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Author
Berman, S.M.

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Pupillary Size Differences under Incandescent and High Pressure Sodium Lamps

S.M. Berman, D.L. Jewett, L.R. Bingham, R.M. Nahass, F. Perry, and G. Fein

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Pupillary Size Differences under Incandescent and High Pressure Sodium Lamps


* Lawrence Berkeley Laboratory, Applied Science Division
  1 Cyclotron Road
  Berkeley, CA 94720

** University of California
  Department of Orthopaedic Surgery
  Special Studies Unit
  San Francisco, CA 94143-0728

*** University of California
  Department of Psychiatry
  San Francisco, CA 94143
  and
  Psychiatry Service
  Veteran's Administration Medical Center
  San Francisco, CA 94121

<<Note to copy editor: Our printer does not print superscripts for exponentials, therefore they are indicated by "sup" in the text, e.g., "< 10 sup -9" means "less than 10 to the minus 9.">>
ABSTRACT

Eight healthy young adult subjects produced significantly larger steady state pupil areas, as measured by infra-red pupillometry, when exposed to indirect lighting from high frequency high pressure sodium lamps compared to photopically matched levels of indirect incandescent lamps at three levels of luminance: 30, 60 and 90 candelas per meter squared (cd/m²). Three additional intensities were studied, which were not matched photopically between lamps. Analysis of all data showed that a scotopic spectral distribution accounted for pupil size better than either a photopic spectrum or an Alpern-Campbell pupillary response spectrum. Because pupil size can affect visual functioning, these results suggest that control of pupil size should be considered in lighting design and that the scotopic spectral output from lamps should be important in determining the effectiveness of a lighting environment.

INTRODUCTION

In the absence of a color discrimination requirement it is common in the fields of illuminating engineering and lighting design to consider that two lighting systems with an equal photopic illuminance level and equal spatial distribution are essentially equivalent (Office Lighting Committee, 1982). Differences in spectral power distribution associated with different lighting technologies are presumed not to affect visual performances when the task is achromatic (Bullet and Fairbanks, 1980). Thus, lighting systems with different spectral power distributions are often considered equally valid for general and task lighting, as shown by the common usage of incandescent, fluorescent and high pressure sodium lighting for similar applications. The decision of choosing one lighting system over another is then determined by criteria other than spectral power distribution. This practice is based on the assumption that the C.I.E. luminous efficiency function adequately describes visual function under common lighting conditions.

As part of a continuing joint program between Lawrence Berkeley Laboratory and University of California, San Francisco to study human responses to electric lighting we report here that significant differences in pupil size occur when subjects are exposed to indirect high-pressure sodium (HPS) as compared with indirect incandescent (Inc) lighting when the light intensities are photopically matched. The spatial luminance distributions of the two lighting systems were approximately the same and the HPS lamps were driven at high frequency (approximately 30 kHz) in order to eliminate modulation of light intensity as a possible confounding variable. We attribute the observed differences in pupil size to be most likely due to the differences in spectral power distribution of the two lighting systems. Since pupil size can affect visual performance and other aspects of visual system function, the findings here indicate that spectral power distribution should be considered in lighting design and application.
METHODS

Eight young healthy adult Caucasian paid volunteers, five males and three females, between 17 and 20 years of age participated in this study. All were tested to have 20/20 vision and were reported to be free of drugs.

All testing took place in a sound attenuating RF shielded chamber (Erik A. Lindgren & Associates, Chicago, Illinois) measuring 2.3 meters high and 2 by 2 meters square. The subject sat in a chair and faced a metal wall coated with Kodak Reflective Paint (spectrally flat reflectance) which had few visual features. That wall was about 1.1 m distant, and was bathed by lighting fixtures mounted above the subject's head, shielded from direct view. The rest of the chamber was lit only by reflected light.

