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Phase II Study of the AKT Inhibitor MK-2206 plus Erlotinib in Patients with Advanced Non–Small Cell Lung Cancer Who Previously Progressed on Erlotinib

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Abstract

Purpose: Preclinical modeling in non–small cell lung cancer (NSCLC) showed that stimulation with hepatocyte growth factor (HGF), the ligand for MET, could reverse the cytostatic and cytotoxic effects of the EGFR inhibitor erlotinib in erlotinib-sensitive cell lines. Inhibitors of AKT signaling mitigated this HGF-mediated resistance, partially restoring erlotinib activity. We conducted a phase II trial of erlotinib plus MK-2206, a highly selective inhibitor of AKT, in NSCLC patients.

Experimental Design: Eligible patients must have progressed following prior benefit from erlotinib, defined as response or stable disease >12 weeks. Treatment consisted of erlotinib 150 mg orally every day + MK-2206 45 mg orally every alternate day on a 28-day cycle. Primary endpoints were RECIST response rate >30% (stratum 1: EGFR mutant) and disease control rate (DCR) >20% at 12 weeks (stratum 2: EGFR wild-type).

Results: Eighty patients were enrolled, 45 and 35 in stratum 1 and 2, respectively. Most common attributable adverse events (all grade 3) were rash, diarrhea, fatigue, and mucositis. Response and DCR were, respectively, 9% and 40% in stratum 1; 3% and 47% in stratum 2. Median progression-free survival was 4.4 months in stratum 1 and 4.6 months in stratum 2.

Conclusions: Combination MK-2206 and erlotinib met its primary endpoint in erlotinib-pretreated patients with EGFR wild-type NSCLC. Although activity was seen in EGFR-mutated NSCLC, this did not exceed a priori estimates. AKT pathway inhibition merits further clinical evaluation in EGFR wild-type NSCLC. Clin Cancer Res; 21(19); 4321–6. ©2015 AACR.

Introduction

Non–small cell lung cancer (NSCLC) is the most common cause of cancer-related death in the United States. Most patients present with advanced stage disease at the time of initial diagnosis and are therefore incurable, accounting for the high mortality rate. In the past, patients with metastatic NSCLC were often treated with platinum-based chemotherapy which had previously been shown to improve survival and quality of life (1). More recently, activating mutations in the epidermal growth factor receptor’s (EGFR) tyrosine kinase domain, seen in approximately 10% to 15% of lung adenocarcinomas in the United States, have been associated with remarkable responses to EGFR tyrosine kinase inhibitors such as erlotinib (2). Unfortunately and inevitably, these oncogene-addicted tumors subsequently develop resistance to EGFR TKIs due to various mechanisms, including emergence of resistance mutations (such as T790M in about 50% of cases) and increased signal transduction through complementary pathways. In the latter case, upregulation of AKT activity through alternative kinase activation (such as Met), may account for a substantial proportion of the resistant population (3). The addition of an AKT inhibitor to erlotinib in patients who initially responded to erlotinib but have acquired resistance may be of significant clinical benefit, provided it can be safely administered.

MK-2206 is a potent allosteric inhibitor of AKT with anti-proliferative activity alone and in combination with other agents in human cancer cell lines, including breast, ovarian, lung, and prostate cancer (4–6). In addition, MK-2206 has been shown to have synergistic antitumor activity when combined with erlotinib, docetaxel, and carboplatin in vivo in various human tumor xenograft models. In vitro investigations in NSCLC cell lines showed that in some erlotinib-sensitive cell lines (whether EGFR mutated or not), stimulation with hepatocyte growth factor (HGF), the ligand for MET, reverses the cytotoxic and cytostatic effects of erlotinib treatment (7). AKT inhibition with MK-2206 overcame HGF-mediated resistance to erlotinib, partially restoring erlotinib activity. In addition,
significant elevation of HGF plasma levels was observed in patients who progressed on erlotinib therapy, suggesting that peripheral plasma concentrations may be an indicator of, or a contributing factor to, erlotinib resistance in patients with WT-EGFR.

A phase I trial of erlotinib + MK-2206 had previously been reported, showing that the combination was feasible and tolerable (8). Both every-alternate-day and once-weekly dosing schedules of MK-2206 were evaluated in that trial. MK-2206 at 45 mg every alternate day and erlotinib at 150 mg daily appeared to be reasonably well tolerated and was the dose schedule selected for this current study.

