Title
Low back pain has a poor prognosis for recovery among seniors

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Author
Mehling, WE

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Implication for practice

The study provides new epidemiological insights regarding the troublesome situation of the older population and adds details about racial disparities in the USA. Similar to patients of all ages, once LBP in seniors persists over 6 months, the chances for a full recovery sink dramatically. This reinforces the need for primary and early secondary prevention of chronic pain.

Competing interests None declared.

Provenance and peer review Commissioned; internally peer reviewed.

References