The electrical lights used in this study were incandescent (Inc) and high pressure sodium (HPS), both manufactured by General Electric. Different levels of illumination were achieved by using incandescent lamps of different wattage, operated at or near 120 volts. The 35 watt HPS "Lucalox" lamp was activated by a G.E. high frequency fluorescent ballast which operated the lamp at about 30 kHz. Hence, we refer to this lighting as "high-frequency high-pressure sodium" (HF-HPS). Different luminance levels were achieved by varying the voltage to the HF-HPS ballast. Continuous monitoring of the illuminance of the lamps was accomplished with a Tektronix J-16 digital photometer mounted on the directly illuminated front wall at approximately eye-level of the subject. A Spectra Pritchard photometer (model 1980A-PL) was mounted over the left shoulder of the subject and measured the luminance of a small area of the wall (6 minute field) directly in front of the subject, using the built-in photopic and "scotopic" filters. We have compared these measured values of the photopic luminances to a calculation performed by folding the measured spectral power distribution of the lamps with the C.I.E. photopic response (Wyszecki and Stiles, 1982) of the eye and have found agreement between measured values and calculated values within 1%. Unfortunately, the scotopic filter is not a completely faithful reproduction of the scotopic response function for it has small decrements in the region from 550 nm to 650 nm. Although these are small and produce only a 3 to 4% increase between actual and filter responses when folded against an incandescent spectral power distribution, the effect is much greater for the HPS spectrum because the filter decrement occurs in the wave length region where the HPS spectral power distribution is falling rapidly. Thus, an incandescent lamp and an HPS lamp that are "matched" for scotopic luminances by the Pritchard filter are actually as much as 35% different. The correct values of scotopic luminance were obtained by folding the measured values of the HPS spectral power distribution at the various input voltages and then folding this against the published values of the scotopic response function (Wyszecki and Stiles, 1982). We have performed these measurements and calculations and have determined the correction factors for each of the scotopic luminance measurements recorded by the Pritchard Spectrophotometer with its erroneous filter.
Infra-red pupillometry (Stark, 1968) was carried out using a MicroMeasurements, Inc. pupillometer which measured pupil area with built-in corrections for angle of gaze and the distortions produced by reflecting the pupil image through a front-surfaced mirror mounted slightly below the direct line of vision (thus permitting the subject to view the wall rather than either the mirror or the video camera). The pupillometer output was digitally read by a PDP-8 computer which controlled data acquisition and then transmitted the data files to a PDP-11/44 computer for further analysis and statistical tests.

The subject practised coming up to the chin rest of the pupillometer and centering his/her gaze so that the pupil image was centered on the pupil monitor, then sitting back to relax between recording periods. Subjects were instructed to maintain their visual direction towards the front wall, fixating upon a small visual point during recordings, and to not look into shadows between recordings. To confirm the following of these instructions, the eye position during recordings was observed via the pupillometer monitor, and between recordings via a second video monitor showing the subject's face. In addition, a continuous recording of the pupillary response was accomplished with a video tape recorder (Hitachi VT-9700A) and a FOR VT-300 Video Timer. For each five second recording, when the subject was positioned so that the pupil was properly recorded, he/she was instructed, via an intercom, to prepare for a recording by blinking, swallowing or moving, and then when fully ready, to press a button upon which their finger rested. Having the subject start the recording period resulted in significantly less blink artifacts. Pupil area was recorded at 20 Hz for 5 seconds, a total of 100 data points per recording.

Each subject was acclimatized inside the exposure chamber for 30 minutes prior to testing under the lowest intensity of light. Twenty consecutive recordings of 5 second duration were made under each light condition with an inter-recording interval of approximately thirty seconds. The average pupil area over the first 16 artifact-free 5 second recordings was taken as the average pupillary response per light condition.