**Patients and Methods**

**Eligibility criteria**

Institutional Review Boards at each study center approved the trial, and all patients provided written informed consent. Eligible patients were required to have histologically or cytologically confirmed NSCLC of any histologic subtype and progressive disease following prior benefit (response or stable disease) to EGFR-TKI therapy (erlotinib) administered either as a single agent or in combination with other agents for at least 12 weeks before progression. Patients may have received intervening systemic therapy after initial erlotinib progression. Patients must also have documentation of radiographic progression within the preceding 3 months before study entry. Any number of prior chemotherapy regimens was allowed. A Karnofsky Performance Status of at least 60% was required. Patients must have acceptable hepatic, renal, and bone marrow function and were required to provide signed written informed consent document. Patients with asymptomatic controlled or treated (e.g., with radiation and/or surgery) brain metastases were eligible as long as corticosteroids given expressly for brain metastases have been stopped for at least 14 days. Patients with history of allergic reactions attributed to compounds of similar chemical or biologic composition to MK-2206 or erlotinib were excluded (Clinical Trials.gov registration: NCT01294306).

**Study design and treatment plan**

This was a stratified phase II trial of MK-2206 plus erlotinib in previously erlotinib-treated metastatic NSCLC patients. Patients received erlotinib at 150 mg orally once daily plus MK-2206 at 200 mg orally every week with a cycle length of 28 days. Patients were stratified into two groups: STRATUM 1—those whose tumors have EGFR activating mutations (in exons 19 and 21); and STRATUM 2—those whose tumors are EGFR wild-type.

Patients developing a rash no worse than grade 2 were managed at the discretion of the treating physician. Grade 3 or higher rash required a dose reduction. Patients with grade 3 or worse diarrhea occurring despite the optimal use of loperamide required a dose reduction. Patients developing grade 2 keratitis required a dose interruption until resolution or amelioration of findings to ≤ grade 1 and then could be retreated at the discretion of the physician with a dose reduction. For grade 2 medically concerning non-hematological toxicity (e.g., prolonged cardiac, pulmonary, or neurotoxicity), treatment was held until resolution to ≤ grade 1 and will be re instituted with a dose reduction. For other forms of toxicities of grade 3 or higher (with the exception of alopecia), treatment was held until toxicity resolved to grade 1 or less; treatment was then be resumed with a dose reduction. No dose re-escalations were permitted.

**Statistical considerations**

The primary objective for this phase II trial was to determine the efficacy of MK-2206 and erlotinib in combination in two different patient strata: those with EGFR-mutated tumors and those with EGFR wild-type tumors. Secondary objectives included progression-free survival and safety.

Enrollment to stratum 1 was done in two stages. In the first stage, 21 patients in stratum 1 were to be treated. If one or fewer exhibited a RECIST objective response, enrollment to this stratum was to be closed. If 2 or more patients had an objective response, the study was to continue enrollment to the final sample size of 41 subjects. If 5 or more of the 41 patients responded, the trial was to be regarded as indicating adequate activity in tumors with EGFR-mutations, providing other factors, such as toxicity and time to progression, also appear favorable. The probability of indicating activity by this criterion was no more than 0.05 if the underlying response rate was 5%, and it was at least 0.90 if the underlying response rate was 20%.

Enrollment to stratum 2 was also done in two stages. In the first stage, 21 patients in stratum 2 were to be treated. If one or fewer exhibit disease control (DC) at 12 weeks, enrollment to this stratum was to be closed. If 2 or more patients had DC at 12 weeks, the study was to continue enrollment to the final sample size of 41 subjects. If 5 or more of the 41 patients had DC at 12 weeks, the trial was to be regarded as indicating adequate activity in tumors with wild-type EGFR, providing other factors, such as toxicity and time to progression, also appear favorable. Similar to stratum 1, the probability of indicating activity by this criterion was no more than 0.05 if the underlying DC rate was 5%, and it was at least 0.90 if the underlying rate was 20%.

