more flexible, interconnected, and ubiquitous—in short, more auto-like. Similar to telephone networks, for transit to survive in suburbia, it must cast a larger net to allow more patrons to get from anywhere to everywhere.

One option is to reconfigure routes from radial (downtown-oriented) to grid (multi-destinational) structures. AC Transit serving the Oakland–East Bay area has begun phasing in such a system with good results to date. AC Transit's ridership began falling in the mid-eighties as more and more jobs were locating in suburban areas away from its traditional routes. AC planners began phasing in the multi-destinational network in early 1989. Table 2 shows that ridership has risen noticeably in the two subdistricts where grid-like, interconnected services have been introduced. On the other hand, patronage in the rest of AC's service area where traditional radial services remain has continued to fall off.
Timed-transfer networks, wherein buses operate in sync to allow easy transfers at suburban transit centers, were first introduced in Edmonton and Calgary in the 1970s and have since caught on in a number of U.S. cities. With multi-centered transit networks, buses can better serve suburb-to-suburb trips. Tidewater, Virginia converted over to a timed-transfer network in 1991. Although ridership has fallen some because of the local recession, patronage has increased at the four largest employment centers in Virginia Beach. A recent survey revealed that three-quarters of Tidewater Transit’s customers prefer timed-transfers to previous services.

Bellevue is the major suburban hub on Seattle Metro’s regional timed-transfer network. With seventeen Metro routes converging on Bellevue’s transit center on regular 15 to 30 minute intervals, transit has attracted about 10 percent of work trips to central Bellevue, a share unmatched in U.S. suburbs not served by rail transit. Bellevue’s parking supply caps have also had a hand in transit’s success.

Dedicated busways and high-occupancy-vehicle (HOV) facilities improve suburban services because, unlike rail systems, vehicles can leave guideways and filter into low-density neighborhoods, reducing the need for the dreaded transfer. Ottawa’s 30-kilometer busway captures as many as one-third of all trips to several large shopping plazas and work centers outside the core. Houston is building what is being touted as the world’s largest transitway system (95 miles in length by 1995), a seemingly perfect technology for a region that is spread out but features two dozen or more large-scale activity centers. Despite strong economic growth over the past few years, Houston’s average freeway speeds and transit patronage have increased faster, and arterial congestion levels have fallen more than any large U.S. city over the past five years.

A variation of transitways is tracked-guided buses, or O-Bahns, introduced with some success in Essen, Germany and Adelaide, Australia. In these places, buses operate like electrified trains on the line-haul segments of trips and like diesel coaches on the feeder ends. Such technologies provide obvious flexibility advantages for intrasuburban trip-making.

Paratransit services, like jitneys, shared-ride taxis, and minibuses, are well suited to suburbia because of their curb-to-curb features. One promising marriage is paratransit and AVL (automated vehicle location) technologies. Satellite vehicle tracking systems enable vehicles equipped with sensors to be located and promptly dispatched to customers so as to minimize waits, detours, and deadheading. In Germany, AVL-aided paratransit services flourish in many suburban areas. There, an assortment of microbuses, minibuses, and maxibuses with sensors mounted on engine blocks are in continual contact with central computers that optimize dispatching and routing of vehicles to handle transit services flourish in many suburban areas. There, an assortment of microbuses, minibuses, and maxibuses with sensors mounted on engine blocks are in continual contact with central computers that optimize dispatching and routing of vehicles to handle ride requests. Average passenger waiting times of seven minutes have been reported, and most paratransit operators are recovering 80 percent of full costs through the farebox, two to three times more than most U.S. suburban transit services.

Back to the Future

Fixed-route, fixed-schedule transit services can no longer effectively compete with the private auto in suburbia. Recent census statistics reveal that transit’s market shares are rapidly eroding nearly everywhere. Major policy reforms are needed. We are well advised to borrow from yesteryear as we plan for the future. Early streetcar suburbs were successful in part because private entrepreneurs were allowed to link transit.
investments and land development, producing moderately dense, mixed-use land terms. Well over half of suburban rail services in greater Tokyo are privately built by large consortia that link transit investments to new town development. In many U.S. cities, transit also thrived throughout the 20th century but were later regulated out of existence at the urging of taxi operators. Given the freedom to operate, door-to-door van and jitney services, bus to regional airport shuttles, would likely emerge in many suburban settings, taking market niches like suburban malls and office complexes, regional sports and recreational theme parks.

We have tried the model of publicly led transit and privately led land development over the past 50 years with disappointing results. We should encourage developers to incorporate transit and real estate projects just as they are currently doing through tollways throughout California and other states—hopefully creating more transit-oriented communities in the process.

While the private sector is probably best suited to responding to the needs of suburban travelers, there will always be an important role for the public sector as well—as assembling rights-of-way for dedicated busways, providing startup funds for implementing satellite-based vehicle tracking and dispatching systems, and zoning for more high density housing around major transit stops. In combination, profit-seeking entrepreneurs and community-minded governments are in a position to create the kind of transit services and built environments that within a decade could allow transit to compete successfully in suburbia with the automobile.

REFERENCES


Pehr & Pairs Associates, Metropolitan Transportation Commission Bay Area Trip Rate Survey Analysis, Oakland, California, 1992.