Three intensities, photopically determined with the Pritchard photometer, of 30, 60 and 90 (cd/m2) were used for a photopically matched comparison between Inc and HPS. A second set of tests at three other intensities was also done in each subject. This set of intensities had been intended to provide intensities matched scotopically. However, as mentioned above for technical reasons associated with errors in the scotopic filter in the Pritchard photometer, the intensities were not matched. Within the testing of each lamp the intensities were always tested in ascending order of luminance. Each subject was tested with at least three intensities of each of two lamps within one day. The full testing of each subject required approximately eight hours. The order of testing a given lamp was random across subjects to counterbalance any diurnal effects.
RESULTS

Data was gathered under a number of lighting intensities, a subset of which included photopically matched lighting conditions at three intensities. Taking only this data, pupil area was larger for high-frequency high-pressure sodium (HF-HPS) than for photopically matched incandescent (Inc) illumination (Fig. 1 and Table I). (Note that in this and all figures, error bars indicate the standard deviation of the observations around the means.) When analyzed with a two-way repeated measures analysis of variance (ANOVA) with lighting condition and intensity as the two within-subjects effects and average pupil area as the dependent variable, there was a highly statistically significant effect of lighting condition. The analysis showed that the probability of the observed pupil size difference under the two lights being due to a sampling error (i.e., due to chance) was less than 0.006 ($p < 0.006, F = 15, df = 1,7$). Thus, by this direct approach it is clear that pupil area is not uniquely a function of photopic intensity alone.

Examination of the responses of individual subjects showed the same trends as in Fig. 1. Out of 24 pairs of individual measurements that make up the averages shown in Fig. 1, only 1 pair had the HPS pupil area slightly smaller than the incandescent, and 1 pair had measurements which were identical. For the other 22 pairs of observations the HPS pupil area was larger than the incandescent in that subject, at the same photopic intensity.

We had obtained additional data at intensities that were unmatched photopically, and this additional data, along with the photopically matched data is shown in Fig. 2. Note that HPS photopic intensity must be about 2-3 times greater than that of Inc in order to provide the same pupil area. Since the data are not matched photopically at all points, a similar ANOVA cannot be used to test the statistical difference between the two curves in Fig. 2. Because of this, and because we wished to determine if a spectral distribution other than photopic luminous efficiency could account for the pupil areas measured, we analyzed all of our data using the general linear models (GLM) procedure of the Statistical Analysis System (SAS Institute, Inc.). The details of this method and the findings are presented in the Appendix. The overall findings are reported here.

Since the photopic luminance alone did not distinguish the pupil area effects of Inc and HPS, we plotted our observed pupil area measurements as a function of the corrected scotopic luminance, as shown in Fig. 3. It is clear visually that the two curves are closer together than in Fig. 2, and that the curves lie within a single standard deviation of the between-subject variability.

Since Alpern and Campbell (1962) had measured spectral responses of the pupil to varying monochromatic wave lengths which were neither purely photopic nor scotopic, we plotted our observed pupil area measurements as a function of a measure of intensity calculated from their published spectrum (folded against our measurements of the spectral power distribution of the lamps used). The results are
shown in Fig. 4, where it can be seen that the curves lie in intermediate positions, compared with their positions in Figs. 2 and 3. (It should be noted that the Alpern-Campbell spectral response curve is peaked approximately midway between the scotopic and photopic peak wavelengths.)

The question is which of the spectra of Figs. 2, 3, and 4, best allows prediction of the pupil area independent of the lamp type. The GLM (as described in the Appendix) provides an answer to this question by first normalizing the individual subject data to the mean value for a given subject across all conditions, and then determining the amount of the within-subject variance of pupil area across the lighting trials that can be accounted for by the different spectra associated with each trial. The results in the Appendix are quite clear: without specifying the lamp type, scotopic luminance accounts for 97% of the lighting related variance in pupil area while the photopic luminance accounts for only 65% of such variance, and the Alpern-Campbell luminance accounts for 79%. Both photopic and Alpern-Campbell spectra can account for 100% of the observed variance only if the lamp type is also specified—said in another way, in Figs. 2 and 4 the two curves are statistically different from one another. On the other hand, the scotopic luminance accounts for 97% of the variance, independent of lamp type. It is likely that the 3% of the variance not accounted for by the scotopic luminance, is due to chance. This interpretation is supported by the GLM analysis (see Appendix). On the basis of this result and others presented in the Appendix, we conclude that the scotopic spectrum is the major determinant of the pupil size under the experimental conditions described here.