**Study conduct**

The two-stage design was applied independently to the two strata. EGFR mutational status was not initially required at the
start of the study; however, this was required to be ascertained within 6 weeks of enrolment so that patients can be allocated to their appropriate stratum for subsequent analysis. To avoid interrupting accrual while endpoints were being evaluated at the first stage, over-enrollment of up to 5 extra patients on the first stages was allowed. If a second favorable outcome occurred among these additional patients, the stratum was allowed to continue accrual past the first stage (type I error rate was maintained at 0.050). In the event that one stratum closed while the other was accruing, knowledge of EGFR mutation status was then required to be established before registration. This was allowed to occur at the first stage, or at the end of the study.

By March 2013, the criterion for the regimen promising in the stratum 2 was exceeded by a wide margin, with 13 of 32 subjects enrolled in the stratum exhibiting DC at 12 weeks, and 7 with DC at 24 weeks. The lower end of an exact 95% confidence intervals for the probability of DC at 12 weeks was 24%, which was above the 20% rate that was regarded as promising when establishing the two-stage design. The 2.5th percentile of the posterior distribution using a flat prior was 26%, also well above the target. At this point, permission to close the trial was granted by the trial sponsor NCI-CTEP. By the time the trial officially closed in April 2013, 36 patients had been enrolled in this stratum.

Results

Patient demographics

Patient characteristics are summarized in Table 1. A total of 80 patients were enrolled in the trial. Forty-five patients were enrolled in stratum 1, whereas 35 patients were in stratum 2. Median age was 64 years, while the majority of patients were female. Approximately 80% of patients in both strata had adenocarcinoma histology. Sixty-three patients (79%) had prior cytotoxic chemotherapy. Erlotinib was the immediate prior therapy for 55% and 60% of patients, respectively. The median prior number of radiation therapies for stratum 1 was 2 (range 1–8) and for stratum 2, the median was 3 (range 1–8). EGFR mutational status was as follows: del 19 (27 patients), L858R (11 patients), and Exon 8 (21/other (7 patients).

Table 1. Patient characteristics

<table>
<thead>
<tr>
<th>Variable</th>
<th>EGFR mutant</th>
<th>EGFR wild-type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of patients</td>
<td>45</td>
<td>35</td>
</tr>
<tr>
<td>Age, median in years (range)</td>
<td>64 (44–86)</td>
<td>63 (40–83)</td>
</tr>
<tr>
<td>Male sex, n (%)</td>
<td>14 (25%)</td>
<td>15 (43%)</td>
</tr>
<tr>
<td>Race, n (%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Asian</td>
<td>21 (47%)</td>
<td>6 (17%)</td>
</tr>
<tr>
<td>Caucasian</td>
<td>20 (44%)</td>
<td>27 (77%)</td>
</tr>
<tr>
<td>Black</td>
<td>1 (2%)</td>
<td>1 (3%)</td>
</tr>
<tr>
<td>Other</td>
<td>3 (7%)</td>
<td>1 (3%)</td>
</tr>
<tr>
<td>Karnofsky performance status, n (%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>90%-100%</td>
<td>25 (54%)</td>
<td>28 (80%)</td>
</tr>
<tr>
<td>70%-80%</td>
<td>20 (44%)</td>
<td>7 (20%)</td>
</tr>
<tr>
<td>Histology</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adenocarcinoma</td>
<td>36 (80%)</td>
<td>28 (80%)</td>
</tr>
<tr>
<td>Squamous cell</td>
<td>2 (4%)</td>
<td>3 (9%)</td>
</tr>
<tr>
<td>Mixed tumor or NOS</td>
<td>7 (16%)</td>
<td>4 (17%)</td>
</tr>
<tr>
<td>Erlotinib as immediate prior therapy, n (%)</td>
<td>25 (56%)</td>
<td>21 (60%)</td>
</tr>
</tbody>
</table>

Table 2. Subjects with any grade 3 or higher adverse event by MEDDRA code, at least possibly attributable to MK-2206

