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Authors
Mühleip, AW
Joos, F
Wigge, C
et al.

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Helical arrays of U-shaped ATP synthase dimers form tubular cristae in ciliate mitochondria

Alexander W. Mühleip*, Friederike Joos*, Christoph Wiggeb,c,1, Achilles S. Frangakisb,c, Werner Kühlbrandta,2,3,4, and Karen M. Daviesa,2,3,4

*Department of Structural Biology, Max Planck Institute of Biophysics, 60438 Frankfurt am Main, Germany; bBuchmann Institute for Molecular Life Sciences, Goethe-University Frankfurt, 60438 Frankfurt am Main, Germany; and Institute for Biophysics, Goethe-University Frankfurt, 60438 Frankfurt am Main, Germany

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F1F0-ATP synthases are ubiquitous, highly conserved energy-converting membrane protein complexes that synthesize ATP from ADP and inorganic phosphate (P). In mitochondria, the ATP synthase forms V-shaped dimers, which assemble into rows along the highly curved ridges of lamellar cristae. Using electron cryotomography and subtomogram averaging, we have determined the in situ structure and organization of the mitochondrial ATP synthase dimer of the ciliate Paramecium tetraurelia. The ATP synthase forms U-shaped dimers with parallel monomers. Each complex has a prominent intracrista domain, which links the c-ring of one monomer to the peripheral stalk of the other. Close interaction of intracrista domains in adjacent dimers results in the formation of helical ATP synthase dimer rows, which differ from the loose dimer rows in all other organisms observed so far. The parameters of the helical arrays match those of the cristae tubes, suggesting the unique features of the P. tetraurelia ATP synthase are directly responsible for generating the helical tubular cristae. We conclude that despite major structural differences between ATP synthase dimers of ciliates and other eukaryotes, the formation of ATP synthase dimer rows is a universal feature of mitochondria and a fundamental determinant of cristae morphology.

cryoelectron microscopy | subtomogram averaging | Paramecium | macromolecular organization | serial block face imaging

F1F0-ATP synthases are ubiquitous, highly conserved energy-converting membrane protein complexes. ATP synthases produce ATP from ADP and inorganic phosphate (P) by rotary catalysis (1, 2) using the energy stored in a transmembrane electrochemical gradient. The ~600-kDa monomer of the mitochondrial ATP synthase complex is composed of a soluble F1 subcomplex and a membrane-bound F0 subcomplex (3). The main components of the F1 subcomplex are the (αβ3) hexamer and the central stalk (4). The F0 subcomplex includes a rotor ring of 8–15 hydrophobic c subunits (5), the peripheral stalk, and several small hydrophobic stator subunits. Protons flowing through the membrane part of the F0 subcomplex drive the rotation of the c-ring (6–9). The central stalk transmits the torque generated by α-rotation to the catalytic head of the F1 subcomplex, where it induces conformational changes of the α and β subunits that result in phosphate bond formation and the generation of ATP. The catalytic (αβ3) hexamer is held stationary relative to the membrane region by the peripheral stalk (10, 11). Several high-resolution structures of the F1/rotor ring complexes have been solved by X-ray crystallography (12–16), and the structure of the complete assembly has been determined by cryo-electron microscopy (cryo-EM) (10, 17–20).

In mitochondria, the ATP synthase forms dimers in the inner membrane. In fungi, plants, and metazoans, the dimers are V-shaped and associate into rows along the highly curved ridges of lamellar cristae (19–22). F0 subcomplexes of the two monomers in the dimer interact in the lipid bilayer via a number of hydrophobic stator subunits (20, 23–25). Coarse-grained molecular dynamics simulations have suggested that the V-shape of the ATP synthase dimers induces local membrane curvature, which in turn drives the association of ATP synthase dimers into rows (20). The exact role of the dimer rows is unclear, however rows of ATP synthase dimers have been proposed to promote the formation of lamellar cristae in yeast (20, 26).

So far, all rows of ATP synthase dimers observed by electron cryotomography have been more or less straight (19–22). However, an earlier deep-etch freeze-fracture study of mitochondria from the ciliate Paramecium multimicronucleatum revealed double rows of interdigitating 10-nm particles on helical tubular cristae (28). These particles were interpreted as ATP synthase molecules, which, if correct, would suggest that the mitochondrial ATP synthase can assemble into rows that differ significantly from the standard geometry found in lamellar cristae (19, 21, 22).