Two principal factors that determine the amount of light that reaches the retina are the luminance of the overall visual field, and the pupil area. The product of these two numbers is a measure of light passing into the eye through the pupil and is measured in trolands (candela per square meter of luminance times square millimeters of pupil area). We call these "entrance-trolands" since we have not included the spectral absorption within the eye. We replotted our data to show entrance-trolands as predicted by the three spectra (photopic, scotopic, and Alpern-Campbell), as shown in Figs. 5, 6, and 7. The results are similar to that seen in Figs. 2, 3 and 4, namely that the photopic luminance can predict the entrance-trolands only if the lamp is specified, whereas the curves from the two lamps are very similar when the scotopic luminance is the primary measure (Fig. 6). The Alpern-Campbell luminance (Fig. 7) provides curves intermediate between the photopic (Fig. 5) and scotopic (Fig. 6) graphs. (Since the troland computation involves the product of the luminance and the pupil area, the statistical analysis of the primary pupil area data provides the same results when entrance-trolands are the dependent measure.)

If net retinal illumination is the prime requisite of a lighting design, Fig. 5 clearly shows that the spectrum of the source should be considered as relevant. Note that Fig. 5 predicts that within the range that we measured, for photopic entrance-trolands to be equal to Inc values, HPS luminance must be reduced by a factor of about 2. On this basis, there could be additional energy savings in the use of HPS
lamps provided that the tasks performed under the lighting are not adversely affected by a larger pupil.

Our results clearly suggest that the pupil size mechanism functions to control the amount of scotopic light that enters the eye. The size of the pupil in turn affects the amount of photopic light that enters the eye. If the ratio of scotopic luminance to photopic luminance is constant from one light source to another, then the pupil would control equally well both scotopic and photopic luminance entering the eye. However, the scotopic/photopic ratio does differ between the two light sources we studied. Thus, the pupil does not control the photopic luminance entering the eye under all conditions. To show this we plotted the photopic entrance-trolands in our experimental results as a function of scotopic luminance (Fig. 8). It is clear that while scotopic luminance determines scotopic entrance-trolands (Fig. 6), scotopic luminance is a very poor predictor of the amount of light that will be available for photopic visual functioning under conditions of indoor electrical illumination (Fig. 8). The GLM statistical analysis confirms this conclusion by showing that only 24% of the lighting related variance of photopic entrance trolands is accounted for by the scotopic luminance, whereas the difference in the two lighting conditions accounts for 76% of such variance (see Appendix).

DISCUSSION

The results here can be understood if it is assumed that the spectral response of the pupillary system differs from the canonical spectral visual efficacy of the eye. This latter function, referred to as the V(\lambda) function, is the spectral shape that, when folded against the various lamp spectral power distributions defines the photopic illumination value of a given light source. If the spectral response of the pupillary system is not V(\lambda) then two lamps with different spectral power distributions would provide different pupillary responses even though they provide equal photopic illumination. These considerations are discussed below.

The spectral response of pupil size has been studied by several investigators but there is no consensus within the vision literature. One commonly held view is that the spectral response of pupil size is the same as the usual photopic luminous efficacy function [V(\lambda)], e.g. see Laurens (1923) and Alexandridis (1985, page 22). Our results appear inconsistent with that view and are also inconsistent with the results of Alpern and Campbell (1962) and ten Doesschate and Alpern (1965) who claim that pupil size is affected by both rods and cones at daytime light levels and that the spectral response function of the pupil is maximum approximately half way between the scotopic and photopic peak wave lengths. At the other extreme, the work of Bouma (1962, 1965) (reiterated in a review of the field by Hedin, 1978) concludes that the rods are the predominate receptor controlling pupil size over a wide range of luminances, with a maximum in the monochromatic spectral response curve at a wave length slightly less than the scotopic peak. Our results are probably consistent with the conclusions of these latter authors. However, there is a small amount of variance (3%) that is not accounted for by our use of the scotopic
spectrum, which might be accounted for by the slight difference from the scotopic curve in their results. Note that these small differences are in a region of their results in which there are relatively few data points. It is clear that further research in the field of vision on a larger number of subjects can be used to determine the effective pupillary action spectrum.