<table>
<thead>
<tr>
<th>MEDDRA code</th>
<th>EGFR mutant</th>
<th>EGFR wild-type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anemia</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Diarrhea</td>
<td>5</td>
<td>5</td>
</tr>
<tr>
<td>Mucositis</td>
<td>4</td>
<td>1</td>
</tr>
<tr>
<td>Nausea</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Vomiting</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Fatigue</td>
<td>5</td>
<td>3</td>
</tr>
<tr>
<td>Skin infection</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Lung infection</td>
<td>2</td>
<td>0</td>
</tr>
<tr>
<td>Urinary tract infection</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Creatinine increased</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Lymphocyte count decreased</td>
<td>6</td>
<td>3</td>
</tr>
<tr>
<td>Anorexia</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Dehydration</td>
<td>3</td>
<td>0</td>
</tr>
<tr>
<td>Hyperglycemia</td>
<td>3</td>
<td>0</td>
</tr>
<tr>
<td>Hypokalemia</td>
<td>2</td>
<td>0</td>
</tr>
<tr>
<td>Hypophosphatemia</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Myalgia</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Neoplasm</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Dyspnea</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Dry skin</td>
<td>0</td>
<td>3</td>
</tr>
<tr>
<td>Erythema multiforme</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Skin peeling (feet)</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Pruritus</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Rash</td>
<td>9</td>
<td>3</td>
</tr>
<tr>
<td>Hypertension</td>
<td>1</td>
<td>0</td>
</tr>
</tbody>
</table>

Safety and treatment delivery

The combination of MK-2206 and erlotinib appeared to be feasible and tolerable (Table 2). In stratum 1, the median number of cycles was 3 (range 1–21), whereas in stratum 2, the median number of cycles was likewise 3 (range 1–23). Dose delays, principally due to toxicity, were similar between strata. Of the 230 total number of cycles delivered in stratum 1, 30 (13%) required dose delay. Overall, 31 patients (39%) required dose modification of either or both drugs at some point during the course of the trial. Of the 203 total number of cycles delivered in stratum 2, 26 (13%) required a dose delay. Of the 80 subjects treated, 52 subjects experienced least one AE of grade 3 or worse. In 41 of these subjects, at least one grade 3 AE was at least possibly attributed to MK-2206 or to erlotinib, and in 3 subjects, the attributable AE was worse that grade 3. Table 2 enumerates the number of subjects with any grade 3 or higher adverse event. The most common attributable adverse events (all grade 3) were rash (n = 12), diarrhea (n = 11), fatigue (n = 8), and mucositis (n = 5). There was only 1 grade 4 attributable event (lung infection). There was 1 treatment-related death (pneumonia). The primary reason for study discontinuation was disease progression in 56 patients (70%).

Efficacy

There were no complete responders in either stratum. In the EGFR-mutant stratum (N = 45), 4 patients (9%) had a partial response, whereas 14 patients had stable disease for an overall DCR at 12 weeks of 40%. For this stratum, median PFS was 4.4 months (95% CI, 2.7–6.6). In the EGFR wild-type stratum (N = 35), there was only 1 patient with unconfirmed partial response and 14 patients with stable disease. Thus, DCR at 12 weeks was seen in 15 patients (43%). Two patients in the wild-type stratum...
of all EGFR-resistant cases. Other less well-characterized non-
T790M mutations have been reported such as D761Y and
L747S, but their frequency is often below 5% (9). In a substantial
proportion of EGFR-mutated NSCLC (~20%–30%), an alterna-
tive mechanism of EGFR TKI resistance revolves around aberrant
bypass signaling through the HGF-MET pathway, which subse-
quently signals through AKT to mediate cell proliferation and
survival. Our current clinical trial aimed to exploit a potential AKT-
mediated resistance mechanism in both EGFR-mutant and wild-
type lung cancers.

In this stratified clinical trial, we found that in patients with
EGFR wild-type NSCLC cancers, the combination of MK-2206 and
erlotinib met predetermined criteria for clinical activity to warrant
further clinical investigation. This patient stratum met its primary
endpoint target of DCR at 12 weeks > 20%; specifically, DCR was
found to be 43%, much higher than originally anticipated. In
contrast, in EGFR-mutated NSCLC, the primary endpoint of
pathway, which subsequently signals through AKT to mediate cell proliferation and survival. Our current clinical trial aimed to exploit a potential AKT-mediated resistance mechanism in both EGFR-mutant and wild-type lung cancers.