To investigate the helical rows in more detail, we performed electron cryotomography of isolated mitochondrial membranes from P. tetraurelia. Using subtomogram averaging, we show that these helical rows do indeed consist of ATP synthase molecules, as suggested by Allen et al. (28). However, unlike the V-shaped dimers of metazoans, the ATP synthase of this species forms U-shaped dimers, which have new and unusual structural features. When assembled into the helical rows, the ATP synthase monomers interdigitate, whereas the U-shaped dimers align side by side. Thus, rows of ATP synthase dimers seem to be a universal

Significance

The structure of mitochondrial cristae in different species and tissues is highly variable. The molecular basis of these variations and their effect on mitochondrial function is not understood. Dimers of ATP synthase, the essential membrane protein complex that produces most of the ATP in the cell, are thought to shape lamellar cristae, for example in humans or yeasts. Here, we present the ATP synthase dimer structure from the ciliate Paramecium tetraurelia, which assembles into helical arrays around the outer perimeter of twisted tubular cristae. The similarities between the morphology of the helical arrays and the tubular cristae indicate that ATP synthase dimers are responsible for shaping the cristae of mitochondria.

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1Present address: Simons Electron Microscopy Center, The National Resource for Automated Molecular Microscopy, New York Structural Biology Center, New York, NY 10027.

2To whom correspondence may be addressed. Email: kmdavies@lbl.gov or werner.kuehlibrandt@biophys.mpg.de.

3Present address: Molecular Biophysics and Integrative Bio-Imaging Division, Lawrence Berkeley National Laboratory, Berkeley, CA 94720.

4Present address: Department of Molecular and Cellular Biology, University of California, Berkeley, CA 94720.

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feature of all mitochondria. We propose that the particular shape of the *P. tetraurelia* ATP synthase dimer induces its assembly into helical rows, which in turn cause the formation of the helical tubular cristae of ciliates.

**Results**

**ATP Synthase Dimers of *P. tetraurelia* Are U-Shaped.** Electron cryo-tomograms of mitochondrial fragments from *P. tetraurelia* revealed helical tubular membrane vesicles with double rows of 10-nm particles protruding 18 nm from the membrane surface. The particles formed interdigitated arrays along the outer perimeter of the helical tubular vesicles, which have a cross-section of ∼40 nm. The 10-nm particles were identified as ATP synthases by subtomogram averaging. A total of 1,244 subvolumes, each containing a pair of 10-nm particles, were extracted and aligned to create a final average at a resolution of 26 Å (Fig. S1).

The resulting subtomogram average has twofold symmetry and reveals a pair of large protein complexes with parallel long axes (Fig. 1A and Movie S1). The complexes display the characteristic features of an F-type ATP synthase with a 10-nm F1 head connected to the membrane by a central and a peripheral stalk. The two ATP synthase monomers are ∼14.5 nm apart and form a U-shaped dimer with twofold symmetry. The peripheral stalk has a length of 30 nm and is offset by 45° from the axis connecting the F1 subcomplexes (Fig. 1B). From the apex of the F1 subcomplex, the peripheral stalk extends toward the membrane, where it forms an arc with a right-handed twist around the base of the central stalk, subtending an angle of 110° (Fig. 2C, yellow density).

The *Paramecium* ATP synthase monomers share an extensive dimer interface, with protein densities connecting the two monomers on both sides of the membrane. On the matrix side, a globular density on the symmetry axis connects the two peripheral stalks (red arrow, Fig. 1B) and extends ∼5 nm into the matrix. On the luminal side, two parallel crescent-shaped densities extend from beneath the central stalk of one monomer to the peripheral stalk of the other (Fig. 1A and C). These densities form a structure we refer to as the intracrista region of the complex (Fig. 2A and D). Local resolution estimation indicated that this region and the peripheral stalk are the best-resolved features of the subtomogram average and thus the most rigid parts of the F-type ATP synthase in *P. tetraurelia* (Fig. S1 C–F).