Consequences for Illuminating Engineering and Lighting Design

Pupil size is known to have important effects on depth of field and on the ability of the visual system to resolve fine detail as reflected by visual acuity (Liebowitz, 1962) and the spatial contrast sensitivity function (Campbell and Green, 1965). For example, depth of field increases approximately inversely as the pupil diameter decreases (Campbell, 1957). However, for a given ambient luminance a larger pupil results in more retinal luminance (trolands) (Luckiesh and Moss, 1934, and Ferguson, 1956). Thus, depending on the specific nature of the visual task, improvements in visual performance could result by spectrum control of pupil size independent of luminance (Eastman and McNelis, 1963). If retinal illumination is a limiting factor in the visual environment, then a scotopically deficient lamp resulting in a larger pupil may be more appropriate than another lamp richer in scotopic lumens when both produce equal photopic luminances. (See Fig. 8 to see how such scotopic illumination determines photopic trolands between Inc. and HPS.)

On the other hand, studies of contrast sensitivity (Campbell and Green, 1965, and Campbell and Gubisch, 1966) show a steady reduction in this quantity with increasing pupil size. Should further studies show that there are preferred pupil sizes in the every day world of visual tasks, the results here should lead to a new dimension for improving the quality of our lighting environment, since spectral distribution in lamp design can be varied over large ranges.

It should be noted that it is not an a priori requirement that the results of multichromatic stimuli be predictable on the basis of monochromatic results, unless the degree of interaction between wavelengths is known. Thus, though our results might have been anticipated on the basis of Bouma's work, such a prediction could not have been verified without experimentation such as we have done. However, in as much as our results are similar to that of Bouma, it can be concluded that there is relatively little spectral interaction in the pupillary spectral response, provided it is indeed the scotopic function. But given the controversies within vision science, and the importance of pupillary response to vision and lighting design, further testing on other lights will be necessary to see how much other lamps affect pupil function, and whether measures of scotopic illuminance will be adequate measures of retinal illuminance under different spectral distributions. When such additional information is available, the general principles governing this aspect of visual efficiency will have a more certain base.
ACKNOWLEDGEMENT

We wish to thank Francis Rubenstein and Daniel Greenhouse for performing photometric measurements and calculations, Oliver Morse for electrical engineering support and Glenn Saika for program assistance. We are grateful to the National Electrical Manufacturers Association (NEMA) for a grant that enabled the purchase of the pupillometer. This work was supported by the Assistant Secretary for Conservation and Renewable Energy, Office of Buildings and Community Systems, Building Equipment Division of the U.S. Department of Energy under Contract No. DE-AC03-76SF00098.

REFERENCES


Table 1

Photopic Match  Pupil Area in mm²

<table>
<thead>
<tr>
<th></th>
<th>HPS</th>
<th>Inc</th>
</tr>
</thead>
<tbody>
<tr>
<td>30 cd/m²</td>
<td>60 cd/m²</td>
<td>90 cd/m²</td>
</tr>
<tr>
<td>ronald</td>
<td>30</td>
<td>29</td>
</tr>
<tr>
<td>jenny</td>
<td>30</td>
<td>29</td>
</tr>
<tr>
<td>jon</td>
<td>37</td>
<td>19</td>
</tr>
<tr>
<td>lenny</td>
<td>26</td>
<td>22</td>
</tr>
<tr>
<td>max</td>
<td>13</td>
<td>12</td>
</tr>
<tr>
<td>michelle</td>
<td>34</td>
<td>30</td>
</tr>
<tr>
<td>sandra</td>
<td>36</td>
<td>27</td>
</tr>
<tr>
<td>sherif</td>
<td>27</td>
<td>19</td>
</tr>
</tbody>
</table>

N = 8  8  8  8  8  8
M = 29 23 19 22 16 13
std = 7.8 6.5 5.8 8.2 6.3 5.1
Table 2
Dependent Variable: log (Area)