Discussion

Although EGFR TKIs are approved and clinically useful in both
EGFR-mutant and EGFR-wild type NSCLC, acquired resistance is
a universal phenomenon and is a focus of active clinical inves-
tigation. In lung cancer patients whose tumors harbor activating
EGFR mutations—often in-frame deletions in exon 19 (del19) or
a point mutation in exon 21 (L858R) —the median PFS with EGFR
inhibitors is typically less than 12 months (9). In patients with
EGFR wild-type lung cancer, median PFS is even more modest,
typically around 2 to 3 months (10). Furthermore, in EGFR wild-
type tumors, clinical benefit is primarily "cytostatic" with pro-
longed disease control, in contrast with "cytotoxic" effects in
EGFR mutants that result in a dramatic response (10, 11).

Mechanisms of acquired resistance in the EGFR-mutant population
include the development of a secondary EGFR mutation in
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of all EGFR-resistant cases. Other less well-characterized non-
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or sequentially with targeted agents will lead to clinically relevant tumor cell death or apoptosis, as long as toxicity is not excessive. For instance, a biomarker-driven trial of MK-2206 and selumetinib in colorectal cancer reported the infeasibility of combining these agents due to overlapping toxicities that prevented dose escalation of each agent to achieve exposures presumably required for clinical activity (16).

The limited resources available to this publicly funded trial precluded comprehensive molecular profiling of tumor tissue collected immediately before study entry. At the time this study was initiated, serial biopsy of tumor tissue for molecular phenotyping in refractory lung cancer was not yet considered standard-of-care and therefore not typically reimbursed by third party payers. Access to such tissue would have provided important information about which molecular subsets were most associated with clinical benefit from MK-2206/erlotinib therapy. For example, it is not clear whether the subset of patients enjoying disease control at 12 weeks represent those patients whose tumors are using bypass molecular pathways that signal through AKT. For the few remarkable responders on this trial (see Fig. 2), such molecular information would have been valuable.

In conclusion, this NCI-sponsored trial strongly suggests that AKT pathway inhibition merits further clinical evaluation in erlotinib-refractory EGFR-wild type NSCLC. Further investigations as to the optimal therapeutic strategies in erlotinib-refractory EGFR-mutant NSCLC are critical. Most recently, early phase trials of third-generation EGFR TKIs (CO1896, AZD9291) that inhibit the T790M resistance mutation have shown remarkable responses in this patient subset (17, 18). However, the optimal approach to tumors that mediate erlotinib resistance through non-T790M mechanisms remains inadequately addressed. As of this writing, there is still no agent or combination of agents that has been FDA approved for the treatment of acquired resistance to erlotinib. Thus, we believe that the work described here has continued clinical relevance and helps set the stage for future work that combines various signal transduction inhibitors in EGFR TKI-refractory NSCLC patients. Furthermore, this experience provides proof-of-concept and feasibility for the incorporation of AKT pathway inhibition as a viable therapeutic strategy, especially in light of continued clinical development of other AKT inhibitors such as AZD5363 and GSK2141795.

Disclosure of Potential Conflicts of Interest
B. Gitlitz reports receiving speakers bureau honoraria from Genentech. T. Li reports receiving commercial research grants from Astellas and speakers bureau honoraria from Pfizer. K.L. Reckamp reports receiving commercial research grants from Astellas and is a consultant/advisory board member for Boehringer Ingelheim. D.R. Gandara is a consultant/advisory board member for Genentech and Merck. No potential conflicts of interest were disclosed by the other authors.

Figure 2.
Example of a patient who responded to protocol therapy. This was a 50-year-old Asian-American female with lung adenocarcinoma that harbored an EGFR Exon 19 deletion. Prior therapies included: (i) carboplatin/paclitaxel/bevacizumab modified to carboplatin/docetaxel/bevacizumab and carboplatin/gemcitabine/bevacizumab due to allergic reactions; (ii) single-agent pemetrexed; (iii) erlotinib + pemetrexed; and (iv) single-agent erlotinib. She experienced a partial response to treatment with MK-2206 and erlotinib, as shown in the CT images.
Authors’ Contributions

Conception and design: P.N. Lara, Jr., J. Longmate, P.C. Mack, K.L. Reckamp, D.R. Gandara
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Analysis and interpretation of data (e.g., statistical analysis, biostatistics, computational analysis): P.N. Lara, Jr., J. Longmate, P.C. Mack, M.A. Socinski, R. Salgia, T. Li, K.L. Reckamp
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Administrative, technical, or material support (i.e., reporting or organizing data, constructing databases): P.N. Lara, Jr., J. Longmate, M.A. Socinski
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