The two membrane leaflets of the lipid bilayer are well resolved in the subtomogram average (Figs. 1A and 2A). The membrane is flat between the two monomers but curves toward the intracrista region on either side of the dimer (Fig. S2A). This curvature appears to be imposed by the base of the peripheral stalk, which arcs around the central stalk and ends 2 nm below the point where the peripheral stalk first contacts the membrane (Fig. 2A and Fig. S2).

Within the membrane, several densities link the intracrista region with the peripheral and central stalk. The largest of these forms a cylinder directly beneath the central stalk (Fig. S2A and Movie S2). The weaker density of the membrane-intrinsic regions is typical for membrane protein complexes imaged by cryo-EM at this resolution. This is due to contrast matching by the membrane phospholipid, which has a density in between that of the protein and the surrounding aqueous buffer (29).

**Fitting of Atomic Structures.** The atomic models of the yeast F$_{1}$C$_{10}$ subcomplex [Protein Data Bank (PDB) ID code 3ZRY] (16), the bovine F$_{1}$/stator subcomplex (PDB ID code 2WSS) (13), and the bovine peripheral stalk subcomplex (PDB ID code 2CLY) (11) were placed into the subtomogram average volume. The catalytic (αβ)$_{3}$ hexamer, the N-terminal domain of the oligomycin sensitivity-conferring protein (OSCP), and the central stalk fit the density well and together occupied 55% of the volume (Fig. 2, Fig. S3, and Movie S1). Cross-sections through the catalytic heads in the EM map indicate a hexamer of near-sixfold symmetry with alternating short and long sides (Fig. S4). The differences in the length of the sides allowed us to unambiguously assign the α and β subunits and hence the catalytic and noncatalytic αβ interfaces (4). As in the yeast and bovine complex (10, 13, 17, 20, 30) the peripheral stalk extends along a noncatalytic interface. The bovine peripheral stalk did not fit the *P. tetraurelia* subtomogram average well, as it curves in the opposite direction (Fig. S5).

The fit of the F$_{1}$C$_{10}$ subcomplex to the subtomogram average positions the c$_{10}$-ring in the conspicuous cylindrical density in the membrane (Fig. S2B), indicating that the rotor ring is in direct contact with the intracrista region (green arrowhead, Fig. 2). Because the intracrista region links the ε-ring of one monomer to the peripheral stalk of the other, the F$_{1}$ sectors are offset by 30° to the long axis of the intracrista region (Fig. 2 B–D).

**U-Shaped ATP Synthase Dimers Form Helical Arrays.** To determine the in situ arrangement of ATP synthase dimers in the membrane, the subtomogram average was positioned into the original tomograms...
Mitochondria of *P. tetraurelia* Are Packed with Helical Tubular Cristae. To find out whether the isolated helical vesicles are representative of cristae in whole mitochondria, we performed serial block face imaging of fixed and plastic-embedded whole cells using focused ion beam scanning electron microscopy (FIB-SEM) and electron cryotomography of rapidly frozen isolated mitochondria using a transmission electron microscope (TEM) (Fig. 4). Tomographic FIB-SEM stacks of whole *P. tetraurelia* cells revealed discrete spherical mitochondria (Fig. 4A and B) with an average volume of 0.73 ± 0.21 µm³ (mean ± SD, n = 12). The mitochondria were densely packed with helical, tubular cristae of ~40 nm diameter. Both ends of each cristae were connected to the inner boundary membrane by circular cristae junctions, which had the same diameter as the tubular cristae (Fig. 4D and Movie S4).

Electron cryotomograms of plunge-frozen isolated mitochondria likewise revealed densely packed tubular cristae (Fig. 4E and F) using the orientations determined during particle alignment (Fig. 3A and B and Movie S3). ATP synthase dimers form a long right-handed helix around the outer perimeter of isolated tubular membranes. Particle orientations and distances in the helical array vary only slightly. The center-to-center distance between dimers in the row measured 14 ± 1 nm (mean ± SD; Fig. S6A). In the helical array, the F₁ subcomplexes are arranged in a zigzag pattern (Fig. 3A), whereas on the luminal side, the intracrista regions form a ribbed array (Fig. 3B).