<table>
<thead>
<tr>
<th>Prediction Model 1</th>
<th>F</th>
<th>p</th>
<th>% of variance accounted for</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Predictor: log (photopic lum.)</td>
<td>76</td>
<td>&lt; 10 sup -9</td>
<td>47</td>
</tr>
<tr>
<td>Add'l Predictor: log (scotopic lum.)</td>
<td>76</td>
<td>&lt; 10 sup -9</td>
<td>25</td>
</tr>
</tbody>
</table>

Prediction Model 2

| First Predictor: log (scotopic lum.) | 202  | < 10 sup -10 | 70                         |
| Add'l Predictor: log (photopic lum.) | 5    | < 0.022      | 2                          |

Prediction Model 3

| First Predictor: log (alpern lum.) | 114  | < 10 sup -9 | 57                         |
| Add'l Predictor: log (scotopic lum.) | 46   | < 10 sup -9 | 15                         |

Prediction Model 4

| First Predictor: log (alpern lum.) | 114  | < 10 sup -9 | 57                         |
| Add'l Predictor: log (photopic lum.) | 46   | < 10 sup -9 | 15                         |

Prediction Model 5

| First Predictor: log (photopic lum.) | 76   | < 10 sup -9 | 47                         |
| Add'l Predictor: log (alpern lum.) | 76   | < 10 sup -9 | 25                         |

Prediction Model 6

| First Predictor: log (scotopic lum.) | 202  | < 10 sup -10 | 70                         |
| Add'l Predictor: log (alpern lum.) | 5    | < 0.022      | 2                          |

Note: In all cases the degrees of freedom for the first predictor are 1,87, and for the second predictor 1,86.
Table 3

Dependent Variable: log (Area)

<table>
<thead>
<tr>
<th>Analysis 1</th>
<th>Covariate: log (photopic lum.)</th>
<th>F</th>
<th>p</th>
<th>% of variance accounted for</th>
</tr>
</thead>
<tbody>
<tr>
<td>Independent variable: light source</td>
<td>76</td>
<td>&lt; 10 sup -9</td>
<td>47</td>
<td></td>
</tr>
<tr>
<td>13.4</td>
<td>0.008</td>
<td></td>
<td></td>
<td>25</td>
</tr>
<tr>
<td>Analysis 2</td>
<td>Covariate: log scotopic lum.)</td>
<td>202</td>
<td>&lt; 10 sup -10</td>
<td>70</td>
</tr>
<tr>
<td>Independent variable: light source</td>
<td>0.92</td>
<td>0.37</td>
<td></td>
<td>2</td>
</tr>
<tr>
<td>Analysis 3</td>
<td>Covariate: log (alpern lum.)</td>
<td>114</td>
<td>&lt; 10 sup -9</td>
<td>57</td>
</tr>
<tr>
<td>Independent variable: light source</td>
<td>8.1</td>
<td>0.025</td>
<td></td>
<td>15</td>
</tr>
</tbody>
</table>

Dependent variable: photopic entrance-trolands

<table>
<thead>
<tr>
<th>Analysis 4</th>
<th>Covariate: log (scotopic lum.)</th>
<th>F</th>
<th>p</th>
<th>% of variance accounted for</th>
</tr>
</thead>
<tbody>
<tr>
<td>Independent variable: light source</td>
<td>24.7</td>
<td>&lt; 10 sup -5</td>
<td>22</td>
<td></td>
</tr>
<tr>
<td>142</td>
<td>&lt; 10 sup -5</td>
<td></td>
<td></td>
<td>70</td>
</tr>
</tbody>
</table>

Note: In all cases the degrees of freedom for the covariate are 1,87, and for the independent variable 1,7.
APPENDIX

We repeated the same GLM analysis using each of three different measures of the luminance: the photopic measurement, a corrected scotopic measurement, and the pupillary action spectrum observed by Alpern-Campbell (1962). For each of the three spectra, analyses of log transformed independent and dependent variables enabled our statistical model to account for a higher percentage of variance in the dependent variable (either pupil area or entrance-trolands) than if either dependent or independent variables were not log transformed. For this reason, all of the analyses below pertain to log transformed data, and Figs. 9-15 show the data on log-log plots. Figs. 9-15 should be compared with the corresponding Figs. 2-8, to note how well the data fit a log-log plot. Note that since the data is log transformed in these figures before computations are made, the error bars here differ from those in earlier figures. The best fit line of the means are shown, along with the 95% confidence limits of the line position.