The arrangement of monomers in the helical array becomes apparent in the subtomogram average when the box size is extended to include neighboring dimers (Fig. S6B–E). The spatial arrangement of neighboring particles within the array was estimated by fitting the central dimer average into the density of the nearest neighboring dimers in the subtomogram average (Fig. 3C–E). On the matrix side of the dimer row, the peripheral stalks separate the F₁ heads of neighboring dimers, placing them further apart than the intracrista region (Fig. 3C and D). Thus, the F₁ subcomplex and peripheral stalk together are wider than the intracrista region, resulting in a wedge-shaped dimer (Fig. 3C and Fig. S6B).

Calculating the transformation matrix between neighboring dimers in the subtomogram average, we found that the U-shaped dimers are related by an average 8° rotation around the axis connecting the two F₁ subcomplexes of a dimer and a 2.5° clockwise rotation around the axis of the dimer row, resulting in a right-handed helical array (Fig. 3C–E and Figs. S6B and S7A). Propagation of the U-shaped dimer according to this transformation matrix generates a idealized crista with a helix twist of 9°, a pitch of 220 nm, and a helix diameter of 120 nm. Each helix turn has ~40 ATP synthase dimers. Shape and dimensions of the resulting idealized crista tube are similar to those of isolated *P. tetraurelia* cristae (Fig. S7A and B), suggesting that the macromolecular association of ATP synthase dimers into rows does indeed shape the tubular vesicles.
and Movie S5). As in the tomographic stacks, the helical twist of the tubular cristae was right-handed and the cristae were connected to the inner boundary membrane at both ends by circular cristae junctions (Fig. 4 E and F). Both the diameter (~40 nm) and helix pitch of cristae in whole mitochondria were similar to those of the isolated tubular membranes, indicating that the isolation procedure did not disrupt the native morphology of the cristae (Fig. S7 B and C).

**U-Shaped ATP Synthase Dimers Form Helical Arrays in Situ.** To determine whether the helical arrays of ATP synthase dimers are also present on cristae in whole organelles, we collected electron cryotomograms of mitochondria that had lost some of the matrix proteins but still contained helical tubular cristae as observed in the whole-cell mitochondria. The more translucent matrix enabled us to visualize protein complexes attached to membranes in organello that are usually obscured by the dense matrix. Double rows of 10-nm particles were again found on the tubular helical cristae. The particles were best observed at the periphery of the mitochondria. A short crista, 169 nm in length with crista junctions 140 nm apart, formed an arc that protruded ~90 nm into matrix (Fig. 5 A–C). The entire outer perimeter of the arc was decorated with a double row of interdigitated 10-nm particles, which formed a right-handed helical array as seen in the isolated cristae (Figs. 3 D and 5 C). We conclude that the helical arrays of U-shaped ATP synthase dimers are a characteristic feature of cristae in whole *P. tetraurelia* mitochondria.

**Discussion**

**Structure of Mitochondrial ATP Synthases.** We report the in situ structure of the mitochondrial F-type ATP synthase from the ciliate *P. tetraurelia*. As suggested by Allen et al. (28), the ciliate F-type ATP synthases form interdigitated arrays around the outer edge of helical cristae tubules. These arrays are formed by the linear association of ATP synthase dimers as observed in other species (19–22, 27). However, in contrast to the previously reported in situ structures of mitochondrial ATP synthase dimers from seven other species, which were all V-shaped (19–22, 27), the ATP synthase from *P. tetraurelia* forms a U-shaped dimer with a prominent intracrista region. This was unexpected, as the F-type ATP synthase is an ancient, highly conserved complex with little structural diversity between the monomeric ATP synthases of bacteria, cyanobacteria, and chloroplasts (5, 31). In contrast, the mitochondrial complex appears to have undergone major structural changes in the course of evolution. These changes are most obvious in the *F*$_{1}$ part of the complex, which mediates the formation of the ATP synthase dimers, whereas the *F*$_{1}$ subcomplex and rotor-ring assemblies that produce ATP by rotary catalysis are largely conserved. Of the eight mitochondrial ATP synthase dimers studied so far, two do not conform to the yeast or metazoan architecture (19–22): the green algae represented by *Polytomella* sp. (18, 27) and the ciliate complex in this study. Both species belong to different phylogenetic groups than yeast and metazoan (32) and show remarkable differences in the structure and subunit composition of their *F*$_{1}$ subcomplexes, which are evolutionarily unrelated (33–37). Despite these differences, the mitochondrial ATP synthase in all eukaryotes studied so far is dimeric, even though the dimers themselves differ substantially between phyla. Furthermore, all mitochondrial ATP synthase dimers assemble into rows, suggesting that this form of macromolecular organization provides an important evolutionary advantage to eukaryotes.

**Functional Significance of ATP Synthase Dimer Rows.** The formation of ATP synthase dimers and dimer rows, which are both specific for mitochondria, have been suggested to enhance the efficiency of ATP synthesis (19, 21). The regions of high membrane curvature caused by the rows of ATP synthase were proposed to act as proton traps that increase the contribution of ΔpH to the proton motive force and hence the rate of ATP synthesis (21). In *P. tetraurelia* mitochondria, the cristae have a circular cross-section and are connected to the inner boundary membrane at both ends. Thus, in *P. tetraurelia*, there are no regions of higher membrane curvature that could act as proton traps as in the lamellar crista. However, in a more recent study that describes the in situ separation of respiratory chain complexes and ATP synthase dimers, it was suggested that protons travel from source to sink along a pH gradient (19). Using ratiometric GFP constructs, it was shown that in actively respiring mitochondria of HeLa cells, the pH on the luminal side of the cytochrome c oxidase (a proton source that pumps protons into the crista space) is 0.3 units lower than at the ATP synthase dimer (the proton sink) (38). In *P. tetraurelia*, the formation of helical arrays of ATP synthase dimers would also separate proton sources and sinks and hence result in the formation of a local pH gradient, as reported for HeLa cells.

**ATP Synthase and Membrane Deformation.** The V-shaped structure of the ATP synthase dimers has been proposed to impose curvature on the lipid bilayer, which drives the subsequent self-association of dimers into rows along the edges of lamellar cristae (20, 39–41). In the structure of V-shaped dimers, as determined by subtomogram averaging, the species-specific angle between the membrane subcomplexes is always within a range of 56° and 120°. In these species, the dimer angle induces a sharp curvature in the membrane at the dimer interface that is sufficient to drive row formation (18–22, 27, 41–43). In the U-shaped dimer of *P. tetraurelia*, the dimer angle is close to 0°, and the ATP synthase monomers are parallel. Thus, row formation and membrane deformation must be due to a different mechanism, which does not depend on V-shaped dimers.
In the *P. tetraurelia* ATP synthase dimer, the offset positions of the F₁ subcomplexes relative to the intracrista domains render the dimer wedge-shaped, as the matrix-exposed region is wider than the membrane region. Close association of the wedge-shaped dimers into rows causes the ATP synthase dimers to form a helix, where neighboring dimers are rotated 8° in the direction of the row (Fig. 5D). The curvature of the helix closely matches the membrane curvature of the twisted *P. tetraurelia* tubular cristae (Fig. S7). Thus, in *P. tetraurelia*, the curvature of the inner membrane tubular cristae is not simply a consequence of dimer formation in the membrane, as with V-shaped ATP synthase dimers (20, 41), but the result of the tight and specific interaction between the U-shaped dimers as they assemble into rows.

Based on these findings, we propose a model for cristae formation in *P. tetraurelia* (Fig. 5D). This model resembles an earlier model (44) but is modified to account for the two crista junctions located at either end of the tubular cristae. According to our model, the ATP synthase assembles into dimers in the inner boundary membrane. The peripheral stalks of the dimer bend the inner membrane, driving the association of ATP synthase dimers into rows. The wedge-shaped ATP synthase dimers and interdigitating F₁ heads result in the formation of a helical array that induces strong local membrane curvature. As the row grows, membrane deformation builds up. At a critical length, the membrane ruptures and rescales, forming a twisted tube with a circular junction at either end.