The GLM procedure is used to partition variance of the dependent variable among various effects. Since each subject acted as his own control, by entering a Subject effect into the GLM procedure, we were able to measure between-subject variation and remove that source of variation from the analysis. All experimental effects were then assessed with respect to the pooled within-subject variance.

The pooled within-subject variance was then partitioned in analyses using various combinations of the three spectral intensities, a dichotomous categorical variable indicating the light source, and interaction effects. In all cases, the variance accounted for by any set of these variables was never greater than 72%.

The data under the two different lamp types was then individually fit with the best linear least-squares fit, and these regression lines were then used to determine the residual variance not accounted for by the various conditions. All combinations of the three light spectra as well as lamp type were computed. In all cases the variance accounted for by these factors was never greater than 72%.

Table 2 presents data on whether the luminance of the lamps associated with the photopic, Alpern-Campbell, or scotopic spectra, either separately or in combination, can be used to predict pupil area. (Only combinations of luminance for two spectra are presented because adding luminance of the third spectrum to the prediction equation never resulted in any increase in predictive power.)

Taking first the ability of a single spectrum to predict the observed pupil areas, scotopic luminance accounted for fully 97% (70% of a total of 72%) of the total predictive power of all spectral luminance data to predict pupil area. Photopic luminance did most poorly in predicting pupil area, accounting for only 65% (47% of the total of 72%) of the predictive power of spectral luminance data. Alpern luminance was intermediate between scotopic and photopic luminance, accounting for 79% (57% of the total of 72%) of the predictive power of spectral luminance data.
When the spectra are considered in pairs, any combinations of two spectra intensities account for all the luminance-related variance in pupil area (Table 2). (The fact that all of the spectral pairs of Table 2 account for about 72% of the variance indicates that the remaining variance is not spectrally-related.) When scotopic luminance is the first predictor, adding either photopic or Alpern-Campbell luminance adds only 1.8% of variance to the predictive power of scotopic alone. This addition is significant at (F = 5.4, df = 1,86, p < 0.022). In the context of the multiple analyses of the data which we performed, this result (at the 2% confidence level) remains suspect and must be replicated with new data for it to be solidly asserted. In contrast, all the p-values associated with the other analyses are so small (< 10 sup -8) that they are not compromised by our multiple analyses of the data. Thus, scotopic luminance accounts for essentially all luminance-related variance in pupil area. Photopic and Alpern-Campbell luminance in combination predict pupil area as well as scotopic luminance, as shown in Table 2. This is not surprising since scotopic luminance can be computed as a linear combination of photopic and Alpern-Campbell luminance.

Another way of looking at this data is that we are trying to predict pupil area for two different light sources using only one spectral luminance measure. As noted above, when the scotopic luminance measure is used, this works because the scotopic spectrum is likely to be the major physiological determinant of the pupil area under the conditions of our experiment (daytime light levels) and subjects (young adults with normal vision).

We have verified the importance of the scotopic spectrum in predicting pupil area in another way. Using the GLM procedure to perform a repeated measures analysis of covariance (ANCOVA), where between-subject variance was removed as above, log pupil area was the dependent variable, the dichotomous categorical variable indicating light source was the independent variable, and the log spectral luminance was used as the covariate. Table 3 presents the results for three such ANCOVAs with photopic, scotopic, and Alpern-Campbell luminance used as the covariates. In all three cases the combination of the lighting source and spectral intensity variable accounts for 72% of the variance of the log pupil area. The variance accounted for by the light source variable is highest when photopic luminance is the covariate, intermediate when Alpern-Campbell luminance is the covariate, and smallest when scotopic luminance is the covariate. (Note that even though the effect sizes are the same as those presented in Table 2, the F and p values are different because of the different error terms and degrees of freedom in the ANCOVA procedure.) Finally, the interaction of lighting source and the covariate was very small (p > 0.5 in all cases), indicating that the curves of spectral luminance vs. pupil area for the two light sources are parallel over the range studied. From this analysis we conclude that when log scotopic luminance is plotted versus log pupil area (Fig. 10), one curve fits both light sources. In contrast, for either photopic (Fig. 9) or Alpern-Campbell (Fig. 11) spectra each light source was fitted well by a log-log curve and the two curves were parallel but significantly displaced from each other.
2. Spectral prediction of "entrance-trolands"