**Conclusion**

Electron cryotomography and subtomogram averaging revealed the in situ structure of the mitochondrial F₁F₀-ATP synthase from the ciliate *P. tetraurelia* at 2.6 nm resolution. The ATP synthase forms a twofold symmetrical U-shaped dimer with, so far, unique structural features that include a curved peripheral stalk and a bulky intracrista region, which links the F₁ subcomplex of one monomer in the dimer to the peripheral stalk of the other. The parallel arrangement of ATP synthase monomers within the ciliate dimer reveals that there is no membrane curvature at the dimer interface. The overall structure of the U-shaped dimer is wedge-shaped, causing the dimers to form a helix upon assembly into rows. The helix parameters closely match the morphology of the helical tubular cristae, suggesting that the assembly of ATP synthase dimers into rows is the immediate cause of cristae formation in *P. tetraurelia*.

**Materials and Methods**

**Culture and Isolation of Mitochondria.** *P. tetraurelia* strain d4-2 (ATCC 30759) was obtained from ATCC and cultured in bacterized Sonneborn’s Paramecium medium according to the distributor’s instructions. One liter of culture was harvested by centrifugation (2,500 × g, 4 °C, 15 min), and cell pellets were resuspended in 5 mL of 250 mM sucrose and 20 mM Tris, pH 7.4. Cells were disrupted with a ball-bearing homogenizer (isobiotec) with an 8-μm clearance for preparation of mitochondrial membranes or a 24-μm clearance for preparation of whole mitochondria. Cell lysis was checked by light microscopy during homogenization. In most cases, 20–30 passages were necessary to achieve adequate lysis. The lysate was then centrifuged at 1,500 × g for 5 min. The supernatant was collected and centrifuged at 8,000 × g, 4 °C, for 15 min. The resulting pellet was resuspended in 100 μL of 250 mM trehalose and 20 mM Tris, pH 7.4.

**Electron Cryotomography.** We applied 3 μL of a 1:1 mixture of membrane or mitochondrial suspension and 6 nm colloidal gold conjugated to protein A (Aurion) to a glow-discharged Quantifoil grid (R2/2, 300 Cu mesh), blotted them to remove excess liquid (84 Whatmann paper), and plunge-froze them in liquid ethane using a home-built guillotine. Tilt series were collected from ±60° with 2° increments with the software Latitude (Gatan) on a Titan Krios (FEI) operating at 300 kV and equipped with a postcolumn energy filter (GIF Quantum, Gatan) operated with a slit width of 20 eV and a K2 direct detector (Gatan). Images were recorded in counting mode at a nominal magnification of 64,000× (specimen pixel size, 2.23 Å) and a defocus of 2.5–4 μm. The total dose of a tilt series was limited to 100 electrons per Å². Tilt series were aligned using colloidal gold as fiducial markers, and tomographic volumes were reconstructed using the program IMOD (45). Contrast transfer function (CTF) estimation and correction were performed using the program “ctf phase flip” implemented in IMOD (46). The true handedness of the tomographic complexes was determined by evaluating the angle of the tilt axis using samples of known handedness (20). For visualization, tomograms were contrast-enhanced using nonlinear anisotropic diffusion filtering (47) and segmented manually using the software Amira (FEI). Placement of the subtomogram averages into tomograms was performed using the EM package plugin for AMIRA (FEI).

**Subtomogram Averaging.** Subtomogram averaging of ATP synthase dimers was performed as previously described (20). ATP synthase dimers were identified within tomographic volumes as 10-nm particles on tubular membrane vesicles. Initial particle orientations were assigned according to the position of the F₁ heads relative to the membrane. The extracted particles were rotated accordingly and averaged to generate an initial reference. Particle alignment was optimized using the software package PEET (49) using a restricted search range. During the final iteration, subvolumes were duplicated and rotated 180° to make use of the inherent twofold symmetry. Fourier shell correlation (FSC) was used to estimate resolution. Two maps, each created from randomly selected subvolumes after alignment, were multiplied with a Gaussian filtered mask and compared in Fourier space using the program EMAN2 (50). Local resolution estimates were performed with Resmap (51) (Fig. S1C). 3D visualizations and rigid body fitting were carried out using the program UCSF Chimera (52). To assess the angular distribution of the subvolumes contributing to the average, the orientation of their initial z axis relative to the final average was determined (Matlab, Mathworks).

**Focused Ion Beam Scanning Electron Microscopy.** Room temperature fixation, staining, and embedding of whole *P. tetraurelia* cells were performed according to established protocols (53). Preparation of sample blocks for imaging by FIB-SEM were performed as previously described (54) (see SI Materials and Methods for details).

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