The statistics applicable to the pupil area data are equally applicable to the troland plots (Figs. 5-8, replotted log-log in Figs. 12-15), since the y axis in these figures is a product of the x axis and the pupil area. However, the plot of photopic entrance-trolands as predicted by scotopic luminance (Figs. 8 & 15) requires further calculation, since the variance of the two axes is not inter-related, as in the other plots. Therefore, we utilized the GLM with the dependent variable being photopic entrance-trolands, the covariate scotopic intensity, and the independent variable the light source. The results are shown as Analysis 4 in Table 3. It is clear that scotopic spectra alone accounts for only 24% (22% of 92%) of the variance attributable to lighting, whereas the light source (lamp type) accounts for 76% (70% of 92%) of the variance. Thus, the two curves in Figs. 8 & 15 are clearly different. (Note that the total variance (at 92%) attributable to the lighting is greater than in Table 2 or the upper part of Table 3 because in the case of Analysis 4 the variable of the x axis covaries with a factor in the y axis.) In contrast the two curves of Figs. 6 & 13 are probably the same, within the accuracy of our experiments.
FIGURE CAPTIONS

Figure 1. Mean pupil area ± SD for HPS and Inc for photopically matched exposures.

Figure 2. Mean pupil area ± SD for all exposures of HPS and Inc, some photopically matched and some not, as a function of photopic luminance of the exposure.

Figure 3. Mean pupil area ± SD of Figure 2, replotted against the corrected scotopic measurement of the exposure luminance.

Figure 4. Mean pupil area ± SD of Figure 2, replotted against the exposure luminance computed from the pupillary response action spectrum of Alpern-Campbell (see text).

Figure 5. Mean photopic entrance-trolands ± SD as a function of photopic luminance.

Figure 6. Mean scotopic entrance-trolands ± SD as a function of scotopic luminance.

Figure 7. Mean Alpern-Campbell entrance-trolands ± SD as a function of Alpern-Campbell luminance, as in Figure 4.

Figure 8. Mean photopic entrance-trolands ± SD as a function of scotopic luminance. Compare with Figures 6 and 5.

Figure 9. Logarithmic graphing of mean pupil area ± SD as a function of photopic luminance. This is from the same data as in Figure 2.

Figure 10. Logarithmic graphing of mean pupil area ± SD as a function of scotopic luminance. This is from the same data as in Figure 3. Compare with Figure 9.

Figure 11. Logarithmic graphing of mean pupil area ± SD as a function of Alpern-Campbell luminance. This is from the same data as in Figure 4.

Figure 12. Logarithmic graphing of mean photopic entrance-trolands ± SD as a function of photopic luminance. This is from the same data as in Figure 5.

Figure 13. Logarithmic graphing of mean scotopic entrance-trolands ± SD as a function of scotopic luminance. This is from the same data as in Figure 6. Compare with Figure 12.

Figure 14. Logarithmic graphing of mean Alpern-Campbell entrance-trolands ± SD as a function of Alpern-Campbell luminance. This is from the same data as in Figure 7.

Figure 15. Logarithmic graphing of mean photopic entrance-trolands ± SD as a function of scotopic luminance. This is from the same data as in Figure 8. Compare with Figures 13 and 12.
Figure 4

PUPIL AREA (mm²)

ALPERN LUMINANCE (Alpern cd/m²)

Figure 5

PHOTOPIC LUMINANCE (phot. cd/m²)
Figure 8

Figure 9
Figure 10

SCOTOPIC LUMINANCE (scot. cd/m²)

Figure 11

ALPERN LUMINANCE (Alpern cd/m²)